



Programmatic Report (Bar Graph)

Status: Saved

Entered By: Cindy Gratzek, RPC on 04/22/2024 12:42 PM

Report Type : Programmatic

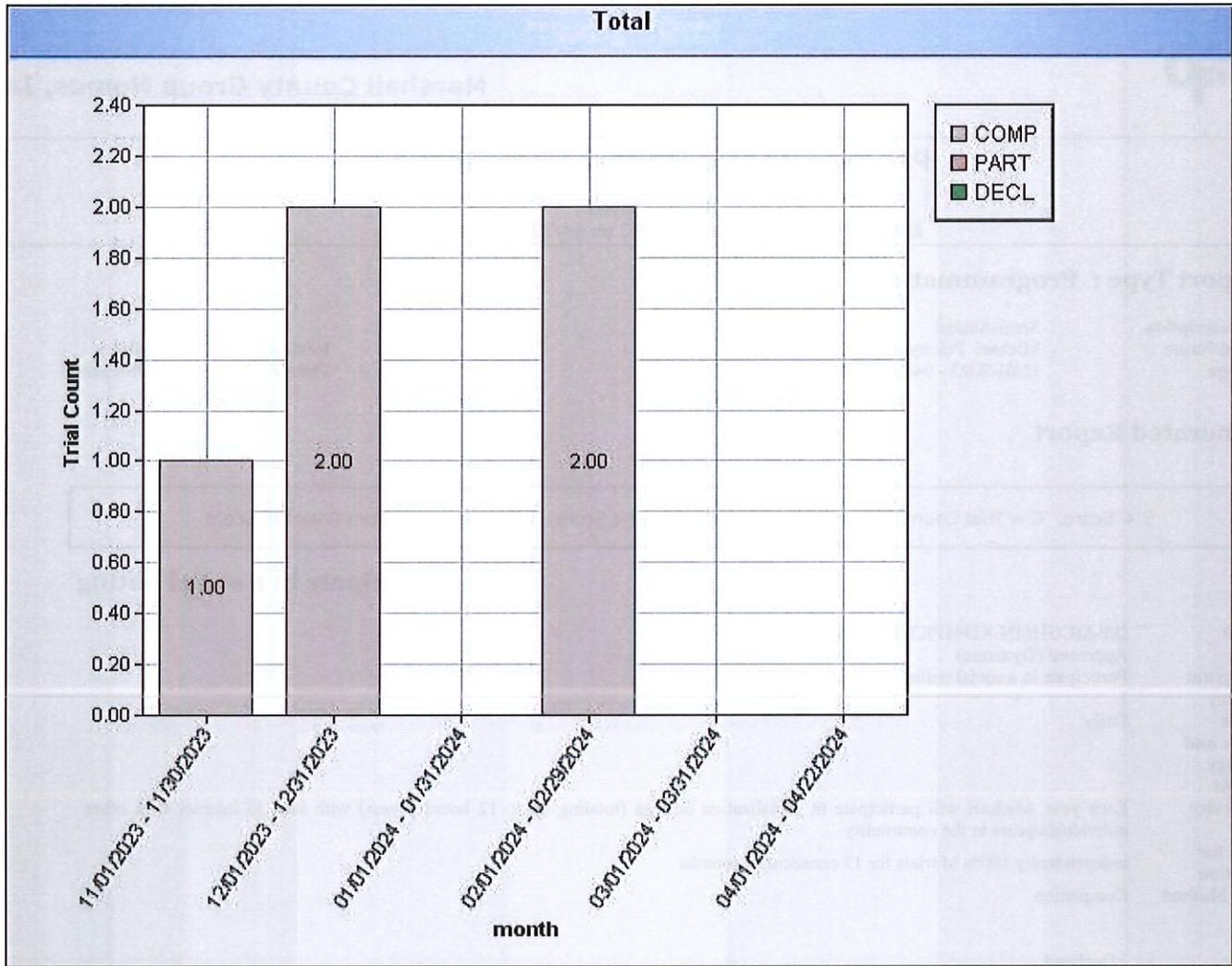
| | | | |
|---------------------------|-------------------------|----------------------|------------|
| Report Description | Semi-Annual | Review Period | Month |
| Individual Name | Michael Pokrzywinski, | Time Zone | US/Central |
| Date Range | 11/01/2023 - 04/22/2024 | | |

