

Marshall County Group Homes, Inc.

SERVICE PLAN REVIEW MEETING AND ATTENDANCE NOTES

Name: *Debra Hangsleben*

Service plan review meeting date: 4/11/24

Time: *10:30am*

Type of service plan review meeting (i.e. annual): *Annual Meeting*

Location of meeting: *Landmark Community Room*

The purpose of this meeting is to provide an opportunity for support team or expanded support team members to participate in the ongoing review and development of the service plan and the methods used to support the person and accomplish outcomes. This meeting is also intended to determine whether changes are needed to the service plan based on the assessment information, the license holder's evaluation of progress towards accomplishing outcomes, or other information provided by the team.

A Review of Technology needs for the individual served:

Front-wheeled walker, shower chair

A review of the person's service and support outcomes occurred and the following determinations regarding those outcomes were made:

- 1. Debra will work on her independent living skills by completing her medication set-up in pill boxes every 2 weeks.*
 - 2. Debra will participate in leisure activities of her choice 1x/month.*
 - 3. Debra will work on her independent living skills by doing her grocery shopping with IHS Staff weekly.*
- Plan for Debra to continue with her current goals as written.*

Changes needed to the Coordinated Service and Support Plan Addendum, Self-Management Assessment, or other document in the service plan, include, if any:

The following changes were made to Debra's IAPP: Self-Abuse was checked as Debra is vulnerable to self-abuse as she is a smoker and has gained over 50 pounds since 12/20. Her primary physician encourages her to quit smoking and staff encourage her to make healthy food choices, when grocery shopping. Staff has also prompted Debra to see a dietician. List of Healthcare Providers was updated to include Northern Dental Access. Debra has a PCA that assists her with showering 3 days/week; IHS staff will assist Debra when the PCA is unavailable.

Discussion regarding person-centered program planning:

What are the opportunities to develop and maintain **essential and life-enriching skills, abilities, strengths, interests, and preferences**? *Debra is very social with other tenants of the apartment building she lives in. She will even cook meals for others sometimes. IHS assist Debra with outings, of her choice, in the community. IHS invite Debra to all planned community outings but she usually declines group outings.*

What are the opportunities **for community access, participation, and inclusion** in preferred community activities? *IHS provides Debra with opportunities for grocery shopping, clothes shopping, stores to purchase needed items and dining at restaurants of Debra's choice.*

What are the opportunities to **develop and strengthen personal relationships** with other persons of the person's choice in the community? *Debra prefers to interact mostly with the other tenants in her apartment building.*

What are the opportunities to seek **competitive employment** and work at competitively paying jobs in the community? *Debra denies interest in any employment.*

Marshall County Group Homes, Inc.

The person currently receives services in (check as applicable):

- Residential services in a community setting controlled by a provider
- Day services
- Neither

Provide a **summary of the discussion of options for transitioning the person out of a community setting controlled by a provider** and into a setting not controlled by a provider (residential services). Include a **statement about any decision made regarding transitioning out of a provider-controlled setting**: *N/A Debra lives independently in her own apartment.*

Provide a **summary of the discussion of options for transitioning from day services to an employment service**. Include a **statement about any decision made regarding transitioning to an employment service**:
Describe any further research or education that must be completed before a decision regarding this transition can be made: *Debra denies any interest in seeking community employment.*

Other meeting discussion notes:

Admission Form and Data Sheet were reviewed. *Health information was updated. Her emergency contact remains Amy Bartels.*

Health: *See attached Appointment Form attached. Debra did get another COVID vaccine but refused a Shingles or Pneumonia vaccine. She states that wearing a CPAP at night is going well and she is sleeping 2 more hours every night compared to what she had been before wearing the CPAP; she is following the cleaning schedule and has mastered getting it on and off. Debra has not had any falls this past year. She continues to get incontinence products monthly from ActivStyle. She does purchase a smaller package of product each month in case she runs out. Her shoes are in good condition. Her walker is in good condition and she purchases skis for the walker monthly. Debra is due for an eye exam so Liz will assist her in making an appt at Warren Eye Care. Deb has a person from Chore Services, Diane Johnson, that assists her with showering 3 days/week, trims her toenails and lotions her feet and she sweeps/mops the floors.*

Needs/Wants: *Debra would like to visit her mother's gravesite in May again. She receives \$125/week for spending money. Debra's income taxes were completed by Phil Thompson & Associates again this year.*

In-Home Staff: *MaryKay Stinar, IHS will be cross-training to work with Debra too.*

Annual Meeting: *April 9, 2025 at 9:30am at the Landmark Community Room*