

N441 Clinical Reflective Journal

Reflect and write about the following questions for this week's google hang outs discussion.

What is the most important thing I learned?

The most important things I learned was that there is a response to the COVID_19 pandemic and many people in America are working hard to help with it. They are trying to mass produce PPE or find ways how to recycle the old ones, there are new projects about RapidVent that give us some hope. I think the government is trying really hard to mobilize all necessary people so that we can beat this virus ASAP.

What contributions did I make to the discussion?

Talking about COVID-19 in general, sharing experience from work and my personal opinions.

I did feel comfortable contributing to the discussion.

What part of the discussion do you see yourself using throughout your nursing career and how?

We talked a lot about the situation about COVID-19. I found it helpful to talk about these things and how the situation is affecting our lives today.

What frustrations are you experiencing with the changes in your clinical experience?

I really miss clinicals. I was very excited about having clinicals on the ICU and in the ER since I have been working in the ER for several years and I would love to see the experience from the nurse's perspective. I also have accepted an ICU position and I have never worked in this unit so I really wanted to get some insight before starting working there. We have had way too much schoolwork in the past couple weeks and being locked inside my house on my computer is really increasing my anxiety. I wish I could go outside and also spend time with my children. I am not even able to cook lunch and dinner for them because I either have classes or homework. They do not go to daycare or school right now so I am also responsible for their schoolwork to get done, but I am unable to supervise them efficiently. Their dad is currently working on the new RapidVent project with the U of I and Carle so he is very essential. Their work will hopefully save lives of many people.

Thanks for sharing!