Generated Report

S = Score, C = Trial Count, DB = Deviation from Baseline Score, DP = Deviation from Previous Score

Participate in a social outing

| | |
|--------------------------------|--|
| Form ID | ISP-MCGHMN-KD44PKTXZ4SP6 |
| Status | Approved (Dynamic) |
| ISP Program | Participate in a social outing |
| Frequency | 1 |
| Schedule | Daily |
| Schedule and Frequency | |
| Comment | |
| Goal/Service | Each year, Michael will participate in socialization outings (totaling up to 12 hours a year) with staff to interact with other individuals/peers in the community |
| Criteria for Completion | independently 100% of trials for 12 consecutive months |
| Scoring Method | Completion |
| Score(s) | |
| DECL | Declined |
| PART | Partially Complete |
| COMP | Complete |
| Task(s) | |
| social outing | Michael will: A. Discuss possible socialization outings with IHFS staff. B. Pick one socialization outing from the 2 choices staff give him. C. Take his own money with to cover costs of outing (if any). D. Follow all proper transportation procedures including wearing his seat belt while in the IHFS vehicle. E. Participate with the chosen activity and will appropriately interact with individuals in which he may come in contact with. F. Discuss outing with staff, after completing outing, and state what he enjoyed/didn't enjoy. |



Progress Towards Outcome

Progress Towards Outcome Maintaining

Comments/Recommendations

| Commented / Recommended By | Comments / Recommendations | |
|--|----------------------------|--|
| Name: Cindy Gratzek Title: RPC Date: 04/22/2024 12:42 PM | Comments | Each year, Michael will participate in socialization outings (totaling up to 12 hours a year) with staff to interact with other individuals/peers in the community, 100% of trials for 12 consecutive months. Michael participated in 5 community outings this review period, for a success rate of 83%. He went bowling, out to eat, a birthday party for a peer, MCGH Christmas and MCGH Halloween Party. He also went to Thief River Falls to watch the Canadian Pacific Holiday Train. |
| | Recommendations | Numerous community outings are planned and Michael is able to choose which ones he enjoys and wants to participate in. Continue with outcome. |

Name: Michael Pokrzywinski | DOB: 9/26/1978 | MRN: 160905 | PCP: MICHELLE M WOINAROWICZ, FNP-C | Legal Name: Michael Pokrzywinski

Patient Information

| | | | |
|----------------------|--------|-----------|-----------|
| Patient Name | MRN | Legal Sex | DOB |
| Michael Pokrzywinski | 160905 | M | 9/26/1978 |

Encounter Information

| | Provider | Department | Facility |
|-------------------|--------------------------------|-----------------|-----------------------------------|
| 1/25/2024 3:40 PM | Woinarowicz, Michelle M, FNP-C | NV PRIMARY CARE | North Valley Health Center Clinic |

Progress Notes

MICHELLE M WOINAROWICZ at 1/25/2024 3:40 PM

Date: 1/25/2024

Subjective
Subjective:

Patient ID: Michael Pokrzywinski is a 45 y.o. male.

Chief Complaint: Patient presents for Follow-up (Clinic follow up for diabetes mellitus, hypertension and hyperlipidemia.)

HPI

Michael presents for a clinic follow up on diabetes mellitus, hypertension and hyperlipidemia. He has a history of developmental delay and lives with his parents. Lab shows HbA1C 7.8 %. He is on Januvia 100 mg daily, Metformin 1000 mg bid, and Glimepiride 4 mg daily. Denies any chest pain or shortness of breath.

Current Outpatient Medications on File Prior to Visit

| Medication | Sig | Dispense | Refill |
|--|--|------------|--------|
| • rosuvastatin (CRESTOR) 40 MG tablet | TAKE ONE TABLET BY MOUTH AT BEDTIME For CHOLESTEROL | 30 Tablet | 4 |
| • hydrochlorothiazide (MICROZIDE) 12.5 MG capsule | TAKE ONE CAPSULE BY MOUTH DAILY | 30 Capsule | 7 |
| • metoprolol succinate (TOPROL-XL) 50 MG XL tablet | TAKE ONE TABLET DAILY | 30 Tablet | 11 |
| • olmesartan (BENICAR) 20 MG tablet | TAKE ONE TABLET BY MOUTH DAILY For Blood Pressure | 30 Tablet | 6 |
| • JANUVIA 100 MG tablet | TAKE ONE TABLET DAILY For diabetes Take daily with breakfast | 30 Tablet | 6 |

