

Marshall County Group Homes, Inc.

SINGLE DATED SIGNATURE PAGE

Name: **Gary Bergh**

Date: **4/18/24**

Today's support team meeting was a/an: *Semi-Annual Report*

<input type="checkbox"/> Intake meeting	<input type="checkbox"/> 30-day meeting (for ICFs/DD)	<input type="checkbox"/> 45-day meeting (for 245D Intensive support)
<input type="checkbox"/> 60-day meeting (for 245D Basic support)	<input type="checkbox"/> Quarterly progress report review meeting	<input type="checkbox"/> Semi-annual progress report review meeting
<input type="checkbox"/> Annual meeting	<input type="checkbox"/> Special support team meeting	<input checked="" type="checkbox"/> Other: <i>Semi-Annual Report</i>

*Orientation the policies were received within 24 hours or admission or 72 hours for persons who would benefit from a later orientation.

Today, as support team members, we reviewed the following documents and copies were provides as requested:

<input type="checkbox"/> Self-Management Assessment (SMA)	<input type="checkbox"/> Individual Abuse Prevention Plan (IAPP)	<input type="checkbox"/> SP Addendum
<input type="checkbox"/> Service Outcomes and Behavior Outcome (if applicable)	<input type="checkbox"/> Progress Report with Recommendations	<input type="checkbox"/> Meeting Minutes with Attendance Notes
<input type="checkbox"/> VA Maltreatment Reporting and Internal Review Policy	<input type="checkbox"/> Maltreatment of Minors (if applicable)	<input type="checkbox"/> Residency Agreement signed and Consumer Rights
<input type="checkbox"/> Emergency use of Manual Restraints Policy	<input type="checkbox"/> Drug and Alcohol Policy	<input type="checkbox"/> Service Suspension/Termination Policy
<input type="checkbox"/> Data Privacy/HIPPA Policy	<input type="checkbox"/> Authorization for Medication & Treatment Authorization	<input type="checkbox"/> Authorization to Act in an Emergency
<input type="checkbox"/> Funds and Property Authorization	<input type="checkbox"/> Other:	<input type="checkbox"/> Other:

Acknowledgement:

By having my dated signature on this form, I am indicating that I have reviewed and approved the documents listed above that have a checkmark in the box. With my dated signature, I am also acknowledging and agreeing to the changes that are contained within these documents with my approval for implementation.

Please note:

Per MN Statutes, section 245D.071, subdivision 4, (c), within 20 working days of the 45-day planning meeting (and within 10 working days of the service plan review meeting), the assessment and the addendum must be submitted to and dated signatures obtained dated by the person served and/or legal representative and case manager to document completion and approval.

Per MN Statutes, section 245D.071, subdivision 4, (c); and subdivision 5, (c); if within 10 working days of this submission, the person served and/or legal representative or case manager has not signed and returned to the license holder the assessment and *Coordinated Service and Support Plan Addendum* or has not proposed written modification to its submission, the submission is deemed approved and in effect. It will remain in effect until the next annual month or until the person served and/or legal representative or case manager submits a written request to revise them.



Programmatic Report (Bar Graph)

Status: Saved

Entered By: Cindy Gratzek, RPC on 04/22/2024 09:50 AM

Report Type : Programmatic

Report Description	Semi-Annual	Review Period	Month
Individual Name	Gary Bergh,	Time Zone	US/Central
Date Range	11/01/2023 - 04/22/2024		

