

Nursing Philosophy APA Paper

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N314: Introduction to Professional Nursing

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March 25, 2020

“I have neither given nor receive, nor will I tolerate others’ use of unauthorized aid”.

Nursing Philosophy N314

In this paper I will be talking about the nursing metaparadigm. A breakdown of the components of the nursing metaparadigm, which there is four of them. Discuss my beliefs on what a professional nurse consists of. My personal values and beliefs that would impact my nursing practice. I will be answering the question: Where do you want to be in your career in the year 2025?

What is a nursing Metaparadigm? The definition of a nursing metaparadigm is, "a recognizable pattern or model that provides a foundation for a particular discipline used as an overarching framework to describe key organizing concepts related to the field." (Hood, 2018, pg. 132). When you break down the word metaparadigm, it comes from Greek. When the word is fully broken down, meta from Greek it means, "more comprehensive or transcending." (Hood, 2018, pg. 132). Paradigm in Greek means, "an overall concept accepted by most people in an intellectual community." (Hood, 2018, pg. 133). Metaparadigm looks at the bigger picture rather than focusing on the individuals themselves.

Next, I will be discussing a breakdown of the four components of the metaparadigm of nursing. What are the four metaparadigm components of nursing? "The four main components of the nursing metaparadigm are person, health, nursing, and environment." (*Four Basic Metaparadigm Concepts in Nursing*, 2018). When it comes to the personal aspect of the metaparadigm, this component looks at a person's family, their spiritual needs, social needs, overall health to whom the person is as an individual. (*Four Basic Metaparadigm Concepts in Nursing*, 2018). For the health aspect, it covers the person's lifespan, genetics, emotional state, theses cover the person's overall state of well-being. (*Four Basic Metaparadigm*

Concepts in Nursing, 2018). Nursing component of the metaparadigm includes the overall delivery of health outcomes for the patient, to keep the patient safe and in a caring environment. The nurse applies their knowledge to give the best adequate care they may give to the patient with the best of their ability. (*Four Basic Metaparadigm Concepts in Nursing, 2018*). Finally, the environmental component focuses on the surroundings that may affect the patient and their health. (*Four Basic Metaparadigm Concepts in Nursing, 2018*) The surroundings a patient may be involved in could influence their health or the way they live their life putting their life at jeopardy. To most people these are the four most essential needs to stay healthy, prosperous, and live a long life.

When it comes to a person becoming a professional nurse, I believe that person should be compassionate, have integrity, be respectful, hard-working, and give everything they must give another person the best possible care to their ability. If a nurse does not have more than one of these characteristics, then they do not deserve to be a nurse. To me, a nurse's needs are to be put last when it comes to her patients. A patient is the number one priority, they get all the attention when they are in the care of a nurse. As a nurse, they should put their beliefs and personal values in the back of their minds when they are caring for another person who does not believe in the same values as they do. For some people it may be hard to put their own values and beliefs in the back of their mind when someone does not have the same viewpoint as them. For me, I do not have really any beliefs or values that would get in the way of my career as a nurse. It is not my place to judge someone else for a decision they would like to make about their care in the healthcare field. Once, I am on the clock at work I put myself in the background and put my patients before me regardless of what my needs are.

Honestly, I am a very easy-going person when it comes to values and beliefs, I put myself in another person shoes, instead of judging them for their values and beliefs on the situation.

Where do I see myself in 2025? In 2025, I see myself in either the hospital setting on the labor and delivery floor or as an agency nurse traveling around to different nursing homes or hospitals that need the help. I prefer to be on the labor and delivery floor helping new moms or returning moms give birth to their gift. I have always had a passion for the delivery floor because of the babies and moms that need a support system if they do not have one of their own. I do not like to see anyone doing something such as giving birth doing it by themselves, when they need that support to help them get through it. Just as I am a mom of soon to be three beautiful angels, I need that support system to push me through to the end and help through that first rough night of being a new mom again. That is where I see myself in 2025.

Through the years, nursing as not changed as in the care they give to a patient but has greatly developed to keep up the world as it continues to develop and keep involving through the years. When it comes to the patient the way a nurse cares for them has not changed but has evolved. As a professional nurse, the nurse must have her heart and mind set to the patient and not to herself when it comes to great patient care. As the nurse finds herself within her field, she will gain more knowledge than she thought she may gain within the field, but when it comes to the values and beliefs those are categories as a nurse that are set and will not change. She grew up with those beliefs and values and that will not change. As for 2025, I see it as a very good year, that I will grow and develop as a nurse and learn more than I could ever imagine in my career. As a nurse, I hope to have a big impact on

people and other employees when I advance in my career and further myself as a person.

References:

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