

Subjective

- Tremors of hands or feet.
- Complaints of muscle rigidity and weakness.
- Complaints of difficulty swallowing.
- Client voluntarily stops walking.
- Complaints of sleep disturbances.
- Complaints of urinary hesitancy and urgency.

Nursing Diagnosis/Outcomes

- Impaired physical mobility
Outcome: Patient will maintain functional mobility as long as possible.
- Impaired swallowing
Outcome: Patient will be able to ingest an adequate amount of nutrients without the dangers of aspiration.
- Risk for injury
Outcome: Family will be able to

Parkinson's Disease

Objective

- Patient drooling
- Slowed speech
- Monotone voice
- Skin is moist
- Slow movements
- Poor balance
- Mask-like appearance of the face.
- Postural instability.
- Shuffling gait while leaning forward.

History of Present Illness

Parkinson's is more common in men and occurs most frequently later in life. Symptoms may start as a faint tremor in the hands or feet which is reduced when the patient exerts a purposeful movement. Next weakness and rigidity of muscles appears. Then drooling, dysphagia, slow speech, and monotone voice can appear. The patient may

Nursing Interventions

- Teach patient to perform daily exercises that will increase strength.
- Provide warm baths and massage.
- Instruct patient to change positions slowly and to dangle feet off bed for a few minutes before standing.
- Maintain head and any support elevated.
- Place food in the unaffected side of the mouth.
- Provide soft foods that require little chewing.
- Use straws for liquids.
- Instruct family to remove barriers out of walkways including wires and rugs.