

## **Vulnerable Populations**

Hannah Bierman

Lakeview College of Nursing

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Brittany Lawson, MSN, RN, CMAC

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“I have neither given nor receive, nor will I tolerate others’ use of unauthorized aid”.

### **Vulnerable Population**

I think that cultural competence is when one fully understands a culture and is aware of everything that happens and what they do within that culture. Culture competence is important in nursing care because when someone comes in from a different culture, we want to make sure that they feel comfortable and that the nurse does not do something to them that is against their beliefs. Nurses want to make them feel as comfortable as possible even if they cannot do their rituals because of their treatment the nurse could find a way to do something for the patient. To be positive with one's culture so that they do not feel unwelcome or out of place. One should also be aware of their own biases so that they know what they are and are not pushing them onto others of a different culture.

Also having communication strategies for people of different cultures so that there is no barrier between the nurse and the patient. "Also, to know how one communicates through their culture if it is verbal or nonverbal." (Hood, 2018). One should also try to interact with people from a different culture even if it feels uncomfortable. One should never assume things about others based on what they look or dress like. The vulnerable population that I will talk about is the homeless/impooverished population." Homeless people are a diverse and varied group in terms of age, ethnicity, family circumstances, and health problems." (People, 1988)

The Homeless sometimes cannot find a shelter to stay at or they are overcrowded so then they leave. So, most of the time homeless people do not get a full night's rest. There are many reasons for a person to be homeless. "To be able to get any societal privileges one has to have a permanent address." (Hood, 2018). Being able to access healthcare is very difficult for the homeless because they cannot afford to pay the bills that come with it. "Most homeless people do not know about some of

the local programs and service that they can go to get things looked at and other things.” (Hood,2018).

I do not think that I have any judgement on the homeless other than sometimes I do not know who is actual homeless and who isn't. Some people take advantage of it to just take peoples money. But then others are actually homeless but I'm never sure when they are actual homeless, or they just want to make extra money and not have to work for it.

My feeling toward caring for someone who is homeless/impoverished is that I feel sorry for them because I think that no one should have to live like that. But I don't think they should get treated any different because they are homeless, I think that they should get the same care as everyone else does. But I would also worry about how they would be able to pay for it and if they will be able to get the medicine that they need. Or to make sure that they keep themselves clean if they have a cut so that is wouldn't get infected and that would be hard for a homeless person because sometimes, they have to sleep on the streets because shelters are too full.

### References

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