

Independent Writing

I am really interested in the NICU and that was the only unit I ever wanted to work on at first. I have recently be open to other opportunities like the ED and the ICU for adults. I think I work well in high stress environments and I can keep my composure while working. I'm glad I am not just set on one unit because I want to have different experiences before I eventually settle down. I was thinking about doing travel nursing after I get some experience because I want to see other cities. Going through nursing school, I have worked on my skills and in clinical, I've done things that I never thought I would do. I still have a long way to go and a lot to learn but I'm really excited because I have so many options. According to Hofler and Thomas (2016), some of the challenges that new graduate nurses face include an increasing number of patients with complex conditions, lack of access to experienced mentors and coaches, performance anxiety, and bullying. I can understand these challenges because I have experienced some already. In the next few years, I would like to get more experience and hopefully be working as a travel nurse. As a nursing professional, I would like to gain experience in multiple areas.

Reference

Hofler, L., & Thomas, K. (2016). Transition of New Graduate Nurses to the Workforce:

Challenges and Solutions in the Changing Health Care Environment. *North Carolina*

Medical Journal, 77(2), 133–136. doi: 10.18043/ncm.77.2.133