

N431 Adult Health II  
TEACHING PLAN

Student Name: Whitney Evans

Nursing Diagnosis: Risk for ineffective gas exchange R/T atelectasis AEB decreased O<sub>2</sub> sat & cyanosis

Subject: Incentive Spirometry Post Appendectomy

Relevant Assessment Data (see instructions)	Patient Outcomes (see instructions re: 3 domains of learning)	Teaching Outline (be specific and use a logical sequence)	Teaching Tools (see instructions)	Evaluation (see instructions)
<ul style="list-style-type: none"> <li>The client has no prior knowledge of an incentive spirometer</li> <li>The client is motivated to learn</li> <li>The client is adjusting well to post-operative care</li> <li>The client has been compliant with all past medical treatments</li> <li>The client has no learning deficits and is of average intelligence for his age</li> </ul>	<p><u>Cognitive</u></p> <ul style="list-style-type: none"> <li>the client will understand why incentive spirometry is so important after a surgery</li> </ul> <p><u>Affective</u></p> <ul style="list-style-type: none"> <li>the client will be willing to cooperate and be compliant with the 10 x/hour order</li> </ul> <p><u>Psychomotor</u></p> <ul style="list-style-type: none"> <li>the client will demonstrate proper use of the incentive spirometer</li> </ul>	<ul style="list-style-type: none"> <li>Introductions</li> <li>What is incentive spirometry</li> <li>Why is it indicated for this client</li> <li>Proper techniques &amp; parts of the incentive spirometer</li> <li>Have the client ask any questions and clarify</li> <li>Have the client demonstrate proper use of incentive spirometer</li> </ul>	<ul style="list-style-type: none"> <li>Discussion of what incentive spirometry is and why it was ordered.</li> <li>Diagram of equipment parts</li> <li>Explanation of what patient will do &amp; watch patient demonstrate</li> </ul>	<ul style="list-style-type: none"> <li>Having the equipment would have helped so I could show him the actual incentive spirometer, but overall I believe the expected outcome was achieved.</li> <li>Recording this with my fiancé made me more nervous than I would be with patients in the clinical setting!</li> </ul>

Reference(s): Hinkle, J. L., & Cheever, K. H. (2018). Brunner & Suddarth's textbook of medical-surgical nursing (14<sup>th</sup> edition). Wolters Kluwer.