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Adult 1 Remediation

Information Technology: Documenting in a Client's Medical record

- Subjective data should be documented as direct quotes from the client
- Objective data should be as descriptive as possible
- Information should be documented in a logical sequence

Information Technology: Receiving a Telephone Prescription

- Have a second nurse listen to a telephone prescription
- Repeat the prescription back; include medication name, dose, time and route
- Make sure the provider signs the prescription in person within 24 hours

Nursing Process: Priority Action Following a Missed Provider Prescription

- Do not take a double dose
- If it's almost time (within 2 hours) for the next dose skip that dose and move on
- Take as soon as remembered

Home Safety: Teaching About Home Care of Oxygen Equipment

- Stay away from open flames
- Keep at least 5 feet from any heat source
- Store up right and protect the tank from getting knocked over

Thorax, Heart, and Abdomen: Client teaching about Breast self Examination

- Perform self assessment 4-7 days before menses or right after menses
- Perform self examinations each month
- Use inspection as well as palpation

Hygiene: Bathing a client who has Dementia

- Allow rest periods if the client becomes too tired during bathing
- Give a partial bath if the patient cannot tolerate a complete bath.
- Give them a complete bath if they can tolerate it and if their hygiene needs warrant it

Ergonomic Principles: Safely transferring a Client from the bed to a chair

- Determine the client's ability to help with the transfer
- Prepare the environment by removing obstacles
- Face the direction of movement

Nutritional and oral hydration: advancing to a full liquid diet

- Clear liquids and juices
- Liquid dairy products
- Some places include pureed vegetables

Rest and Sleep: Interventions to Promote Sleep

- Help Client establish a bedtime routine
- Promote a quiet and calm environment
- Limit waking the client during the night

Airway management: Suctioning a Tracheostomy tube

- Suction during coughing
- Maintain asepsis to avoid bacterial contamination
- Suctioning can be used to collect a sputum culture