Generated Report

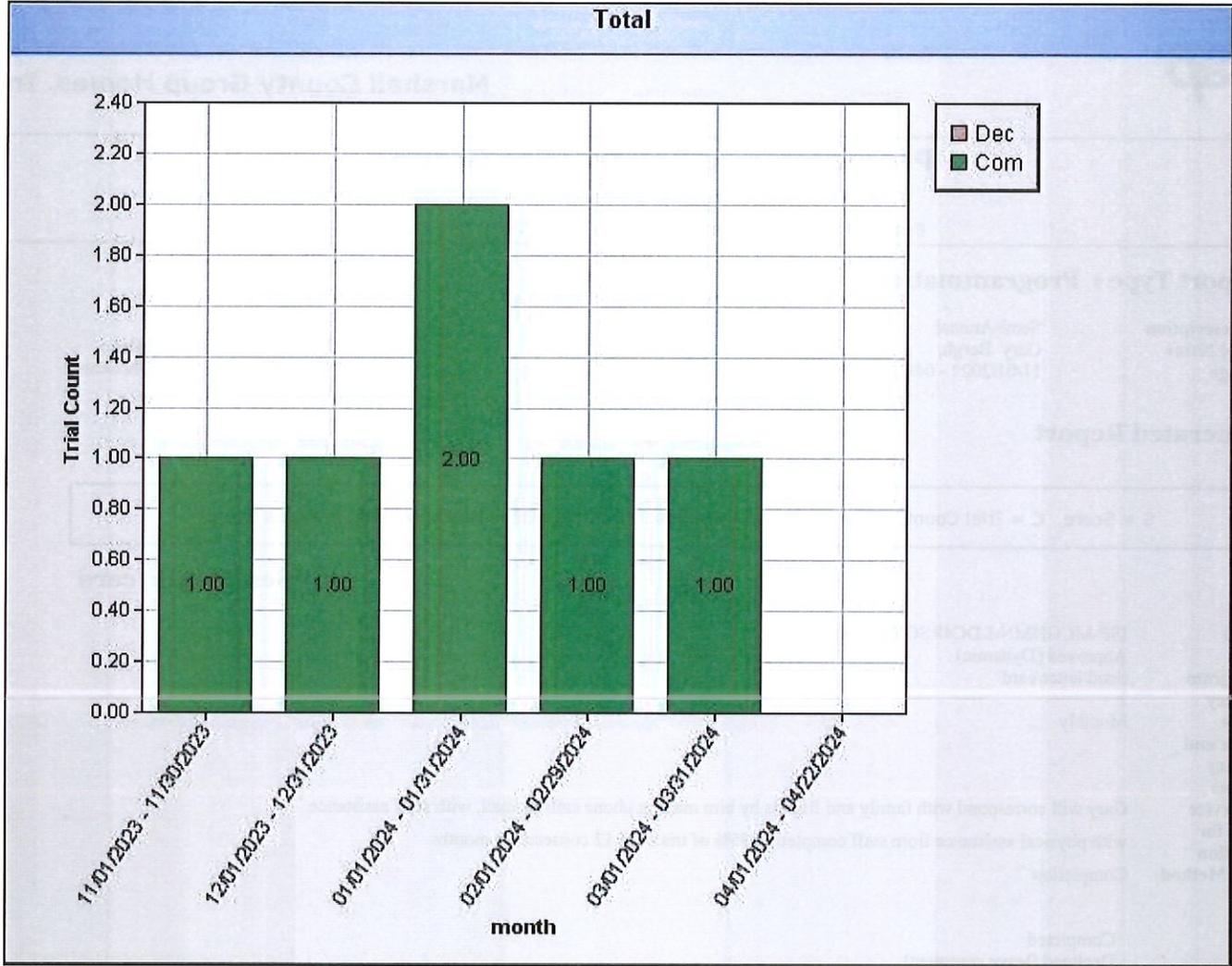
S = Score, C = Trial Count, DB = Deviation from Baseline Score, DP = Deviation from Previous Score

Send letter/card

Form ID	ISP-MCGHMN-LDC4RSGYQ4SNR
Status	Approved (Dynamic)
ISP Program	Send letter/card
Frequency	2
Schedule	Monthly
Schedule and Frequency	
Comment	
Goal/Service	Gary will correspond with family and friends by him making phone calls or mail, with staff assistance.
Criteria for Completion	with physical assistance from staff completing 95% of trials for 12 consecutive months.
Scoring Method	Completion

Score(s)	
Com	Completed
Dec	Declined (leave comment)

Task(s)
Send card/make call 1. Gary will participate in either sending a card/letter/picture, of his choice, to a friend or family member or will contact them by phone. 2. Staff will offer Gary choices and will physically assist him accordingly. 3. If Gary choses to color a picture or send a card staff will address the envelope and put it on the desk for the Case Counselor to mail. Phone numbers and addresses are attached. 4. Staff will use the attached sheet to document progress.

