

## NUR 323: MILIEU ASSESSMENT

### Clinical Area Assessment Tool for Milieu Project

Agency: OSF-Urbana HMMC

Unit : 5E – Behavioral Health

Date of Assessment: February 24, 2020

Student: Ana Punsalan

Milieu Assessment

The behavioral health unit of OSF-Urbana HMMC provides patients' optimal safety and healing. It also provides nurses with a healing environment in which to practice, letting them care for themselves and help and support one another to practice together well. There are engagement and support concerning patients' care, patients' family and friends, other health professionals, and assistive personnel. This unit highlights that patient care areas in the hospitals are first and foremost a 24/7 department of professional nurses and are properly nurse-led.

Physical Layout

- Main door entrance remains locked, with button to open at nurse's station.
- Front desk gives privacy to the nurses from patients and visitors.
- Patient boundary line at nurse's station.
- Empty long hallway with rooms on each side.
- Patient rooms are remained open.
- Patient bathroom doors have a cutout opening at the top for easy communication for nurse and patient.
- Group room and lounge have wide windows to allow nurses to keep an eye on the patients from the hallway.
- Secured windows in every room.
- Housekeeping closet is remained locked.

Lighting, color, décor

- Hallway lights are dim.
- Minimalist interior
- Group room and lounge have an open space with bright lights, large tables, wide comfortable seats, light blue pastel walls, and secured television sets.
- The hallway has a neutral color with some mural paintings.
- There's a big white board in the hallway with the daily schedule and a list of RNs who are working.

Pace, activity level:

- Relaxed
- Mellow
- Laid back
- Easygoing

Emotional atmosphere

- Calm and peaceful
- Optimistic
- Some cheerfulness and silliness

Factors that are contributing to the emotional atmosphere:

- The environment the patients are in.
- Patients who are newly admitted and patients who are discharged.
- Visitors
- Nursing Students
- Employees
- Daily activities

**Typical clients who use this service:**

Age: (average and range) Average: 42 Range: 18-59

Gender: 

- 4 Females
- 7 Males

Cultures 

- 3 African American Males
- 4 Caucasian Males
- 4 Caucasian Females

Socioeconomic status: Low-socioeconomic status Education level: High school – college level

Reading ability: High school – college level

Communication ability: 

- Some patients are candid about their thoughts and feelings.
- Some patients have inhibitions.

Reasons for using this agency/service? 

- Suicidal
- Psychotic disorder
- Bipolar disorder

What could a nurse do to improve the milieu today on this unit? (Use extra pages if necessary)

- Giving patients rubber slide slippers to walk around with instead of just the no fall socks.
- More age-related activities and games.
- More one-on-one time with the patients.

What needs are being focused on by the staff? (Physical, vocational, social, spiritual, emotional, etc.)

- Physical – Full physical examination on patient admission, checking patient vitals daily, and rounding every 15 minutes to check and observe patient activity and whereabouts.
- Vocational – Patients’ executive functioning skills (organizing, prioritizing, time management, and regulating emotions) and patients’ social and communication skills.
- Social – Most patients eat breakfast, lunch, and dinner in the group room and lounge. There are also groups that patients attend to daily: community group, spiritual group, and wrap-up group.
- Spiritual – A pastor comes in and interact with the patients during spiritual group.
- Emotional – Patients have reflective journals where they can write or draw anything they are feeling.

Honor Code: "I have neither given nor receive, nor will I tolerate others' use of unauthorized aid".

Signature: Ana Punsalan Date: February 29, 2020

**Instructor Comments:**

