

## NUR 323: MILIEU ASSESSMENT

### Clinical Area Assessment Tool for Milieu Project

**Agency:** The Pavilion

**Unit:** Adult East

**Date of Assessment:** 3/11/2020

**Students:** José Irizarry

**Milieu Assessment:** Upon entering the facility, the group had to sign in at the front desk. We were led down a series of hallways by our instructor. The hallways were dim and calm; the colors were of a brown base that gave it a neutral feeling. The walls were bare except for faculty information on bulletin boards and simple pictures on the walls. The staff was very friendly, helpful, and informative and maintained the facility in order and clean. The group room that we were observing was the same scheme as the facility. It was small and very congested. Some of the clients expressed the issue but others did not voice their concern.

**Physical Layout: Lighting, color, décor:** The facility is well lit, neutrally colored with a few landscape pictures on the walls. The tables and chairs were all made of plastic. The entrance to the and exits were key locked with staff only having access.

**Pace, activity level:** The activity level of the facility seemed to be very well controlled. The staff was very relaxed and calm and were aware of their role in the unit.

**Emotional atmosphere:** The atmosphere was not stimulating in any way. The atmosphere for the most part was quiet until the teenagers gather for their group meetings and started to socialize. The adults were calmer and most of them seemed to be focused on getting better.

**Factors that are contributing to the emotional atmosphere:** Music, games, group activities, and the faculties character.

**Typical clients who use this service:** The typical client had some type of mental or behavior issue R/T drug abuse, physical abuse, self-harm and rehabilitation. About 90% of the clients had a history of violence and 95% of them came from violent situations.

**Age: (average and range)** The average range was approximately 18 yo – 60 yo. The average was approximately 30 yo.

**Gender:** Mostly men with a 4/12 being females.

**Cultures:** The main culture in the facility is Caucasian and African American.

**Socioeconomic status:** The average socioeconomic state were mainly clients from, foster care, adoptive situations and or family abuse/neglect; in the adult unit it was mostly lower end of the income spectrum.

**Education level:** The average was middle school all the to college degree level.

**Reading ability:** All but two clients had normal reading abilities. Many of the clients demonstrated an average to good ability to read.

**Communication ability:** All the client's communicated well for the exception of a few that either did not communicate at all or just did not want to participate in the group activity.

**Reasons for using this agency/service?** The facility offers services for many situations. Some examples are for treatment of depression, anxiety, suicidal ideations, and substance abuse recovery.

**What could a nurse do to improve the milieu today on this unit? (Use extra pages if necessary)**

To improve the milieu today in the unit, I would suggest possibly having more ventilation in the room where group meetings are conducted. The room tends to get very stuffy and personal hygiene is not practice from all the clients. I think that having a clean feeling environment goes a long way when creating a more relaxing atmosphere. The calmer the client can be the more likely they will be able to focus on their improvement.

**What needs are being focused on by the staff? (Physical, vocational, social, spiritual, emotional, etc.)**

The needs that are being focused on by the staff are social and emotional. With social need, the staff are trying to show them ways to cope with difficult situations that they have had to deal with or ones that will arise once they are complete with their treatment. In emotional need, the staff is very open and shows the that they care about them as individuals and they want them to succeed and improve. They also educate them on emotions and why they might have the reactions they do in correlation with their emotions.

Honor Code: "I have neither given nor receive, nor will I tolerate others' use of unauthorized aid".

Signature \_\_\_\_\_ Jose Irizarry \_\_\_\_\_ Date: \_\_\_\_\_ 3  
April 2020 \_\_\_\_\_

**Instructor Comments:**