

# CLIENT EDUCATION WORKSHEET

1. Why is it important to assess the client's readiness to learn and knowledge of content?

To determine what level the client is at so the nurse may adjust teaching accordingly. It is important to assess these so the nurse can properly teach the client.

2. What is important in the role of the nurse when educating clients?

To build rapport with the patient and to communicate at the client's level of intelligence.

3. Why is client education important when providing nursing care?

Client education is important because the nurse wants to make sure the client understands their role in caring for themselves whenever they are out of the hospital or clinic.

4. Do all clients learn the same? If no explain

No. Some clients are visual learners. Some clients learn better being able to teach back to the nurse what was taught. Some clients need information provided in another language, etc.

5. What are some barriers for client education?

Anything that affects physical or psychological comfort such as pain, fatigue, anxiety, or fear. Other barriers are language, sight, hearing.

6. Which of the following is NOT a major health topic nurses educate clients about?

A. Coping

B. Health restoration

C. Preventing injury and disease

D. Health promotion

E. All of these answers are major health topics nurses educate clients about.

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7. If a patient asks a question that is beyond the scope of your practice, the best response would be to:

- a. Make your best guess based on what you know.
- b. Tell the patient that you will find them the correct answer**
- c. Change the subject.
- d. Give them a book on the subject.

8. The nurse is educating a new diabetic, who else should the nurse consult?

- A. No one the nurse can complete education
- B. Dietician/Nutritionist
- C. Another person working who has diabetes
- D. Diabetic Educator

**E. B & D**

9. Should education happen for all clients? If yes explain

Yes so the client understands treatment and proper way to care for condition. If client is unable to obtain information make sure family or friends have info so they can relay it to the client when they are able to learn.