CLIENT EDUCATION WORKSHEET

1. Why is it important to assess the client's readiness to learn and knowledge of content?

It's important to assess the client's readiness to learn and knowledge because if they are not ready then they will not learn effectively or not at all. They will not retain the information. If they are experiencing fatigue, confusion, physiological or physical changes can impair a client's readiness to learn.

2. What is important in the role of the nurse when educating clients?

It is important to have the client teach back whatever they are being taught. This strategy allows the nurse to asses where the client is in their learning. Education starts upon admission and until discharge.

3. Why is client education important when providing nursing care?

Client education is important during nursing care because it allows the client and nurse to build a trusting relationship. It helps them understand their condition and what they need to do to prevent future hospital stays.

4. Do all clients learn the same? If no explain

No. The clients will all learn differently. Some clients will be hands on, others will learn visually or through auditory.

5. What are some barriers for client education?

- Literacy
- Language
- Culture
- Physiological challenges
- Fear
- Pain

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6. Which of the following is NOT a major health topic nurses educate clients about?

A. Coping

B. Health restoration

C. Preventing injury and disease

D. Health promotion

E. All of these answers are major health topics nurses educate clients about.

7. If a patient asks a question that is beyond the scope of your practice, the best response would be to:

a. Make your best guess based on what you know.

b. Tell the patient that you will find them the correct answer

c. Change the subject.

d. Give them a book on the subject.

8. The nurse is education a new diabetic, who else should the nurse consult?

A. No one the nurse can complete education

B. Dietician/Nutritionist

C. Another person working who has diabetes

D. Diabetic Educator

E. B & D

9. Should education happen for all clients? If yes explain

Yes. Education is essential for all clients during nursing care. This will allow the nurse to build a trusting relationship with the patient and help teach the client about their conditions. Client education is important for all clients to help them have a quality and healthy life.

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