



Coordinator's Corner

Happy 2011! Are you used to writing that number yet?

We are knee deep in preparations for the Winter class. PLEASE make sure to let other nurses in your congregation know the dates and location. We would love for them to join us in Urbana.

Health Care Reform changes are falling into place and hospitals and clinics are scrambling to see what it will mean for their patients and providers. Two words remain pervasive throughout health care Quality and Outcomes. We know that faith community nurses provide high quality patient care, health education and spiritual support but we are challenged to show outcomes of our work that are measurable. Both IPNRC and HMA are looking at programs across the nation that are able to document outcomes of the work their parish nurses are doing. PLEASE continue to *turn in your stats* and keep up the documentation of what you do in your congregation-your work matters.

You should have received the renewal form for your liability coverage in the mail this month. Complete the form and return to Bev promptly so she can get this wrapped up before our class starts.

BIG NEWS!! The ANA Scope and Standards of Faith Community Nursing are available for public comment. This is the second revision of the standards and we need your input. This link will take you to the information: <http://hmassoc.org/index.asp?mid=1> Commentary or editing notations must be submitted by February 4, 2011.

Also included in this email is information on how to join the Health Ministries Association (HMA) as well as an updated prayer list.

We are looking for prayer support and kitchen/serving help for our winter class. It will be held at the First Methodist Church in Urbana. Contact Bev if you can assist.

I hope your holiday season was rich with family and friends. Several of you offered memorial/bereavement programs during the weeks leading up to Christmas. Your congregations members are grateful that you took the time to realize that this time of year can be hard for many.

My husband and I are traveling to San Antonio the first week of February-and I will not miss this cold weather one bit! ☺

Blessings,
Faith



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Our hearts are saddened over the death of
Mildred Burroughs
 (Fall 1998 class, Ridgeview Baptist Church, Danville).
 Our sincere sympathy and prayers were extended to her family. Mildred enjoyed working with her church members a great deal.



Church Policies on Medical Emergencies

We are writing a policy on "dealing with medical emergencies" at church, and also investigating getting an AED. Do you know if any of the Parish nurses have a policy on emergencies that occur during church, and would be willing to share?
 Thanks,
 Linda Morgan
 Community United Church of Christ,
 Champaign
 Fall 2001 Class

If you have any info to share, please contact Linda at lindamorgan@sbcglobal.net

Prayer List—Please Pray for:

Chrystal Overby (Winter 2007)

Arlys Carmien on the loss of her brother

*Prayers of continued healing for
 Norma Stuckey*

Tony Rein—husband of Gerrie Rein

Darrell Sechrest's wife

Meg Karayiannis—daughter of Coletta Ackermann

For the parish nurses starting their ministry in 2011





Winter 2011

The Winter 2011 Community Parish Nurse Program Basic Preparation Course will be held in Urbana on:

February 11 & 12

March 4 & 5

April 1, 2 & 3

Fridays 5:30 pm—9:30 pm

Saturdays 8:00 am—5:00 pm

Sunday 12:00 pm—4:00 pm

If you are interested in attending this course, call (217) 326-2583 for a registration form.

College credit is now available through the UIC College of Nursing. For further information, contact Faith Roberts at (217) 326-2683.

"Carle Foundation Hospital – Nursing Education and Professional Development is an approved provider of continuing nursing education by the Illinois Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation."

Contact hours will be awarded for this activity.

*Participants must be present for the entire program to obtain a certificate of attendance for the allocated number of contact hours. Partial credit may be authorized by the program coordinators if late arrival or early departure is accurately documented. All persons attending must sign-in & complete the applicable portions of the program evaluation form before the certificate of attendance is issued.

This educational activity is being presented without the provision of commercial support.

Planners and presenters have indicated they have no bias, conflict of interest or relevant financial interest.