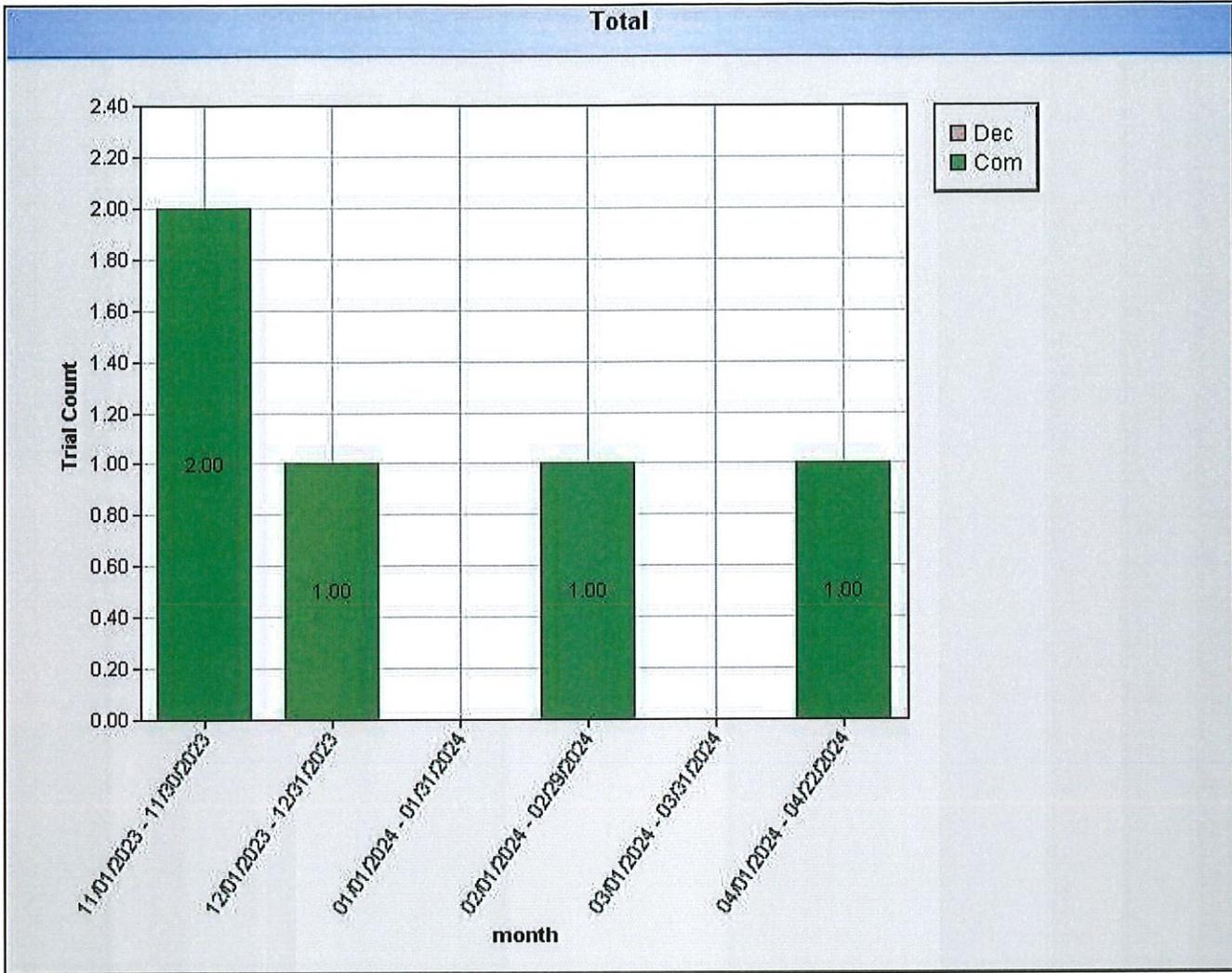


Participate in a social outing

Form ID: ISP-MCGHMN-LDC4RS2ZX4SN8
 Status: Approved (Dynamic)
 ISP Program: Participate in a social outing
 Frequency: 1
 Schedule: Monthly
 Schedule and Frequency: Monthly
 Comment:
 Goal/Service: Once a month Gary will participate in a community outing by choosing a restaurant to eat at, with verbal prompting from staff, completing 100% of trials for 12 consecutive months.
 Criteria for Completion:
 Scoring Method: Completion

Score(s):
 Com: Completed
 Dec: Declined (leave comment)

Task(s):
Social Outing A. Staff will ask Gary if he would like to go out for dinner and if he would like to choose the restaurant to eat at. Staff will give Gary a choice of restaurants to eat to eat at in the local area (Argyle, Warren, Stephen, etc.) B. Staff will use the following chart to document progress.



