

## IN-HOME FAMILY SUPPORT

### STAFF MEETING SUMMARY

**Subject:** March Staff Meeting

**Date:** April 3, 2024

**Time:** 11:45a- 2:00p

#### **Meeting Review:**

**Summer Schedule:** Liz, Janelle, Sabrina and Cindy need to meet to look at summer schedules. Liz also announced that she is reducing her work hours to 35 hours/week, starting 4/1/24. Master schedules to be maintained on Share Point.

**Outings:** A few individuals went to a peer's birthday party; some individuals went to the LISTEN center dances.

**Upcoming Events:** *Monster Trucks, Shrine Circus (4/27/24, 4/28/24), LISTEN Center dances every Friday 6p-8p*

#### **Individual Reports:**

**RD** – Appts in Mar: 3/27 saw the dietician – his weight is up 5 pounds from the last appointment six months ago. Rober was reminded to eat vegetables with his meals and have correct portion sizes. 3/27 - Appt with Erin, OT to be shown how to apply leg wraps for his edema. Liz observed him putting them on himself at his home on 3/28 and 3/30 and Robert needed quite a few prompts to put on correctly. 4/2 Robert went to the foot care clinic. While in Grand Forks, for his appt, he went with staff to Tradehome and got new boots with good support. Staff plan to take him in April for new shoes.

**TG** – Tabitha has cancelled with staff a few times due to her own medical appointments as well as assisting her mom with her medical stuff. Tabitha does not have a job at CHS anymore because they told her they didn't need her services anymore. Tabitha says she wants to have a "regular" job again like when she worked at Menards but would not know what to do with the kids. Tabitha occasionally has started and sometimes finished a cleaning task before staff arrive. They always make a goal to clean a different area for next time to move past what she has completed with staff.

**DH** – Deb went shopping out of town with staff every other week. She now has her CPAP machine. She is doing laundry with staff twice weekly, and staff plan to cover for her shower aide when she goes on vacation in April. Staff have noticed Deb having issues getting up out of chair when she does not have an arm rest to help her.

**MH** – Melissa was to NVHC twice for ear pain and once to the ER for constipation. Mar 22 Melissa saw Tyson Holm. A1C is 10.1% which is slightly improved from 10.9% in November. Weight is 161 which is down from 170 in November. Lantus insulin was increased to 28 units twice daily. Melissa continues to love having her candy, rolls and donuts often. Melissa has been seeing Keegan regularly at Sanford Behavioral and likes seeing him.

**EJ** – Ernie was to the dentist on Mar 26. He had his teeth cleaned and will be getting a new partial this month. His guardian rescheduled his meeting with him this month. His neighbor now has a key for his house to use if Ernie locks himself out.

**AK** – Amanda had her mammogram on 4/2. Currently, Amanda has an infected tooth so she went to NVHC and was able to get antibiotics. She called Spectra Dental and was not able to make an appointment since she has not been there in over 3 years so she is no longer considered a current patient. Amanda will need to call at 7:30 Monday mornings to be seen as urgent care in the dentist in a limited number of appointments. Amanda has not gotten the cords for her medication machines so continues not using them for her and her son. Amanda continues to have her friend, her friend's children and 2 additional dogs living with her. She states her friend is looking at moving to the Heritage Apartments in Warren. Her guest is supposed to be moving out in two weeks. At Amanda's home, the carpet on the main level is very soiled with stains and spills. There is an odor of urine and feces on the main level now. The litter box for the cat Amanda has is not being cleaned out. The garbage in the home is not being picked up. Garbage cans are overflowing with garbage. Staff have been having a hard time getting to the upstairs to clean because the majority of their time is consumed by assisting with the main level. The bedroom upstairs with roommate's dogs has a bad odor that has started to affect the rest of that level, making it difficult to be up there for too long. Carpet will need to be professionally cleaned. The upstairs bedroom where dogs are will need extra attention.

**PK** – Not taking his medications as prescribed or using the medication dispensing machine. Staff have seen an increase in Polo being clingy with his mom when she is trying to clean. Polo seems to be increasingly dependent on mom, asking her to do simple tasks he can do himself. For example: to come take his glasses from him and put them on the table when he is sitting on the couch. It seems to be another sign of regression in his mental state since having the extra people living with them. Polo is hard to get motivated to assist with tidying up his home. He will just finish a popsicle and throw the stick on the ground. There is some tension with mom and Polo. They both get on each other for "making the mess."

**SK** – Mar 18 she went alone with staff. They went to Walmart where she bought a small doll and then went to DQ. She did well in both places. She yelled some when she got home. Mar 25 Sam cancelled due to being sick and April 1<sup>st</sup> mom cancelled after the busy weekend.