Brain Cooling Study

Carle neurosurgeons John Wang, MD, and William Olivero, MD, have been awarded a research grant by the U.S. Department of Defense to conduct a study that shows promise in treating serious brain injuries. The proposed 12-month study is expected to begin in June 2011 and will involve patients in Champaign-Urbana and the surrounding area who experience severe head trauma or stroke.

The study will introduce the use of a cooling head cover for brain injury patients who are in transit to the Carle Emergency Department via ambulance and air flight. It is believed that using this head cover before arriving at the hospital may be beneficial to recovery. This study is based on another conducted in an intensive care unit in Peoria, IL, which showed the cooling head cover to be effective in rapidly lowering brain temperatures. The head cover includes a built-in neck protection collar and will be placed on head trauma patients by paramedics following standard evaluation. Upon arrival to the emergency department, patients determined to have severe brain injuries will continue wearing the head cover for 72 hours. Cooling will be discontinued for all

other brain injury patients. Results of the study may improve future head injury treatment for soldiers in the field, particularly for individuals who have been injured by improvised explosive devices.

In most research studies, researchers must inform participants about the study and obtain their consent to participate. However, in the case of research in emergency situations, such as the use of the cooling head cover in this study, a patient may not always be able to give consent to participate. Therefore, Carle must publicize its intent to administer this study and seek community feedback prior to moving forward. Town hall meetings are being scheduled in Champaign-Urbana, Bloomington-Normal, Danville and Mattoon.

For more information about the research study, including a list of dates for town hall meetings and to submit feedback, visit www.carle.org/braincoolingstudy or call (866) 451-4833.



Best Wishes to Rosemary Elias who recently retired as a Parish Nurse from St. Mary's Church in Bloomington. Rosemary was in the Fall 2004 class.

RESOURCES

National Health Observances

January

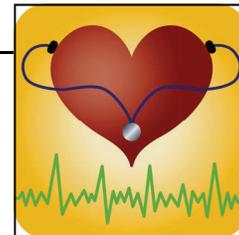
National Glaucoma Month

Prevent Blindness America
211 West Wacker Drive, Suite 1700
Chicago, IL 60606
(800) 331-2020
info@preventblindness.org
www.preventblindness.org
Materials available

February

American Heart Month

American Heart Association
7272 Greenville Avenue
Dallas, TX 75231
www.americanheart.org/presenter.jhtml?identifier=4441
Materials available



Health Ministries Association (HMA)

Join HMA

In just minutes you can start using all that HMA has to offer including:

- ◆ Advocacy & Information
- ◆ Discounts on AED and Blood Pressure Equipment
- ◆ Support & Networking
- ◆ Discounts on Publications
- ◆ Networks at the local level
- ◆ Conferences & Educational Offerings

Dues & Fees

\$105 / year - Regular Membership
\$70 / year - Students (Full-Time) & Seniors (65 and older)

<http://hmassoc.org/index.asp?mid=83>

Faith Community Nursing Scope and Standards of Practice

Call for Public Review and

Commentary: The HMA work group has completed the revisions to the Faith Community Nursing Scope and Standards of Practice. As part of the American Nurses Association's process for revision of this document, it is now posted for public review and commentary. We value your assistance in this process. *You have until February 4, 2011* to read and submit your comments. Go To Posting...

<http://hmassoc.org/index.asp?mid=1>

Evacuating the Impaired Adult

By Jerry DeWitt, Carle Hospital Librarian
jerry.dewitt@carle.com

So why is a librarian writing about evacuating the impaired adult? Well, besides being a librarian, I am also an RN. Recently I participated in a class on dementia care, assessment and management. One of the topics presented was Dementia Emergency Preparedness by Professor Nina Tumosa of Saint Louis University. Dr. Tumosa also works closely with the St. Louis VA, and developed an emergency kit as part of work done with the cognitively impaired veteran. She urged us to think about taking this idea out to our communities. So, I immediately thought of Faith Roberts, and she asked that I write a piece for your newsletter.

