

**N312 HEALTH ASSESSMENT
LAB TEST OUT #3 FORM
Total 100 points**

<https://drive.google.com/open?id=1U-zmsqQlcS-273FoXWHMPclkMZoIP4Gf>

Student Name: Matthew Catlett

Date: 4/29/20

Client Name: John Smith

DOB: 3/14/57

CC: Abdominal Pain

Vital Signs/Vision Testing/Client Demographics:

B/P: 161/94	Pulse: 116	Temp: 99.8 F	Gender: Male
Pain: 8	RR: 28	Weight: 224	Marital Status: Married
Visual Acuity: Glasses	O2 sat: 94%	Height: 5' 11"	Occupation: Electrician
Assistive Devices: No use of assistive devices	Primary Language: English & Spanish	Religion: Catholic	Code Status: Full Code
	Race: Hispanic		

Allergies and Type of reaction: Sulfa (rash, hives); bee stings (difficulty breathing, swelling of throat)

History of present Illness (OLDCART):

Onset: Started at 1 AM, client woke from sleep with extreme pain.
Location: Pain over all four quadrants
Duration: Constant, not relieving
Characteristics: Sharp, extreme pain
Associated manifestations: Nausea, emesis x2
Relieving factors: Client has tried walking and moving around, but movement did not help the pain.
Treatment: No treatment has been sought previous to today's admission.

PMH: Diabetes, hypertension, myocardial infarction.

PSH (Provide dates): Right femur fracture repair (age: 42), Stent placement after myocardial infarction (2013).

MEDICATIONS:

Name: Glucophage	Dose: 1000 mg	Route: PO	Frequency: BID
Last taken: Last night at dinner			
Metoprolol	25 mg	PO	
BID	Last taken this AM		
Aspirin	325 mg	PO	
Daily	Last taken this AM		

FAMILY HISTORY (Maternal and Paternal Side- Mother, Father, Grandparents-Clarify maternal or paternal side, and Siblings):

Father: Congestive heart failure, hyperlipidemia

Mother: Atrial fibrillation, type 2 diabetes

Paternal grandmother: Congestive heart failure, asthma, atrial fibrillation

Paternal grandfather: hyperlipidemia, type 2 diabetes, prostate cancer

Maternal grandmother: hypothyroidism; **Maternal grandfather:** Heart attack at age 37 (deceased).

SOCIAL HISTORY:

Living Arrangements:

Lives with spouse, 3 dogs, and 2 birds.

Tobacco Use:

Smokes half a pack per day; been smoking for 40 years.

Alcohol Use:

Drinks 1-3 beers three times a week.

Recreational Drug Use:

None

Review of Systems (Circle if positive and provide detail):

General	Fatigue, weight changes, fevers, chills, night sweats
Skin	Dryness, rashes, lesions, non-healing sores, hair changes, puritis
HEENT	Headache, head injury, blurry vision, double vision, earache, drainage, change in hearing, nasal congestion, nose bleeds, nasal drainage, dry mouth, sore throat, swallowing difficulty,
Cardiac	Chest pain, palpitations, diaphoresis, dyspnea , PND , Orthopnea, claudication
Respiratory	Wheezing, cough, difficulty breathing , increase in sputum production
Gastrointestinal	Nausea , vomiting , diarrhea, constipation, abdominal pain , heartburn, jaundice, Hematochezia, Melena, Last episode of nausea and/or vomiting if connected with history of present illness: Vomited twice Passing Gas: <u>YES/NO</u> Last bowel movement: 6 days ago
Genitourinary	Hesitancy, frequency, urgency, burning, hematuria, incontinence, flank pain, male urine flow changes , female LMP: _____, Last urination: Last PM before bed Sexually Active: <u>YES/NO</u> Chance of pregnancy: <u>N/A</u>
Musculoskeletal	Swelling, stiffness or soreness in joints, back or neck pain
Neurological	Weakness, numbness, LOC, syncope, dizziness , headache, coordination changes, recent falls

