

Marshall County Group Homes, Inc.

SERVICE PLAN REVIEW MEETING AND ATTENDANCE NOTES

Name: **Amanda Knoll**

Service plan review meeting date: **March 5, 2024**

Time: **11:00a**

Type of service plan review meeting (i.e. annual): **Quarterly**

Location of meeting: **MCSS**

The purpose of this meeting is to provide an opportunity for support team or expanded support team members to participate in the ongoing review and development of the service plan and the methods used to support the person and accomplish outcomes. This meeting is also intended to determine whether changes are needed to the service plan based on the assessment information, the license holder's evaluation of progress towards accomplishing outcomes, or other information provided by the team.

A Review of Technology needs for the individual served:

Amanda has her own cell phone she uses independently to communicate with her team and complete necessary paperwork.

A review of the person's service and support outcomes occurred and the following determinations regarding those outcomes were made:

Amanda's goals not addressed at this quarterly meeting.

Changes needed to the *Support Plan Addendum, Intensive Self-Management Assessment, or other document in the service plan, include, if any:*

No changes made at this time.

Discussion regarding person-centered program planning:

What are the opportunities to develop and maintain **essential and life-enriching skills, abilities, strengths, interests, and preferences**?

Amanda is encouraged to manage her own benefits renewal as much as possible. She has her bills managed by her rep payee but she is encouraged to turn in her paystubs to manage her disability status with Social Security and Social Services.

What are the opportunities **for community access, participation, and inclusion** in preferred community activities?

Amanda is able to independently access the community as she is able to drive and has a working vehicle. Amanda is invited to group activities that the group home coordinates and has the choice to participate when it is something she is interested in.

What are the opportunities to **develop and strengthen personal relationships** with other persons of the person's choice in the community?

Amanda is able to independently access the community as she is able to drive and has a working vehicle. Amanda is invited to group activities that the group home coordinates and has the choice to participate when it is something she is interested in.

What are the opportunities to seek **competitive employment** and work at competitively paying jobs in the community?

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Amanda has a job she works at independently without any employment services at this time..

The person currently receives services in (check as applicable):

- Residential services in a community setting controlled by a provider
- Day services
- Neither

Provide a **summary of the discussion of options for transitioning the person out of a community setting controlled by a provider** and into a setting not controlled by a provider (residential services). Include a **statement about any decision made regarding transitioning out of a provider-controlled setting**:

NA-Amanda lives in her own apartment

Provide a **summary of the discussion of options for transitioning from day services to an employment service**. Include a **statement about any decision made regarding transitioning to an employment service**:

NA-Amanda has a job she works at independently.

Describe any further research or education that must be completed before a decision regarding this transition can be made:

None at this time.

Other meeting discussion notes:

Medical: Amand completed her annual physical Feb 8, 2024. She has her mammogram scheduled for Mar 2, 2024.

Amanda has not been charging and programming her medication machine. Her team talked with her about the important of taking her medication consistently for both her and her son. Amanda stated she will get a new cord and for and her son's medication machines.

Housing/Family: Amanda currently has a friend staying with her. Her friend had intended to staff a couple days but she has had trouble finding a place. She has two daughters and two dogs. As a result, her son does not have his own bedroom to sleep in anymore. And the additional bedroom has quite an odor from the dogs. Her team discussed possibilities with her and encouraged her to give her friend a move out date. Amanda stated that she was in the process of being approved for another home in town. When the roommate moves out, Amanda will get a quote for a cleaning company to come and steam clean the room where the dogs were. Amanda has also gotten an additional garbage can from the city to accommodate the additional garbage. Amanda was reminded that she could be evicted from her apartment for having people living with her without the landlord knowing and having pets there that the landlord doesn't know about. Her roommate has a boyfriend that has struggled with his mental health and is currently in the hospital. Amanda expressed that she does not want him back in her home because he had scared her with how he was acting before he was hospitalized and frequently expressed suicidal thoughts. Her team praised her for having good boundaries for her and her family. Amanda's team suggested giving her friend a day to be out by whether or not she gets these apartments she applied for.

Amanda has a boyfriend she is excited about. She has gone to his home for the weekend a few times and he often spends time at her home. She talked about him being a good cook and wanted to grow a garden and maybe trim up her shrubs in the yard this summer.

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Staff have voiced that all the extra commotion in the home and extra people have cause a mood change in her son. He previously had been very willing to work on things and help around the house and now he often upset and swearing. He has been cooking some. Polo has gotten upset when Amanda leaves for long periods of time with her boyfriend. Amanda stated she was needing a break from everyone in her home. Amanda's team discussed that Polo may be feeling like he needs a break as well. Polo does not currently have a bed and the friend is sleeping on the futon mattress that was his. When Amanda has the funds, it would be ideal to get him his own bed and frame. Polo has occasionally been asked to babysit the friend's daughters when they aren't in school. He has shared with staff that he is not fond of doing this.

MCGH: Amanda is able to meet with staff 1-2x weekly. There has been more of a mess in her home recently with he additional people living with her. She states her friend and her boyfriend do help with some of the cleaning and cooking.

Action items:

- Get new cords for med machines
- Schedule physical for son
- Get upstairs cleaned up after guests and dogs leave
- New bed for son

Semi annual for Amanda scheduled for June 18 at 11a at MCSS