**KL** – Mar 4 Kevin saw Jason Nupdal and Dawn Ellis. At that time, things were stable. He was not scheduled to see Dawn until April 8<sup>th</sup> as she was out of office then. There was concern from job coach regarding Kevin having multiple energy drinks each day and increasing his shakiness. He had received a written warning stating he needing to make improvements to his job performance. Due to concerns that there were health issues contributing, Mar 21<sup>st</sup> Kevin had an appointment with his PCP. This appointment was made due to an increase in tremors and the issues going on at work. She increased his primidone to double the dose and did a cognitive test on him. Because of the significant decline, he was referred to a neuropsychic and neurology regarding the deficits noted. Janelle has called to schedule the referrals. He has gotten scheduled with neurology, and she has not received a call back regarding neuropsychic as of this time. Kevin is anxious and worried about his job. Kevin saw Jason Nupdal again on Mar 28 and concerns and changes noted were addressed. Kevin was again reminded to not drink so many energy drinks, but Jason Nupdal did increase trazodone and was told to take it at 9p instead of 10p. Kevin has reported to staff that he feels like he is falling asleep faster at night. Kevin is enjoying the cat that he has and is doing well with taking care of the litter box and feeding her. Kevin likes to go out to eat and visit on the weeks he gets his groceries. Kevin had a haircut in Karlstad on Mar 11 and is scheduled for the dentist on May 22 at Spectra. When staff met with him Apr 1, he had had new flooring installed, they cleaned out the fridge and threw many mama's meals. He does not seem to want to eat them anymore. He seemed a little confused while grocery shopping this week. It seemed he couldn't remember where the items he usually purchased were. He did cook hamburgers once this past month with staff but he had many appointments. Staff will try to meet with him twice going forward between Mary Kay and Janelle.

**MP**- No outings this month with staff.

**SP** – Mar 22 Stacy had a filling. She went to Grand Forks that day with peers to go shopping and out to eat. On Mar 23, she attended a peer’s birthday party. She got ready for the party at another peer’s house. Staff helped her with her hair and makeup for the party. She enjoyed the “girl time” and had fun dancing at the party.

**GR** – They brought his blanket to social services to be repaired. He has new bike that he is enjoying. He bought two new pairs of jeans, underwear, socks, belt and boots similar to a peer he enjoys. He also stated he would like a floor length mirror that goes on the back of the door. Staff has worked with Greg when grocery shopping to make healthier choices. This has been a transition because Greg has his favorites and he doesn’t cook much. But, he has been willing to work with staff and asks staff to read the nutrition label to tell him if it is a good choice.

**CS** – Chris has meeting with staff weekly. He was sick and unable to meet with staff on Mar 20. Staff have taken him to various places including shopping, walking, and getting a snack each time. Christopher has become more talkative each contact. Planning to start Horse therapy in June.

**JS** – Cancelled twice this month: once because he was sick and the other time because his family was painting their kitchen.

**CT** – Charlotte was scheduled for twice weekly therapy but has cancelled approximately half of the sessions due to her own illness or when going out of town with her roommate for her appt. Charlotte would like to try riding the –wheeled bike by the end of PT. PT has stated he may be able to come to her to work with her on riding it. Charlotte consistently shaving has been a concern. Staff talked to Charlotte about using money to spend on getting laser hair removal on her face. Charlotte liked that idea. Charlotte bought a tv stand from slumberland. Charlotte has an upcoming appt for urology on Apr 10. Charlotte has changed her mama’s meals to 7 meals once monthly

**AW** – Ariel had horse therapy twice in March. She went to each with staff in TRF after appointments. She had her 16<sup>th</sup> birthday party on Mar 23 with family and friends. No seizure activity with staff. Staff have not had issues with mood or behavior, however mom states there have been ongoing issues with school. Ariel did report abuse to staff and RPS followed up with reporting allegations to MCSS and informed her mom. Her mom informed RPS that the Marshall County Sheriff’s dept had contacted them and she had taken Ariel to meet with them.

**KW** – Staff has messaged back and forth with Kat throughout the month to try to set a date to meet. They had a date that potentially would work for both. Kat wouldn’t commit to the date and in the interim, staff needed to take someone to an appointment that day. Staff has really been trying to get Kat to commit to a consistent date such as the 1<sup>st</sup> Friday of the month. At first Kat was all for that and staff said yes let’s do that! Then Kat would not commit to it for the next month since her schedule changes so much. She had a birthday party for her at the horse therapy place that staff was invited to and they have plans to meet Apr 3.

**Next Staff Meeting is scheduled for: Wednesday, May 1<sup>st</sup> at 11:30p at the MCGH office.**

**STAFF MEMBERS PRESENT:**

<b>Name:</b>		<b>Position:</b>	<b>Name:</b>		<b>Position:</b>
Kristal Walen	present	ADM	Liz Anderson	present	DCC
Cindy Gratzek	present	RPS	Janelle Fick	present	DCA
Sabrina Deschene	present	RPS	Marilyn Huderle	present	DCS
JoAnn Saunders	present	LPN	Mary Kay Stinar	present	DCS

**Authorized By: Sabrina Deschene, RPS**

Acknowledgement completed in STAR Services.