

**N321 Medical/Surgical
TEACHING PLAN INSTRUCTIONS AND EVALUATION**

STUDENT NAME: Hope Dykes Date: April 29,
2020

Use the format page included for preparing the written component of the teaching plan. Students will be evaluated on the written plan (15 points) and on the presentation of the teaching plan (10 points). Total Points possible = 25 points.

SCORE

I. Evaluation of the **written component**

Assessment of patient/client/class (3 points)

_____ Prior knowledge of subject to be taught
Determine patient's motivation to learn content
Health beliefs/values (Taylor pgs 70 & 513)
Psychosocial adaptations/adjustment to illness
Compliance with health care protocols
Assess patient's ability to learn
Developmental level
Physical capabilities/health status
Language skills/literacy
Level of education

Nursing Diagnosis Identified (1 point)

Planning (3 points)

_____ State objectives and outcomes: Include at least one from each learning domain:
Cognitive, Affective & Psychomotor

Interventions (2 points)

_____ List the content to be included in instruction. Be specific and accurate.
Logical sequence.
Simple to complex.
Organized

Methods/Teaching Tools (2 points)

_____ Instructional methods to be used:
Examples are: Discussion
Question & Answer
Demonstration/Return Demonstration
Strategies to keep patient's attention
Methods to include patient in teaching/participation

Evaluation (3 points)

_____ Determine achievement of learning objectives based on expected outcomes. Identify strengths/weaknesses, Suggest modifications to plan; i.e. what would have made it better

References Listed in APA format. (1 point)

TOTAL CONTENT

_____/15

II. Evaluation of **teaching presentation (10 points)**

_____/10

Introduction of content, Patient put at ease, Eye contact,
Clear speech and organized presentation, Environment conducive to learning,
Family included, Accuracy of info, Validation of learning status, Use of teaching aids,
Appropriate non-verbal body language etc.

Date Submitted: _____

Total points

_____/25

**N 321 Nursing the Adult Client
TEACHING PLAN**

Student Name: Hope Dykes
Cleaning
 Nursing Diagnosis:

Subject: CPAP

Relevant Assessment Data (see instructions)	Patient Outcomes (see instructions re: 3 domains of learning)	Teaching Outline (be specific and use a logical sequence)	Teaching Tools (see instructions)	Evaluation (see instructions)
<p>My patient is a 28 y/o male who came in with a respiratory infection due to not cleaning his CPAP machine. He was diagnosed with Sleep Apnea about 2 months ago and was prescribed a CPAP machine to help keep his airway open. He was given the machine with a pamphlet and sent home after his sleep study. He reports he "kind of looked it over" but has not really tried to clean it because he didn't want to mess it up.</p> <p>Now that he has a respiratory infection, he is more motivated to learn how to properly clean the machine. He asked how often it should be cleaned, which illustrates a readiness to learn.</p>	<p>Affective: Patient has a desire to be healthy. He reports he is "afraid to mess up" his machine. Affective learning can change this belief. With proper teaching, he can clean his machine and stay healthier. He already has the knowledge that cleaning his machine will keep him healthier. His attitude will be changed once he believes he is capable of properly cleaning his CPAP machine.</p> <p>Cognitive: Patient will learn the technical skills needed to clean each part of the machine. He will learn how to take the machine apart, how to safely clean each part, to let each part dry completely, and how to put it all back together. In addition, he will learn that the machine needs to be cleaned once per week.</p> <p>Psychomotor: The patient will teach back how to take the machine</p>	<ol style="list-style-type: none"> 1.) Wash hands and sink/ tub basin. 2.) Fill basin with warm water. 3.) Remove humidifier bucket if attached to machine, tubing, reusable filter, and the mask. 4.) Use unscented dishwashing liquid on each of these pieces. Wipe out the inside of the humidifier bucket, plastic parts of mask with a soft cloth, and rub filter gently with fingers. 5.) Pour 3-4 drops of dishwashing soap into the tubing and put one end into the water. Alternate the higher sides of the tubing to swish the water back and forth inside. Do not submerge one side of the tubing that attaches to the CPAP machine, as it contains electronic sensors. 6.) Drain out the water from the tube and hang over clothes line or shower curtain rod. 7.) Dry with towel and let all pieces dry completely for at least 8 hours before placing back into machine. 8.) Put machine back together. <p>**As a side note, the parts of the face mask that touch the skin should be wiped every morning with a wet paper towel to remove sweat/ skin oil.</p>	<p>Hand Sanitizer</p> <p>CPAP machine</p> <p>Unscented Dishwashing Liquid</p> <p>Soft Cloth</p> <p>Drying Towel</p>	<p>Patient teaches back how to complete this task correctly. We do a mock-demonstration during which he takes the machine apart and puts it back together. He points out the parts of the machine that cannot get wet or they will be damaged. At the end of the teaching, he seems confident in his skills and agrees to clean it correctly from now on.</p>

	apart, how to clean the pieces, and how to put them back together.			
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Reference(s):

Peters, B. *CPAP cleaning tips: a step-by-step maintenance guide.* <https://www.verywellhealth.com/how-to-clean-cpap-3015322>