

<p><u>Subjective data</u></p> <ul style="list-style-type: none"> - "Shortness of breath" and "cough" as chief complaint - Patient states that his activity level decreased due to his worsening shortness of breath - Rest periods and PRN supplemental oxygen of 2L - Not a smoker 	<p><u>Nursing diagnosis / outcomes</u></p> <ul style="list-style-type: none"> - Ineffective breathing pattern related to ineffective inspiration and expiration occurring with chronic airflow limitations as evidence by COPD exacerbation Outcome: Following treatment and intervention, the patient's breathing pattern improves as evidence by a report of reduction / absence of SOB - Impaired gas exchange related to O_2 Outcome: This diagnostic goal's outcome is to assess for hypoxia and keep patient's O_2 levels above 92%
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<p><u>Objective data</u></p> <ul style="list-style-type: none"> - wheezes and diminished breath sounds present anteriorly and posteriorly - O_2 therapy 2L/min via NC - decrease in Na and K - Increase in Creatinine levels - ABGs showed respiratory acidosis - Patient was not febrile during my shift 	<ul style="list-style-type: none"> • Activity Intolerance Outcome: Upon discharge, the patient can report a decrease in his report of dyspnea during activity • Imbalanced Nutrition: less than body requirements Outcome: The patient responded well to diet and fluid intake education
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<p><u>Patient Information</u></p> <p>K.K. is a 72-year-old African American male with a history of hypertension, atrial fibrillation, hyperlipidemia and COPD. His past surgical history includes an appendectomy in 1995. Patient does not smoke tobacco products</p>	<p><u>Nursing Interventions</u></p> <ul style="list-style-type: none"> - assess respiratory status Q2-4H - Admin. bronchodilator therapy - Assess S/S of hypoxia - Monitor O_2 pulse oximetry - Monitor the patient's respiratory response to activity - Allow 90 minute rest periods - Assess food / fluid intake - Discuss w/ patient the importance of good nutrition in treatment of COPD.
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