

Nursing Philosophy

Hannah Bierman

Lakeview College of Nursing

N314: Introduction to Professional Nursing

Brittany Lawson, MSN, RN, CMAC

March 25, 2020

“I have neither given nor receive, nor will I tolerate others use of unauthorized aid”.

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The Nursing Metaparadigm may be defined as a recognizable pattern or model that provides a foundation for a particular discipline used as an overarching framework to describe key organizing concepts related to the field. (Hood, 2018, p. 132). So, I think that a nursing metaparadigm are the concepts that are used when nurses are trying to be treating patients or helping them through their diagnosis. A nursing metaparadigm has a very comprehensive concept of the nursing field. It explains each part of the nursing field so that one would understand.

There are four key concepts that go into metaparadigm. "Human being (recipients of nursing care), Environment (physical and social), health (a process or state), and nursing (goals, roles, and functions)." (Hood, 2018, p. 132).

"Metaparadigm concepts comprise the central issues in a discipline." (Nikfarid et al.).

The Human being concept is the metaparadigm is how the personal system of a patient interacts with the interpersonal and the social systems. The environment is a context within the human meaning how they grow, develop, and perform daily tasks. Health is another part of the metaparadigm which is what the human experiences throughout their life and how it affects them internally and externally. The fourth concept is nursing, and it is how the person interacts throughout their daily live and everything that they do.

My personal beliefs on what it is to be a professional nurse is all the hard things that one has to accomplish and do throughout their career. Especially what is going on right now with the COVID-19 virus, nurses are not just staying home like everyone one else they have to go to work to take care of those that are sick even through a pandemic. I think that nurses are the strongest people that anyone will

every meet because of all the hardships that one has to overcome throughout their nursing career. Nurses may be scared when they see things at work, but they still go into the danger to help whoever they can instead of running away from it.

A personal belief that will impact my nursing practice would be that I am catholic. Having a patient that would come in seeking an abortion would be a very hard thing for me because my belief is that you should never abort a baby. There are always many options that one could do instead of aborting their child like adoption. Another Bias that I have that might affect my nursing practice would be taking care of people that are in prison because I would not want to know to know what they have done because it could affect the care that I give the patient.

In the year 2025 I would like to be going back to school to get my nurse practitioner license. So that I could continue my education and learning more throughout my career as a nurse. I Would like to have specialized in Neonatal and learn everything that I can so that I am the best nurse that I can be. I hope that I love my job and can continue to try new things in my career to enjoy the many things that a nurse can do throughout one's career.

References

- Nikfarid, Lida, et al. "The Main Nursing Metaparadigm Concepts in Human Caring Theory and Persian Mysticism: A Comparative Study." *Journal of Medical Ethics and History of Medicine*, vol. 11, 2018, p.6, www.ncbi.nlm.nih.gov/pmc/articles/PMC6150916/.
- Hood, L. J. (2018). *Leddy & pepper's professional nursing* (9th ed.). Wolters Kluwer.