Progress Towards Outcome

Progress Towards Outcome Maintaining

Comments/Recommendations

Commented / Recommended By	Comments / Recommendations
Name: Cindy Gratzek Title: RPC Date: 04/22/2024 09:50 AM	Comments 1. Gary will correspond with family and friends by him making phone calls or mail, with staff assistance, with physical assistance from staff completing 95% of trials for 12 consecutive months. Gary has corresponded with his family via cards, phone calls on 6 charted occasions the past 6 months. He likes to send cards to family members, recognizing their birthdays. He completed this outcome at 100% this review period. 2. Once a month Gary will participate in a community outing by choosing a restaurant to eat at, with verbal prompting from staff, completing 100% of trials for 12 consecutive months. Gary has eaten out at a restaurant 4 out of 6 charted trials this review period. The outcome was completed at 67%. It is often difficult to verbally prompt Gary to do things outside his home - he prefers to stay home most of the time, other than attending the Warren ODC.
	Recommendations Outcomes to be reviewed with Gary and his team during his annual meeting in 10/24. Will talk with Gary about what is important to him and for him; asking him what outcome he would like to do.

GARY BERGH SEMI ANNUAL REPORT 4/17/24

HEALTH: Gary's annual was held on 10/23/23. At present Gary is on a regular diet with ½ cup servings and has a good appetite. His weight on 10/31/23 was 169.7lbs with weight on 4/1/24 at 164.8lbs. Gary will ask about his weight after it is taken and is pleased when he has lost weight. His ideal weight is 145 to 160lbs.

Gary received a Covid-19 booster on 11/9/23 and a PCV20 (pneumonia) vaccine on 11/14/23 with no ill effects.

On 12/31 Gary began having loose stools often incontinent and several times daily. He was given Imodium PRN after loose stools. It prevented Gary from attending ODC on days that he had continued diarrhea stools. On 1/6/24 the loose stools continued and staff noted some blood in his stool. He was taken to NVHC emergency room and seen by Michele Woinarowicz NP. They completed labs including a UA – the UA was negative for infection -the CBC and CMP were mostly within normal limits with the exception of C-Reactive Protein at 3.5 (≤ 1.00). The HGB was 13.8gms (13.5-17.5). He had a CT of the abdomen and pelvis without contrast which showed non-obstructing stones in mid portion of the left kidney, segmental narrowing of the distal sigmoid colon measuring 3.5cm which was concerning for malignancy and a colonoscopy was recommended. He was given a liter of IV fluids. He fell asleep while in ER not even waking up when a rectal check was done. Orders were to hold the stool softener till diarrhea stools cease, to start Omeprazole 40mg daily, to put on a BRAT (bread, rice, applesauce, tea), to give Imodium as needed for loose stools, to obtain a stool sample and bring to clinic, and return to ER if condition worsens. He was scheduled to see gastroenterology on 1/18/24 with labs to be done on 1/15/24 and to see his primary care doctor next week. On 1/7/24 Gary c/o his tummy feeling sick and he had an ointment applied to his rectal area due to soreness from frequent loose stools. A stool sample was obtained and taken to NVHC 1/8/24 which showed no fecal occult leukocytes or C-Diff toxins and the fecal occult blood (immunochemical-colorectal cancer) was negative for blood. He was seen by Shane Skeim on 1/10/24 as follow-up after ER visit. He stated Gary looked better with good skin color. He did recommend Gary continue with the BRAT diet due to continued loose stools, to give him Gatorade or Powerade to drink and to avoid artificial sweeteners like Crystal Lite, to check a B/P 3xdaily and if low to bring to ER. Staff were to watch for signs of lightheadedness or vertigo, to give Imodium after each loose stool but not more than 4 doses per day. Gary had labs done on 1/15/24 at NVHC – they all looked good except the lymphocytes were down slightly at 13.8 (15-45) – on 11/15/23 it had been 27.1. The C Reactive Protein was now normal at 0.98 (≤ 1.00) down from 1/6/24 and his HGB was 14.5gms. By 1/15/24 he was eating well but continued to be fatigued and continued to be incontinent of loose stools mainly at night and was wearing pull up briefs during the night. On 1/18/24 Gary was seen by Dr. Baig in gastroenterology who scheduled him for a colonoscopy on 3/7/24 with pre-op to be done on 2/22/24 with his primary Jeremy Hauser PA. He stated Gary does not need to be on the BRAT diet and to increase his diet as tolerated. He also discontinued the Omeprazole and stated we could resume the stool softener as scheduled. Staff continued to hold until the diarrhea stools stopped. Gary was seen by J Hauser on 2/22/24 for a pre-op prior to colonoscopy. He OK'd the stool softener be held until diarrhea stools stop. He stated Gary could use Propel instead of Gatorade to mix his prep for the colonoscopy. He stated Gary was clear for the procedure to go ahead as scheduled. Gary began the prep on 3/5/24 and did very well. He had his colonoscopy on 3/7/24 at NVHC. The scope was completed up to the terminal ileum with

