

# Marshall County Group Homes, Inc.

## SERVICE PLAN REVIEW MEETING AND ATTENDANCE NOTES

Name: **Courtney Fontaine**

Service plan review meeting date: **April 23, 2024**

Time: **3:00p**

Type of service plan review meeting (i.e. annual): **Semi annual**

Location of meeting: **Falls DAC**

The purpose of this meeting is to provide an opportunity for support team or expanded support team members to participate in the ongoing review and development of the service plan and the methods used to support the person and accomplish outcomes. This meeting is also intended to determine whether changes are needed to the service plan based on the assessment information, the license holder's evaluation of progress towards accomplishing outcomes, or other information provided by the team.

### **A Review of Technology needs for the individual served:**

Courtney has an iPhone and an Apple watch that she is proficient in using independently.

### **A review of the person's service and support outcomes occurred and the following determinations regarding those outcomes were made:**

Courtney has no outcomes, being part of respite services

### **Changes needed to the *Support Plan Addendum, Intensive Self-Management Assessment*, or other document in the service plan, include, if any:**

Courtney's aunt, Glory Leiberg, is not an official medical POA but may help with Courtney's medical appointment.

### **Discussion regarding person-centered program planning:**

What are the opportunities to develop and maintain **essential and life-enriching skills, abilities, strengths, interests, and preferences**?

*Courtney has opportunities to participate in improving her independent living skills while in respite care such as washing and folding her own laundry. Courtney enjoys playing games in the afternoons with staff at River Place including UNO, Jenga, and Memory. Courtney likes to bring a new game to share with peers. Staff encourage her to participate in group activities and coordinate activities towards things Courtney typically likes to do, including bowling.*

What are the opportunities **for community access, participation, and inclusion** in preferred community activities?

*Courtney attends a day program 4 days a week. Courtney is invited to participate in planned MCGH activities. Courtney typically participates if it is within her usual respite hours. Outings are planned for Courtney's interest specifically as staffing allows when she is here for the entire day.*

What are the opportunities to **develop and strengthen personal relationships** with other persons of the person's choice in the community?

*Courtney enjoys spending time with peers at her day program. Courtney has grown close to the peers at River Place and expresses her concern when one of them is not home or not following their normal routine.*

What are the opportunities to seek **competitive employment** and work at competitively paying jobs in the community?

# Marshall County Group Homes, Inc.

*Competitive employment was discussed regarding a job folding laundry at a local care facility.*

**The person currently receives services in** (check as applicable):

- Residential services in a community setting controlled by a provider
- Day services
- Neither

Provide a **summary of the discussion of options for transitioning the person out of a community setting controlled by a provider** and into a setting not controlled by a provider (residential services). Include a **statement about any decision made regarding transitioning out of a provider-controlled setting**:

*Courtney works on some independent living skills while in respite care at River Place. Currently, Courtney lives at home with her family.*

Provide a **summary of the discussion of options for transitioning from day services to an employment service**. Include a **statement about any decision made regarding transitioning to an employment service**:

*Job potential at the local care facility will be explored.*

Describe any further research or education that must be completed before a decision regarding this transition can be made:

*Courtney would need to be able to be left alone for a short amount of time in order to be able to work at this site. The team agreed that she would be able to be safely left alone and stay on task for about 5-10 min.*

## **Other meeting discussion notes:**

**DAC:** Courtney has been attending the DAC in Thief River Falls 4 days each week. Her mother continues to transport her to TRF with her on her way to work and then she is staying at a friend's home until she is picked up there by the DAC bus. She is completing piecework at the DAC it is reported that she does very well completing her work. She just had a bit of trouble with sorting the Fastenal screws due to the minimal difference in length. Courtney did try a job at Anytime Fitness but it was difficult for her to complete that job. Courtney expressed interest in trying out the community jobs that the DAC completes including the VFW. Courtney has experience wiping tables down when she was in high school. Courtney has worn pajama pants to work and was reminded that this does not fall in line with the dress code. Courtney was encouraged to wear her pajama pants on the days she doesn't have work and goes to River or when she is home on the weekends. At the time of this meeting, the DAC has continued to keep her staff ratio at 1:6. The semi annual report from the DAC is attached for morning detailed information. The DAC has updated their program abuse prevention plan and all team members were given a copy.

**Respite:** Courtney continues to spend her Monday and Wednesday afternoons at River Place and she spends the entire day there on Thursdays. She takes showers there each day she is there and staff assist her in washing her hair on Monday and Thursdays. After her shower, Courtney brings her dirty laundry down to the laundry room and puts it in the washing machine. Courtney spends the rest of her time playing games she enjoys and often will bring new games she has to share with staff. Courtney still has a rescue medication for her seizures. Courtney has not had a seizure since the last review meeting. Her rescue medication kept at River Place. Sara is aware and working on replacing it.

**Medical:** Courtney still has a rescue medication for her seizures. Courtney has not had a seizure since the last review meeting. Her rescue medication kept at River Place. Sara is aware and working on replacing it. Courtney's last She had a seizure in Dec 2021 but has been seizure free since.

# Marshall County Group Homes, Inc.

Courtney's Annual meeting is scheduled for October 18, 2024 at 9a to take place at the Falls DAC.