

# CLIENT EDUCATION WORKSHEET

1. Why is it important to assess the client's readiness to learn and knowledge of content?

If nurses attempt to teach a client before they are ready or when they are too stressed out, they will not retain the information.

2. What is important in the role of the nurse when educating clients?

Nurses must assess the readiness to learn, be patient with the client, be compassionate, and teach in a way the client can understand.

3. Why is client education important when providing nursing care?

Nurses cannot always be with the client after discharge. It is important that the client and/or family is able to provide effective treatment when they are no longer under the care of a professional.

4. Do all clients learn the same? If no explain

No. Some people are tactile learners, who learn best "hands-on". These patients would benefit from teach-back scenarios and role-play. There are some clients who learn best by reading the information and through pictures. These are "visual learners" and learn through booklets, brochures, and websites. There are also "auditory learners" who need to hear the information. They may learn through podcasts, recordings, or just through being told the information in a meeting.

5. What are some barriers for client education?

Some clients do not speak English as a primary language. Some may not be good at reading. There are some clients who may not have the education to understand complex words that are sometimes used in the medical field.

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6. Which of the following is NOT a major health topic nurses educate clients about?

- A. Coping
- B. Health restoration
- C. Preventing injury and disease
- D. Health promotion
- E. All of these answers are major health topics nurses educate clients about.

7. If a patient asks a question that is beyond the scope of your practice, the best response would be to:

- a. Make your best guess based on what you know.
- b. Tell the patient that you will find them the correct answer
- c. Change the subject.
- d. Give them a book on the subject.

8. The nurse is educating a new diabetic, who else should the nurse consult?

- A. No one the nurse can complete education
- B. Dietician/Nutritionist
- C. Another person working who has diabetes
- D. Diabetic Educator

E. B & D

9. Should education happen for all clients? If yes explain

Yes. All clients are dealing with something. They are entrusting their care to the "experts". When they go home, the need to be as equipped as possible with information. At the very, very least, they need to be educated on when to seek help again. Other education involves disease processes, medications, diet, illness prevention, and mental health, among many more topics.

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