random terminal biopsies done. Multiple random and targeted colorectal mucosal biopsies were also obtained from the cecum, ascending colon, descending colon, sigmoid colon and rectum. The colonoscopy showed mild sigmoid diverticulosis. Retroflexion in the rectum revealed small to medium internal hemorrhoids – non-bleeding and non-thrombosed. The result of the biopsies showed no sign of cancer or colitis. Dr. Baig recommended an endoscopy be done but family requested it not be done in light of the fact that nothing significant had been found with the colonoscopy. The TID B/P's were discontinued after Jan 2024 as they consistently remained in good range. At present the loose stools have ceased and Gary seems to be back to his previous bowel routine. Gary has an annual physical exam with fasting labs scheduled with J Hauser on 6/14/24.

NEUROLOGY: Gary continues to see Dr. Roller for his seizure disorder. There was a question if Gary was having some undetected seizure activity with Dr. Roller notified on 11/3/23 recommending labs be done on 11/15/23 and to be seen on 11/16/23 with an EEG be performed. The Keppra level was 56.0 (10-40) and the Zonisamide level was 55 (10-40mcg/ml). The EEG done on 11/16/23 showed no significant findings with no medication changes made with a follow-up annual appointment made for 10/29/24. Gary's last documented seizure was on 4/28/22 lasting 1 minute.

DENTAL: Gary is seen by Dr Hanel at Lone Oak Dentistry in Warren every 6 months. His last visit was on 11/30/23 with exam, prophylaxis and cleaning done. Dr. Hanel praised Gary for a job well done. His next appointment is on 5/31/24.

VISION: Gary has an annual eye exam at Warren Eye Center with Stacy Bienek. His last exam was on 11/9/23. There were no changes in his vision. He did order new glasses which he received on 11/30/23 and had his previous pair repaired so he has a back-up if needed. He is to follow up in 1 year.

SKIN: On 10/23/23 Gary was noted to have a blister on his small left toe. Antibiotic ointment and a band aid were applied and it healed without incident. On 11/5/23 he developed a rash under his left arm, on his chest and right armpit. This resolved with use of zinc oxide cream. On 2/5/24 it was noted he had soreness behind his ears from his glasses. This also resolved. On 3/24/24 a small amount of blood was noted in his nostril. After use of the humidifier no further issues noted.

THERAPY: Gary continues to receive a body massage 2 x monthly – this was on hold the months of Feb and March as the therapist was on vacation. He did receive a massage on 4/9/24. There have been a couple occasions when he has at first refused to have a massage but staff have been able to get him to change his mind. Gary continues with the following exercise program: PROM to lower extremities 2 x daily and 1 x daily to upper extremities, uses the upper extremity bike for 5 to 10 minutes daily and ambulates with the front wheeled walker using a gait belt and staff assist a minimum of 3 x daily (he does very well with ambulation). Gary wears bilateral orthotics in his shoes with the last ones purchased 5/2/22. On 4/16/24 he had the arm pads replaced on his w/c.

BEHAVIOR: Gary is generally very pleasant and cooperative but he has an occasional "off" day. On 11/19/23 he refused to talk to his brother by phone stating he did not want to go home for Thanksgiving because it was too noisy and he didn't like the dog. On 1/19/24 he was uncooperative with completing his shower as well as tasks to get ready for the day. On 4/10/24 he refused to take a shower in the morning and showed his fist to the staff person. Once the day staff arrived he was willing to take a shower. Gary does tend to get anxious when a couple of the consumers get too close to his chair or to him.

Appointment Search

Appointment Date	Appointment With	Specialty	Reason for Appointment	Description	Comment
11/09/2023	Bienek, Stacey (Warren Eye Care)	Ophthalmology/Optomety	Eye Exam	Due for eye exam in November, also lens & screw missing from glasses. At the time wearing his old ones.	
11/14/2023	North Valley Health Center	Primary Care	Immunizations	Will receive his PCV20 vaccination at this appointment	
11/30/2023	Hanel, Travis / Dr. (Lone Oak Family Dentistry)	Dentist	Dental Cleaning	Only prophy today, return in 6 months... May 31st @ 1:00 pm	
01/10/2024	Skiem, Shane	Family Medicine	Follow-up Appointment	F.U. from being in ER	
01/18/2024	Baig, Mirza / Doctor	Internal Medicine	Consultation	Gary has had diarrhea for 12 days now and a referral has been made to see Dr. Baig, Gastroenterologist	
02/22/2024	Hauser, Jeremy (NVHC)	Primary Care	Pre-OP	w/Jeremy	Jeremy said that Gary is cleared to have his colonoscopy on Mar 7, 2024. If he should present with cold symptoms, fever for vomiting in the days prior to the procedure, we should call and reschedule it.