| | | | |
|---|--|-----------|---|
| • metformin (GLUCOPHAGE) 1000 MG tablet | Take 1 Tablet by mouth 2 times daily (with meals). Indications: Type 2 Diabetes | 60 Tablet | 6 |
| • CONTOUR NEXT TEST strip | TEST BLOOD SUGARS DAILY | 50 Strip | 3 |
| • EASY TOUCH PEN NEEDLES 31G X 8 MM MISC | XX | 100 Each | 3 |
| • glimepiride (AMARYL) 4 MG tablet | Take 4 mg by mouth every morning (before breakfast). | | |
| • Omega-3 Fatty Acids (OMEGA 3 500 PO) | Take 1 Tablet by mouth daily. | | |
| • triamcinolone acetonide (KENALOG) 0.1 % cream | Use two times per day to rash until clear. | 30 g | 1 |

No current facility-administered medications on file prior to visit.

Objective:

BP 131/70 (Location: Left arm, Orthostatic Position: Sitting) | Pulse 78 | Temp 98.4 °F (36.9 °C) | Resp 20 | Ht 5' 9" (1.753 m) | Wt 225 lb 5 oz (102 kg) | SpO2 98% | BMI 33.27 kg/m²

Physical Exam

Vitals and nursing note reviewed.

Constitutional:

General: He is not in acute distress.

HENT:

Head: Normocephalic and atraumatic.

Eyes:

Extraocular Movements: Extraocular movements intact.

Conjunctiva/sclera: Conjunctivae normal.

Pupils: Pupils are equal, round, and reactive to light.

Cardiovascular:

Rate and Rhythm: Normal rate and regular rhythm.

Heart sounds: Normal heart sounds. No murmur heard.

No friction rub. No gallop.

Pulmonary:

Effort: Pulmonary effort is normal. No respiratory distress.

Breath sounds: Normal breath sounds. No wheezing, rhonchi or rales.

Musculoskeletal:

Cervical back: Normal range of motion and neck supple.

Right lower leg: No edema.

Left lower leg: No edema.

Skin:

General: Skin is warm and dry.

Neurological:

General: No focal deficit present.

Mental Status: He is alert and oriented to person, place, and time.

Psychiatric:

Mood and Affect: Mood normal.

Behavior: Behavior normal.

Assessment:

ICD-10-

| | | |
|--|-----------|---|
| 1. Primary hypertension | CM I10 | Comprehensive metabolic panel CBC with Automated Differential TSH Lipid panel |
| 2. Type 2 diabetes mellitus without complication, without long-term current use of insulin (HCC) | E11.9 | Comprehensive metabolic panel CBC with Automated Differential Hemoglobin A1c Lipid panel |
| 3. Mixed hyperlipidemia | E78.2 | Comprehensive metabolic panel CBC with Automated Differential Lipid panel |

Plan

Plan:

- Continue current medical management.
- Follow up appointment with fasting labs in three months.

The patient was amenable to the above stated plan of care and verbalized an understanding. All their questions and concerns were discussed during today's visit. Patient was advised to call or return to clinic if any new issues or concerns arise.

Scribed for Michelle Woinarowicz FNP-C by Aisha Abubakar, Medical Scribe. I, Michelle Woinarowicz FNP-C, have personally reviewed and agree with the information entered by the scribe.

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Appointment Search

| Appointment Date | Appointment With | Specialty | Followup Appointment Date | Comment |
|------------------|-------------------------------|--------------|---|---|
| 01/25/2024 | Wowinarowicz, Michelle (NVHC) | Primary Care | 1. 04/24/2024 (US/Central) - Primary Care | Patient presents for Follow-up (Clinic follow up for diabetes mellitus, hypertension and hyperlipidemia.) Plan: Continue current medical management.- Follow up appointment with fasting labs in three months (4/24/24 at 3:25pm) |
| 02/28/2024 | Spectra Dental | Dentist | | He had a tooth extracted. Lexi Peterson, Marshall County Social Services transported Michael to and from the appt. |
| 04/24/2024 | Wowinarowicz, Michelle (NVHC) | Primary Care | | |

