

## **Sigma Nurse Manager Modules**

**2 total hours**

## **Facilitating Staff Development**

**1 hr**

### **Work through each aspect of the module**

In a Paragraph Form do the following activities

Activity #1- Pick two patient populations that are common in your area. For each of the populations, briefly answer the Patient Population Consideration questions.

Pregnancy ---Education options and questions based on prenatal care, adequate prenatal care, lamaze classes or medical card information. Also the prevention aspects of pregnancy and after to prevent a second pregnancy. Such as options for birth control and education to apply birth control products properly

Eldery --Educational aspects including home care, proper medication admin, transportation to medical care, questions concerning the ability to care for themselves or their loved one, questions related to DNR status and end of life decisions

Activity #2 - Research some professional nursing and leadership organizations. Describe two organizations that you would be interested in joining. How would a membership in these organizations help you on your leadership journey?

American Association for Respiratory Care (AARC) -I think this organization would be helpful especially considering the current events in the community. Education, resources , careers, and news are just a few of the topics that this website and organization provides to professionals. The lungs are so important to life. I think continued education in this field of respiratory medicine could be beneficial to our everyday nursing practice. (<https://www.aarc.org>)

American Association of Neuroscience Nurses -This organization lists events such as stroke conference, pediatric neuroscience conference, and neuroscience nursing certification information. I think neuroscience is an interesting field. Strokes are common coming into the ED it would be good

to stay up to date on news and information related to neuroscience. News and new research seems to be growing in various fields. I have found a love for research and finding those new innovative ways to help my patients. ([aann.org/education/abnn-certification](http://aann.org/education/abnn-certification))