

Coordinated Services and Supports Plan (CSSP)

ABOUT ME

VINETTE M LEAHY

Assessment Date: 06/05/2023

Plan Dates: 07/01/2023 to 06/30/2024

Developed by: Betty Covington-Nego (000) 000-0000

Address: 601 Cedar Ave.

ARGYLE, MN 56713-0043

County: Marshall

Home: (612) 866-3250

Work:

Other:

General Plan Notes:

CSSP Meeting Date 10/05/2023

Person Centered Narrative (Skills, Strengths, Abilities, Talents, Social/Leisure/Religious activities, Social History, Likes, Dislikes, What others like and admire about Vinette)

Vinette is a very polite, kind and sweet 63-year-old woman who enjoys quiet, relaxing environments. She has a very strong support network and has a very close friend that takes her to the dollar store which is one of her favorite activities. Vinette enjoys going out to the community and spending time with the people she loves. Vinette likes to go to Bible Camp loves going to Grand Forks for outings. People would describe Vinette as a happy and polite individual and admire her positivity. Vinette loves to attend church on Sundays. A good day for Vinette is when she is able to go in the community with staff. She likes when things go according to plan. On a good day Vinette is often smiling. Vinette loves listening to music, watching game shows on TV, looking at magazines, using peg boards, writing activities, biking, coloring sitting outside, or taking a short walk and spending time engaged in activities with her housemates and staff. Vinette prefers that things are explained to her and that she has an easy-going routine with people that she knows.

A bad day for Vinette is when she is feeling sick, or when things do not go according to plan.

What others like/admire:

Vinette is liked by others for her warm and sweet personality, and she is admired for her ability to continue to be friendly to everyone who meets her.

Important to/Important For:

It is important to Vinette that she is able to practice being more independent by doing her own chores and pick out her own clothing to wear for the day. It is also important to Vinette that she spends time out and about visiting friends, family, and attending outings with housemates and staff. It is important for Vinette to follow a consistent scheduled routine daily. Calming strategies for Vinette include listening to music, coloring, going for a walk, or watching TV.

Hopes/Dreams/Aspirations:

Vinette aspires to be close to those she enjoys spending time with. She values going for walks and hopes to spend time outside while the weather is nice.

Competitive Integrated Employment:

Vinette is currently attending Occupational Development Center Inc. 5 days a week. CCM, guardian, and Vinette discussed employment options. Vinette's preferred employment option at this present time is to continue attending ODC. She has done some part time center-based work and does not wish to work competitively in the community. Vinette really enjoys her coworkers here, as well as her staff. When asked if she likes her program, she nodded and said "yes". CCM will support Vinette in this goal by continuing to assure services are funded through the waiver as client enjoys attending her program. This will be reevaluated by the assigned contracted case manager semi-annually.

Annual Housing Discussion:

CCM, guardian, and Vinette discussed housing options. At this time Vinette's preferred living option is to continue to live in the Community Residential Services-Adult (CRS-A) group home that she currently resides in. She enjoys living in this environment as she gets to spend time with her housemates and staff. The home has a large backyard and Vinette enjoys sitting outside. CCM will continue to support client in this goal by continuing to evaluate if there are changes to Vinette's needs. Vinette and the team have determined this to be the least restrictive environment at this time. This will be reevaluated semi-annually by the assigned contracted case manager.

Routines/Rituals:

Vinette continues to attend Occupational Development Center Inc. five days a week. Vinette enjoys attending her day program as she has friends there and loves to socialize and work in the center when it is available. When she gets home from program, she is able to lay down for about 30 minutes, then has some coffee. In the mornings, Vinette takes the garbage out to help out at home. Vinette enjoys doing Activities with her housemates and staff on the weekends. Regularly, Vinette goes on one outing each week with her friend Becky. They will often go to the dollar store, as it is one of Vinette's favorite places, or out for coffee. Vinette enjoys going to

Church each and every Sunday. If she is unable to attend in person, she will attend a virtual service. Vinette gets twice monthly massages.

Cultural Considerations:

Vinette does not note any cultural considerations at the time of the planning meeting.

Assistive/Monitoring Technology:

Vinette does not currently use any assistive or monitoring technology as it is not needed at this time. This is not needed due to Vinette having 24-hour staffing that assist her with her needs. Case manager will monitor and discuss this with Vinette and her guardian annually.

