

# Marshall County Group Homes, Inc.

## SERVICE PLAN REVIEW MEETING AND ATTENDANCE NOTES

Name: **Polo Knoll**

Service plan review meeting date: **June 26, 2024**

Time: **3:00p**

Type of service plan review meeting (i.e. annual): **Semi annual**

Location of meeting: **MCSS**

The purpose of this meeting is to provide an opportunity for support team or expanded support team members to participate in the ongoing review and development of the service plan and the methods used to support the person and accomplish outcomes. This meeting is also intended to determine whether changes are needed to the service plan based on the assessment information, the license holder's evaluation of progress towards accomplishing outcomes, or other information provided by the team.

### **A Review of Technology needs for the individual served:**

Polo has a phone that he is able to use independently. Polo prefers to communicate with his staff through his mother at this time.

### **A review of the person's service and support outcomes occurred and the following determinations regarding those outcomes were made:**

Polo would like to continue working on this goal as is.

### **Changes needed to the *Support Plan Addendum, Intensive Self-Management Assessment, or other document in the service plan, include, if any:***

*Admission form and data sheet* was updated to show that he is his own guardian. His financial worker was updated to be Calvin Schoepp

### **Discussion regarding person-centered program planning:**

What are the opportunities to develop and maintain **essential and life-enriching skills, abilities, strengths, interests, and preferences**?

*Polo has stated he doesn't mind doing laundry and taking out the garbage. He does minimal independent grocery shopping. Polo does some cooking occasionally and would like to keep doing that.*

What are the opportunities **for community access, participation, and inclusion** in preferred community activities?

*Polo walks around the community he lives in and knows the community well. Polo is able to walk to the grocery stores and gas stations to get the things he needs. Polo knows how to get to the homes of his friends and family. Polo is invited to events facilitated by MCGH and he attends when he is interested.*

What are the opportunities to **develop and strengthen personal relationships** with other persons of the person's choice in the community?

*Polo often walks to his maternal grandmother's to spend time there. Polo also is able to walk to his friends' homes in Warren. Polo's mother is often available to give him a ride when necessary. Polo see his brother often and has recently shared he has been spending time with his paternal grandparents.*

What are the opportunities to seek **competitive employment** and work at competitively paying jobs in the community?

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*Polo has stated he is not interested in a job at this time.*

**The person currently receives services in** (check as applicable):

- Residential services in a community setting controlled by a provider
- Day services
- Neither

Provide a **summary of the discussion of options for transitioning the person out of a community setting controlled by a provider** and into a setting not controlled by a provider (residential services). Include a **statement about any decision made regarding transitioning out of a provider-controlled setting**:

*N/A Polo currently lives at home with his mother.*

Provide a **summary of the discussion of options for transitioning from day services to an employment service**. Include a **statement about any decision made regarding transitioning to an employment service**:

*N/A Polo has stated he is not interested in a job at this time.*

Describe any further research or education that must be completed before a decision regarding this transition can be made:

*None at this time.*

## **Other meeting discussion notes:**

**Medical:** Polo has had some verbal outbursts. Staff have noticed increased tension between Polo and his mom following the extra people staying in his home. Polo was asked if he feels frustrated still with how unstable the home life has been over the last few months. Polo agreed that he was frustrated and shared he does not always feel as others understand when he feels strongly about a situation. It was suggested to Polo to maybe try talking to a therapist and work on some coping skills. Polo has had a few instances where he “blew up” after not knowing how to express his feelings. Polo was open to the idea of trying therapy.

While discussing his mood, Polo was asked if he was consistently taking his medication and he said he takes them sometimes. He said he is not using his medication machine. Polo was advised that his medication may help with some of symptoms that cause frustration. Polo still does not have a cord for his medication machine. Polo’s mom said she would remind him to take his medication before she goes to work. The team encouraged him to get a cord so his medication machine could be used as intended.

Polo is still due for a dental exam. Polo has not been to Spectra for long enough that he needs to be treated as a new patient.

**In Home Supports:** Polo has been meeting with MCGH staff when they meet with his mom as well. Polo is proficient at taking out the garbage, vacuuming, and take care of the laundry. Polo will put his own clothes away when done. In the past, Polo needed only a few prompts to get started but would assist with necessary activities. Lately Polo’s repore has been worse with staff. He seems more on edge. It seems at though the unstable living situation over the past few months has been stressful for him. Staff have been occasionally working with him alone prior to his mom getting home from work for approximately an hour or so and that has gone well.

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The team discussed Polo having a to do list with a couple small tasks for him to complete while his mom is at work. Polo was good with this idea and says he doesn't mind helping around the house. His mom plans to send him reminders texts with the tasks he is supposed to do.

**Home:** Polo still does not have his own bed following the guests leaving. His mom has a full-sized mattress on her queen-sized frame. She plans to give the mattress to Polo and get an appropriately sized mattress for her bed. Currently Polo is sleeping on the couch as the futon that was his was used by their guests without sheets so Polo would prefer not to use it again.

Polo shared some frustrations regarding communication with his mother. They talked some of it out but overall, the team suggested that his mom try to have a little more communication with Polo when she wasn't home as it seemed to really worry him when she didn't come home at the time she had planned to. Polo said he would appreciate more communication.

Polo has babysat his mom's friend's girls (ages 5 and 6) a few times and most recently, he got quite frustrated when he had to do this because he said he hadn't agreed to it. His team suggested to him and his mother that he not be tasked with babysitting again. Polo agreed and said he didn't want to babysit going forward. Polo then shared he had already personally agreed to babysit the girls again July 1 and 2 while the mother has another surgery. The team encouraged Polo to speak up and back out of the babysitting if he felt he wasn't fit for it. It seemed as though Polo did not want to go back on his word, but he stated to the team he would do it this one time and not commit to babysitting in the future. Potential backlash was discussed with Polo should he get overly frustrated again. Polo's mother plans to assist by preparing meals ahead of time as this was part of Polo's frustration the last time. Polo's mother did not give sufficient notice to take PTO at work to stay home and watch the girls herself. Polo was encouraged many times not to babysit but he said he was going to do this time he had already committed to.

Polo really enjoys having his cat. He shared that he really cares for her but also said he does not enjoy emptying the litter box. His brother plans to come pick up his dog that has been staying with Polo and his mom since they got this house.

## **Action Plan:**

- New cords for medication machine
- New full-sized bed frame for Polo's bed.

**Next team meeting will be a quarterly meeting currently scheduled for Sep 24, 2024 at 2:30p.**