Appointment Search

03/07/2024	Baig, Mirza / Doctor	Internal Medicine	Colonoscopy	<p>Dr. Baig wrote the following after Gary's colonoscopy:</p> <p>Postop findings: Colonoscopy performed up to terminal ileum. Fair prep. Multiple random terminal ileal mucosal biopsies obtained. Multiple random and targeted colorectal mucosal biopsies obtained from cecum, ascending colon, transverse colon, descending colon, sigmoid colon and rectum and sent out in same jar. Mild sigmoid diverticulosis. Retroflexion in rectum revealed small to medium size internal hemorrhoids, non-bleeding non-thrombosed.</p> <p>Plan: Follow up with the biopsy results in clinic. Conservative management of hemorrhoids as needed. Follow-up with primary care provider. Patient was discharged in stable condition.</p>
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Individual Name: Gary Bergh

Date of Birth: 01/19/1968



Active Medication(s)

Individual Name: Gary Bergh

Date Range for Active Medication(s): From 04/01/2024

To 04/18/2024

Medication(s)

BACLOFEN 10 MG TABLET Tablet, Oral (mouth)

Strength: 10mg Medication Type: Scheduled (Medication)

Give Amount / Quantity	Measurement Unit	Frequency	Schedule Time(s)	Begin Date	End Date	Time Zone
2 Tab	Tablet	TID	7:00 am, 3:00 pm, 7:00 pm	11/01/2021		US/Central

Instruction/Comments: Count Required - 2 Tab

DOCUSATE SODIUM 100 MG TABLET Tablet, Oral (mouth)

Strength: 100mg Medication Type: Scheduled (Medication)

Give Amount / Quantity	Measurement Unit	Frequency	Schedule Time(s)	Begin Date	End Date	Time Zone
1 Tab	Tablet	QD	7:00 am	11/01/2021		US/Central

Instruction/Comments: 1 Tab

KEPPRA 500 MG TABLET Tablet, Oral (mouth)

Strength: 500mg Medication Type: Scheduled (Medication)

Prescriber: Roller, Matthew / Dr. (Roller Neurology)

Give Amount / Quantity	Measurement Unit	Frequency	Schedule Time(s)	Begin Date	End Date	Time Zone
4 Tab	Tablet	BID	7:00 am, 7:00 pm	11/01/2021		US/Central

Indication/Purpose: Seizure controll

Instruction/Comments: Count Required - DO NOT USE GENERIC

LISINOPRIL 10 MG TABLET Tablet, Oral (mouth)

Strength: 10mg Medication Type: Scheduled (Medication)

Give Amount / Quantity	Measurement Unit	Frequency	Schedule Time(s)	Begin Date	End Date	Time Zone
1 Tab	Tablet	QD	7:00 am	11/01/2021		US/Central

Instruction/Comments: Count Required - 1 Tab

THERA-M TABLET tablet, oral

Strength: 9 mg iron-400mcg Medication Type: Scheduled (Medication)

Prescriber: Hauser, Jeremy (NVHC)

Give Amount / Quantity	Measurement Unit	Frequency	Schedule Time(s)	Begin Date	End Date	Time Zone
			7:00 am	06/29/2023		US/Central

Indication/Purpose: Supplement

Instruction/Comments: Take 1 tab by mouth daily. Count

Individual Name: Gary Bergh

Date of Birth: 01/19/1968



ZONISAMIDE 100 MG CAPSULE Capsules, Oral (mouth)

Strength: 100mg Medication Type: Scheduled (Medication)

Give Amount / Quantity	Measurement Unit	Frequency	Schedule Time(s)	Begin Date	End Date	Time Zone
3 Tab	Tablet	BID	7:00 am, 7:00 pm	11/01/2021		US/Central

Instruction/Comments: Count Required - 3 Tab

Allergies

Allergy Status : Known Allergy

Drug Allergy Status : Known Drug Allergy

Allergies : dandelion (Taraxacum officinale); lamotrigine

ValidDate Range

Date From

Date To

Signature

Date