Natural Supports:

Vinette's friend Becky who lives in the community is a very strong natural support for her. She likes to spend time with her, and they will go out together, usually weekly. Vinette has a professional guardian that is able to assist with advocating on her behalf.

Current Physical, Mental and/or Chemical Health status:

Vinette remains very healthy. She sees her primary care provider annually and there are no current concerns. Vinette has a diagnosis of moderate intellectual disability.

Strategies for resolving Conflict/Concerns:

No conflicts currently noted by the team. No conflicts or concerns at this time. If Vinette and her guardian disagree or are uncomfortable with any aspect of Vinette's plan or services, Vinette and her guardian can inform the case manager and team will convene to seek resolution. Case manager will assist with resolving conflicts and ensure person centered programming is implemented.

Person's Level of Involvement & Choices:

Vinette is able to attend meetings and make her thoughts and feelings known. Vinette is able to verbally and non-verbally communicate to share how she feels about ideas and plans as well as her likes and dislikes. Vinette's speech can be difficult to understand, but those that know her well can identify what she wants/needs. Vinette is able to make daily decisions in his life such as snacks to eat, activities she wishes to partake in, and clothes to wear. Vinette is able to communicate her thoughts and feelings to staff, guardian, and family and these thoughts and feelings can be told to members of her team on her behalf. Vinette discussed that she wants to continue to attend her day program and live in her home with no changes at

the time of the planning meeting. Her guardian agrees that her placements are appropriate at this time.

Current Services and Supports Recommended (Offered, Accepted and Declined):

Vinette currently receiving DSS from Occupational Development Center INC, CRS from Marshall County Group Homes INC, and Case Management services from Mount Olivet Rolling Acres. Vinette would like to continue attending work as well as continue living at the group home she currently resides in. Vinette would like to continue receiving her current services and is currently receiving services recommended by the MN Choices assessor.

Method to Request Updates to the Plan:

If Vinette and/or legal representative would like revisions and/or updates to their support plan. they can do so by contacting their case manager in person or by phone, email, or letter to request a change.

Date CSSP and CSSP signature page was sent out and to whom:

CSSP and signature page was sent to Vinette, her guardian George Flannigan and Marshall County Group Homes.

PERSON INFORMATION

Date of Birth: 07/05/1960 **Age:** 63 yrs

Emergency Contacts

Name	Relationship	Phone
Georgiann Flannigan	Guardian/Legal Representative	(612) 596-1192

Notes/Comments

Decision Making Representatives

Name	Type of Authority	Address	Phone
Georgiann Flannigan	Public Guardian	300 S 6th St Mail Code 718 Minneapolis, MN 55487	(612) 596-1192

Notes/Comments**Health Insurance & Payers**

Is the person certified disabled by Social Security or through the State Medical Review Team (SMRT) process? Yes

Is the person on medical assistance? Yes

Type	Describe	Policy Number	Effective Date
Medical Assistance		00095663	

Notes/Comments**Providers**

Health Care Providers	Phone	Comments
Primary Physician	(218) 745-4211	Michelle Woinarowicz, NP, North Valley Medical Center - Warren, MN
Other	(218) 745-4211	North Valley Health Center 300 Good Samaritan Dr Warren, MN 56762 218-745-4211
Preferred Hospital		
Psychiatrist		Amber Deere, NP Mental Health Kittson Healthcare PO Box 700, 1010 S Birch Hallock, MN 56728
Dentist		Dr. Travis Hanel Lone Oak Dentistry 205 W Johnson, Ste #3 Warren, MN 56762
Other	(218) 745-4401	Opportunity Development Center, Inc. Supervisor: Lacey Bayne 1008 N 2nd Street Warren, MN 56762 218.745.4401
Day Program		

Health Care Providers	Phone	Comments
Targeted Case Manager	(612) 845-0385	Betty Covington-Nego, Mount Olivet Rolling Acres, 18986 Lake Drive East, Chanhassen, MN 55317

