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I went to the youth unit for the first clinical. The first thing I noticed was that there was a schedule up for the whole day on the wall. I got there and waited for a DBT group to start, but it never did. The group leader let the girls watch music videos on Youtube. She took turns asking different girls in the room to pick a different video when one would go off. **I am interested in seeing a group session led by a good leader.** On the schedule, there was time for recreation, and it looked like time for the girls to do what they wanted; however, **I do not think that it is conducive for the type of facility they are in to skip too many group sessions. Some of my misconceptions about mental health, especially adolescents, are that they are attention-seeking sometimes and do not have a mental illness.** There was a girl in the room that was very outspoken, and she reminded me of people I have grown up around. **I read her chart, and it further led me to believe that maybe what she needed was just counseling to help her figure out appropriate coping methods.** According to her paperwork, she thinks she needs medications. I don't feel that pharmacological approaches are always the answer to everybody's situation.