

Depression 7/10

Anxious 4/10

Has flashback military nightmares

Back pain 8/10

Frequent use of drugs and alcohol

Smokes 1.5 packs per day

Childhood emotional abuse

Increased anxiety

Decrease anxiety level to improve daily living

Client is in denial that drugs and alcohol have a negative impact on his life

Before discharge, the patient will acknowledge that his drinking and drug use is out of control and his life has become difficult to manage

Subjective Data

N 1 36

Diagnosed with Hep C

95% o2 on room air

Missing teeth, scroungy appearance

White male age 63

193 cm 90.9 kg

Homeless

Depressed, anxious,

suicidal

Smoker

Drug user

Make a list of what works to decrease anxiety level

Provide information about anxiety support groups.

Develop a support system with friends and group activities.

Provide resources in the community to assist with recovery. (NA, NA)

Develop a plan with coping mechanisms to help when faced with temptation to abuse substances.

Help develop a support system for RR when he feels hopeless and alone.