The guiding principles are to foster resiliency in the impaired adult and to develop the confidence of their informal caregiver. It may also allow them to remain safely in their home longer. The kits are not designed for long term care. The acronym used by Dr. Tumosa is **HELPFUL**:

Handy

Easy to assemble and use

Low cost

Parachute; it only needs to work for a short time

Familiar objects

Uncomplicated

Likely to be used

With that in mind, Dr. Tumosa's team developed two kits; one for the impaired adult and one for the care giver. Remember, these are guidelines. The kits need to be individualized according to the person's needs.

Impaired Adult Emergency Kit

Kit suggestions

- ◆ Make each kit a distinctive color
- ◆ Same approximate size
- ◆ Compact, so it can't be made heavy
- ◆ Easy to carry
- ◆ Zippered



Guidelines

Impaired adults need emergency kits. Their informal caregivers need their own kits. The two kits will have some common items. Impaired adult kits will have some unique items. The caregiver kits also have unique items. The caregiver's kit provides a safety margin for both.

Both kits need the following items:

- ◆ Whistle
- ◆ Identification
- ◆ Spare glasses
- ◆ Flashlight/reflector
- ◆ Local and nonlocal contact information
- ◆ Copy of Medicare and insurance cards
- ◆ Face mask
- ◆ Mylar blanket
- ◆ Surgical gloves
- ◆ Medical providers' contact information
- ◆ List of medical conditions



Unique items for caregivers' kit

- ◆ Cell phone
- ◆ Box of water
- ◆ Nonperishable food (High energy/low salt)
- ◆ Next of kin information for impaired adult and self
- ◆ ~\$20.00 cash
- ◆ Pet evacuation plan
- ◆ 3 day's supply of caregiver's current medications



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Unique items for impaired adult kit

- ◆ Hygiene items (Hand sanitizer/alcohol wipes)
- ◆ Depends if needed
- ◆ Change of clothes
- ◆ Contact info for alternate care giver
- ◆ Small photo album to hold paperwork and some recent and older photographs
- ◆ 3 day's supply of impaired adult's current medications
- ◆ List of special needs

In closing I would like, to paraphrase Dr. Tumosa, to remind all that these kits may not seem very special, but they can save a life. Below I have given the sit for the St Louis VA that has videos that discuss with the impaired veteran and my own email address if you would like to contact me with questions.

www.stlouis.va.gov/GRECC/VideosBroadcast.asp

Nina Tumosa, PhD
Associate Director for Education,
St Louis VAMC GRECC
Professor of Internal Medicine
Saint Louis University
Co-Director, Gateway Geriatric Education Center
Editor of Aging Successfully
314-894-6560 (Office)
314-894-6614 (Fax)

Lanyard Info:

Advantus Safety Lanyards for ID Badges, 36",
Black, 24 per box.

We purchased them through Amazon and they were sent from:

Discount Office Items
392 Industrial Drive
Columbus WI 53925

**If you would be interested in having some of these for your faith family,
call Bev at 217-326-2583 or email beverly.talbott@carle.com**

Need a space for Fit-2-Serve?

I would like to let area parish nurses know that if they would like to offer Fit-2-Serve and they need a space to lead it/ hold it, we would like to donate our Center for Healthy Aging Wellness Room as long as we could open it up to the community. Thanks so much,

Jennifer Brackenhoff, RN, BSN
Disease Management Services
Coordinator
Faith Community Liaison

[www.provena.org/covenant/
healthministry](http://www.provena.org/covenant/healthministry)

Provena Center for Healthy Aging

Mailing Address:

1400 Park Street
Urbana IL 61801

Office Address:

410 E University
Champaign IL 61820

217-337-2364

jennifer.brackenhoff@provena.org

WOW!
Thanks Jenny!

Community Parish Nurse Program
611 West Park Street
Urbana, IL 61801



Get the whole year of
National Health Observances—
www.healthfinder.gov/nho/nho.asp