Notes/Comments

WHAT'S IMPORTANT TO THE INDIVIDUAL

Short and Long-Term Goals

Goal Statement	Target Date	Provider & NPI (if applicable)	Frequency of Reporting
Vinette would like to remain living in her home. She would like to continue to receive support from her staff. This will provide Vinette the opportunity to live as independently as possible.	06/30/2023	MARSHALL COUNTY GROUP HOMES INC -- A895217500	semi annual
Vinette would like to remain living with her friends in her home. Vinette would like to enjoy opportunities to have fun with her friends.	06/30/2024	MARSHALL COUNTY GROUP HOMES INC -- A895217500	semi annual

Action Steps for Goals:

What will the person do?

vinette will continue to actively participate in her home environment and community. Vinette will continue to update formal/informal supports on any health changes that may occur. Vinette will continue to meet with her DD case manager, face to face, two times yearly to evaluate needs and services. Vinette will work with providers to ensure continuity of care, open communication of preferences and goal management. Vinette will do her best to keep home and community appointments. Vinette will continue to make choices about their life and goals.

Vinette will work towards independence in ADL's so that she can be as independent as possible. She will follow cues and instructions from staff. She will attend her day program regularly and interact with her friends as she desires to meet her social needs.

What will the case manager do?

Case manager will meet with Vinette, face to face, at least twice a year to discuss DD waiver services. Case manager will review the Coordinated Services and Supports Plan (CSSP) with Vinette two times per year and update as appropriate. Case manager will provide Vinette the opportunity to choose her providers and waived services. Case manager will work with Vinette and her team to obtain desired providers/services. Case manager will complete referrals and provide resources as appropriate to meet Vinette's needs. Case manager will inform Vinette and providers/supports of options regarding waiver services and will follow up with questions and concerns as addressed. Case manager will advocate for Vinette to remain living in the community with health and safety needs met. Case manager will focus on providing person-centered services by assisting Vinette with problem solving. Case manager will communicate Vinette's goals and interests to formal supports. CM will request quarterly updates from providers in the form of goal progress reports.

CM will review semi-annual reports from CRS-A and DSS programs to monitor if Vinette is making progress towards her goals. The CCM will reach out to providers as needed if goals are not effective. CCM will authorize DSS and CRS so that Vinette can work towards her goals.

What will others do?

Informal supports will encourage and support Vinette. Informal supports will act as an advocate for Vinette by asking questions and assisting person with decisions. Informal supports will notify health care staff and service coordinator of changes in health. Informal supports will allow Vinette to define relationship and level of support.

What will the provider do?

Vinette's providers will provide services as listed in the Service Authorization (SA) and Coordinated Services and Support Plan (CSSP). Providers will advocate for Vinette to ensure health and safety needs are met within the community. Provider will update DD case manager on any health changes that may occur. Providers will allow Vinette to maintain as much independence as possible and be person-centered in delivering services. Providers will communicate with Case Manager regarding billing questions/concerns. Providers will update Case Manager of changes in services or hospitalizations. Providers will assist Vinette in seeking out information that they need to make decisions. Providers will encourage Vinette's participation and assess for barriers.

DSS provider will encourage Vinette to attend regularly and participate in social activities with her peers. They will provide transportation so that Vinette can attend 5 days per week. CRS provider will encourage and support Vinette in ADLS to promote independence and train skills as they are able. The guardian will advocate for Vinette and ensure that her health and safety needs are being met.

SUMMARY OF PROGRAMS AND SERVICES

Program Type Developmental Disability Waiver	Start Date 07/01/2023	End Date 06/30/2024	Annual Amount \$82,700.00	Total Plan Cost \$133,257.70	Avg Monthly \$11,104.81
Case Manager/Care Coordinator Nicholas Medina		Case Manager/Care Coordinator Provider ID A382125100		Responsible Party Name Georgiann Flannigan	
Program Notes					

Service							
Community Residential Services - Adult							
Start Date 07/01/2023	End Date 06/30/2024	Procedure Code S5140 UC U9	Frequency 1-Daily	Units 366	Rate \$269.57	Avg Monthly \$8,221.88	Total Service \$98,662.62
NPI/UMPI A895217500	Status Pending	Provider Name MARSHALL COUNTY GROUP HOMES INC		Funding Source DD Waiver		County of Service Marshall	
Areas of Need Personal Assistance, Home Management, Quality of Life, Health Related/Medical, Cognitive and Behavior Supports, Personal Security, Communications, Employment/Training/Skill Building, Supportive Services, Self-Direction							