Physical Exam-Objective-10 points per section/TOTAL POINTS=60

****Students must demonstrate items in each section and narrate items that instructor cannot observe****

<p>General: Alert and orient, distress, overall appearance</p> <p>Skin: Inspect for rashes, lesions, color, hair, nails, temperature, turgor, palpate for capillary refill fingers and toes</p>	<p>Cardiac/Peripheral Vascular: Auscultate for presence of S1 and S2, aortic, pulmonic, Erb’s point, tricuspid, mitral Palpate Pulses (bilaterally)- brachial, radial, ulnar, femoral, popliteal, posterior tibial, dorsalis pedis), inspect and palpate for edema bilaterally inspect symmetry of all extremities, test for homan’s sign bilaterally</p>
<p>Head and Neck: Inspect symmetry of head/neck, palpate tracheal deviation, palpate thyroid, palpate carotids, palpate lymph nodes and narrate names as you go- <i>Preauricular, posterior auricular, occipital, tonsillar, submaxillary, submental, anterior or deep cervical chain, supraclavicular</i></p> <p>Eyes: Inspect appearance of lids, sclera and conjunctiva, do PERRLA, do EOM’s</p>	<p>Thorax: Mention symmetry and respiratory effort, auscultate 6 posterior, 4 anterior, auscultate RML</p>

<p>Ears: Inspect external ear, pretend inspection TM bilaterally</p> <p>Nose: Palpate for deviated septum, Pretend inspection of turbinates, polyps, palpate sinuses</p> <p>Throat: Inspect appearance of tonsils, any redness, lesions, exudate, uvula midline, moisture of mouth, dentition</p>	
<p>Abdominal: Inspect abdomen, auscultate for bowel sounds, light palpation, deep palpation, blunt percussion for CVA tenderness</p>	
<p>Musculoskeletal: Student demo on self how to perform flexion & extension of upper extremities; flexion & extension of lower extremities; abduction and adduction of upper and lower extremities; supination and pronation of upper extremities; student narrate/explain how to assess grip strength and strength of lower extremities</p> <p>Neurological: deep tendon reflexes (triceps, brachioradialis, patellar, Achilles, Babinski) point to the area where reflex is tested and demo how one could strike with a reflex hammer (use another object to replace reflex hammer)</p> <p>Student demo on self how to perform Rhombergs</p>	

Lab Test Out #3 Documentation:

General: Good overall appearance, no acute signs of distress, well groomed, dressed appropriately for current

climate. Alert and oriented x3.

Skin: No lesions, rashes, scrapes or bruises present. Temperature warm to the touch, no redness present. Color pink throughout. Hair evenly distributed, no signs of alopecia. No dry skin or seborrhea present.

Head and Neck: No tracheal deviation, lymph nodes and thyroid gland non-palpable, bilaterally. Carotid pulse 2+ bilaterally.

Eyes: PERRLA, sclera is white, conjunctiva is pink and moist, cornea is clear, bilaterally. No drainage present.

Eyes are symmetrical. EOM's intact.

Ears: TM pearly and grey, bilaterally. No discharge present. No signs of inflammation.

Nose: Turbinates moist and pink, no polyps present. Sinuses are nontender. No septal deviation. No discharge present.

Throat: Dentition intact, tonsils are 2+ bilaterally. Uvula is midline, rises and falls symmetrically. Posterior pharynx and tonsils are pink and moist. Buccal mucosa pink and moist. No signs of inflammation present.

Cardiac: Clear S1 and S2 at APETM without gallops, murmurs, or arrhythmias. PMI at 5th intercostal space at MCL.

Thorax/Lungs: Respirations regular and symmetrical. Nonlabored. Lung sounds clear bilaterally without crackles or wheezes.

Abdomen: Soft, nontender. No masses present. No organomegaly present. Bowel sounds are hypoactive throughout. No CVA tenderness.

Extremities: Symmetrical. Pink and dry. 2+ pulses throughout. No edema present on lower extremities, bilaterally. Homans sign negative bilaterally.

Musculoskeletal: Full ROM, grip strength strong. Lower extremity strength 5/5, bilaterally.

Neruological: Deep tendon reflexes present and brisk, bilaterally. Negative Babinski sign. No swaying or shuffling with Romberg test.

Total points: out of 100 points

PASS or FAIL: _____

Instructor comments if applicable:
