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Comments

1) Since you are a successful leader in 2020, how do you think you managed role transition based on what you know about yourself today (2011)? (Chapter 27)

Yoder-Wise, 2011, describes role transition as involving transforming one's professional identity. An example would be a staff nurse transforming her role into and nurse manager. I believe that in cases like this the nurse who is undergoing the role change should not barriers early so that former peers recognize them. I feel that transitioning this way will ensure the proper respect from that nurses new found leadership role.

You meet Ted who is a new nurse leader that you have been mentoring for the past six (6) months. You are disoriented from the time travel, but Ted mistakenly believes you are just having a bad day. In his effort to encourage you, Ted takes the opportunity to thank you for all you have taught him. He tells you that he has learned so much from you about delegation, time management, and stress management. He also shares that he is encouraged that his skills will improve, just as yours did from the self-disclosures you shared with him from your early years in nurse leadership.

2) Based on your current (2011) assessment of skills, how do you think you improved your:

A. Delegation (Chapter 26)

Delegation is a complex, convoluted, work-enhancing strategy. It can make the difference between caring for a group of patients and experiencing great anxiety and caring for that same group with a controlled expectation of what can be achieved. (Yoder-Wise, 2011) Learning what can and can not be delegated is a part of a nurses responsibly. Also, understanding the things that can be delegated can help save time and energy, allowing the nurse to care be the patient better.

B. Stress Management (Chapter 28)

There are several stress management strategies that will help minimize the amount of stress that one can take. Yoder-Wise list several stress-management strategies including physical, mental, and emotional/spiritual suggestions. Nurses must take care of themselves just as they care for others, otherwise they may fall ill themselves.

C. Time Management (Chapter 28)

Maintaining good time management may also help with stress-management. Keeping good time management will help the flow of

Ted reminds you of the purpose for today's meeting with him. The purpose of today's meeting with Ted is to complete a career development plan. He is interested in following in your footsteps and has asked you to share how you managed your career to arrive at your current position.

3) Describe your plan for managing your career. (Chapter 29)

Before creating a plan for managing your career, one must have an understanding of what they would like to do in the future. In addition, one must also have some idea of how to obtain that goal. An example would be, if a nurse would like to become a CRNA, they must understand that addition schooling is necessary. Writing down goals and doing research on how to obtain those goals are also important.

After your meeting with Ted, you read some e-mails and look at your calendar. You see some interesting terminology and topics as you review your mail and calendar. You recognize from this review that nursing and nursing leadership as you knew it in 2011 has changed.

4) Describe one change in health care that you expect to occur in the future and describe the implications of this change for nursing leadership as a whole, and to you specifically in your chosen leadership position. (Chapter 30)

I expect technology to continue at a constant rate, things that we use how may not be used in the future. I feel that nurses are going to have to be more educated on computers and technology to continue to care for patients. I also feel that nurses responsibilities will increase with the use of extra technology.

Posted By Tenika McMillan
10/07/2011 10:30 pm



*Needs
oversee
development
and completion
of application
of concepts
5 points
by effort*

} more specifics

} How-^{be} specific to you.

Q huh?

} Your plan!!

} What does Yoder-Wise say about future development?

Yoder-Wise, P. (2011). Leading and Managing in Nursing. (5th ed.)