

NUR 323: MILIEU ASSESSMENT

Clinical Area Assessment Tool for Milieu Project

Agency: HMMC OSF

Unit : Behavioral Health

Date of Assessment: 02/24/2020

Student: Hannah Winn

Milieu Assessment: The unit has one long hallway with rooms on each side of the walls. Each room has one bathroom and two beds. There are two group rooms and two shower rooms. The nurse's station is located in the middle of the hallway, which is easily accessible for the patients. There are multiple beautiful paintings on the walls, which makes me think of guided imagery for these patients. The lighting is dim in the hallways and bright in the group rooms. The group rooms have calming blue walls, and the hallway and bedrooms are an off-white/cream color. The pace of tonight's shift seems calm and slow and had very mild to no activity level. The patients all had open but suppressed emotions during the group session. Most people had met their goal but didn't seem to recognize that it is a good sign towards recovery. I think the factors contributing to the emotional atmosphere may have been the weather that day. it

Physical Layout: One long hallway with rooms on each side. Bedrooms include one bathroom and two beds. There are two group rooms and two shower rooms. Nurses station sits in the

Lighting, color, décor: Cream colored walls and dim lighting in rooms and hallways, bright lighting and calming blue walls in group rooms. Multiple paintings to look at.

Pace & activity level: Calm/slow, mild to no activity level.

Emotional atmosphere: Open emotions in the group session. Some were new admits so their responses were more suppressed than others.

Factors that are contributing to the emotional atmosphere: Possibly the weather that day (rainy, gloomy) and I think that 8 student nurses attending the group session kind of threw some of the clients off. Bigger audience than they are used to having.

Typical clients who use this service:

Age: (average and range) 18-59. Mostly middle aged patients.

Gender: Mostly males, 4

Cultures: Caucasian/African American

Socioeconomic status: Middle class/minimum Education level: GED/H.S. diploma/Associates Degree

Reading ability: High school/college level Communication ability: No speech deficits.

Reasons for using this agency/service? Bipolar disorder, psychosis, depression, anxiety.

What could a nurse do to improve the milieu today on this unit? (Use extra pages if necessary)

Encourage everyone to become more social with each other, include more one on one time with patients. One client said he doesn't like that they can only wear socks on the unit, he prefers at least slippers to wear

What needs are being focused on by the staff? (Physical, vocational, social, spiritual, emotional, etc.)

- Nutritional needs
- Emotional awareness in group sessions
- Rooms checks for patient safety
- Expressing sociality by allowing group room time
- Sharing goals and accomplishments as a form of positive self-reflection