

Journal 8

What have I learned this week about myself as a learner? I learned a lot about picc lines this week. It was nice to learn how to access it. The nice part is the patient doesn't have to endure an IV stick. This particular patient was receiving chemo for lung cancer. I understand why that is especially helpful when they have multiple treatments and possibly hospitalizations.

What were my highest emotional moments in my learning activities this week? The business meeting was interesting learning about the Corona virus. The meetings are helpful because you realize just how important awareness is and how essential it is for the hospital to be proactive with their response and precautions. The level of information gave us an inside look to how people are preparing for this type of an outbreak.

What were my lowest emotional moments in my learning activities this week? My lowest emotional moment was the exams. Some of the exams were difficult. I think it is helpful to go over the exams so we can understand what we did wrong and try to correct it. I feel like it will also help us better prepare for the NCLEX.

A cultural aspect of the week? The ED had difficulties understanding some of the African American clients. Sometimes the patients seemed a little embarrassed about their illness or had difficulty expressing their level of pain. It was nice to see the nurse ask different levels of questions to adjust the assessment to understand the patient better. I think as nurses we will all have to change our interviewing skills if needed to help the patient communicate their health issues to help find a resolution to their problem.

A review of this weeks sigma nurse management certification--Management plays a huge part in recruitment, retention, and monitoring staff and the quality of care. Legal documentation is essential to follow compliance needed to remain a healthcare business. I really see now just from going to OSF and the meetings to the SIGMA information is very relatable to care and following a structured program that best fits the facility. This clinical has really been the best one for me I have learned so many different things being in the ED and for that I am grateful.