Support Instructions

Marshall County Group Homes Inc. (MCGH) will provide staff to help Vinette with any challenging behaviors, medical needs, physical needs and/or life skills. MCGH will assist with any ADLs or IADLs needed. Vinette bathes with close supervision. Staff report they prompt her to take a bath and she will clean herself. They wash her hair every morning in the sink. Vinette does not need physical assistance with dressing. Staff help her to choose her outfits and help with zippers and buttons. Staff eats on her own. She needs meals set up and she needs reminders to slow down when eating. Vinette brushes her teeth herself. She gets help to put on her deodorant, putting lotion on her body, and brushing hair. Vinette is independent with toilet use and does not have any accidents. se will wash her hands with occasional prompts. Vinette's staff will assist with calling and answering the phone, making appointments, etc. Marshall County Group home is her rep payee. Staff report they don't think that she knows the value of money and would be vulnerable to exploitation. Her home staff completed heavy housework and most light housekeeping tasks. She is able to take the garbage out, clean tables, and sweeps the floor. Her home staff prepare all meals for Vinette. Vinette's home staff manage all aspects of medication administration and ordering meds. They assist Vinette to appointments and help her to follow doctor's recommendations. Vinette enjoys shopping and picks out her own clothing and shoes. Her staff need to assist with making all transactions. she needs support with transportation to and from appointments and community activities. Staff will accompany her to social events in the community. Staff will also assist with regulating Vinette's emotions when feeling increased frustration and urges to self-harm or cause property destruction. MCGH will help Vinette access the community and engage in community events. MCGH will help Vinette gain resources as needed. MCGH will provide services to Vinette in accordance to 245D. MCGH will meet with support team once a year or as needed. MCGH will provide case manager, guardian and client all annual documents in accordance to 245D.

Service Notes

RISKS

How will Health and Safety Issues be Addressed?

Vinette receives 24/7 supervision to address and assure that all of her health and safety needs are met.

Vinette requires a guardian for advocacy, decision making

The following table documents and acknowledges any risks that exist based on identified remaining needs above.

Identified risk and choice regarding services	Negative outcome that may result	Alternative measure that may be implemented
Vinette is a vulnerable adult, vulnerable to exploitation and abuse.	Without these supports, Vinette might be abused or exploited.	A guardian and staff are in place to safe guard her well-being and her rights.

Summary plan/agreement reached to address the identified risks:

N/A, No additional risks at this time.

Emergency & Back Up Plans

Plan for unforeseen events (e.g, weather, storms, power outages)

In the event of a natural disaster or unforeseen event such as poor weather conditions, storms or power outages, Vinette and staff will follow professionally recommended protocols. Once Vinette is in a safe location and able to access a phone, staff will contact the key contact listed below. If they are unable to reach the key contact, they will continue to call contact listed.

Key Contact Name	Relationship	Phone Number
George Flannigan	Guardian	(612) 596-1192

Plan for emergency health events

In the event Vinette requires emergency medical or psychiatric care, the plan is to call 911. In the event Vinette needs to be hospitalized, She prefers the North Valley Health Center. Contact George to inform them of the emergency situation. If staff are unable to reach George, contact continue to try till they are reached. If the condition requires that a physician be contacted, contact Michelle Woinarowicz In the event of hospitalizations, the case manager MUST be notified.

Key Contact Name	Relationship	Phone Number
George Flannigan	Guardian	(612) 596-1192
Michelle Woinarowicz	Primary Doctor	(218) 745-4211
Betty Covington-Nego	Case Manager	(612) 845-0385
North Valley Health Center	Preferred Hospital	(218) 745-4211

Plan for unavailable staffing that puts the person at risk

In the event that staffing is unavailable, the housing provider will follow their policies and procedures to ensure that staffing is available to meet Vinette's needs. Contact the guardian for ongoing staffing concerns.

Key Contact Name	Relationship	Phone Number
George Flannigan	Guardian	(612) 596-1192
Marshall County Group Homes, Inc	Resident Program Supervisor: Cindy Gratzek	(218) 437-6697