

## N433 – Active Learning for School Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the School Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar and spelling as well as APA format for references.** Your score will be based on this rubric. You must receive 77% in order to pass this clinical assignment.

1. How does this clinical site relate to the course?

Southwest Elementary School related to this course in multiple ways. Southwest Elementary has students from grades pre-kindergarten to fourth grade. I was able to see the developmental differences in students that came in to see the nurse, Carrie High. I was also able to understand why certain students were coming in with specific injuries. An example includes a pre-kindergarten student coming in with a bump on his head due to the fact he is still growing into his body and is still a little top-heavy.

2. How were you an engaged nursing professional today?

I was engaged by listening to the students and observing how Carrie High interacted with them. She currently has one diabetic student that comes in multiple times a day, and I greatly appreciated the level of trust the student had with Carrie. Carrie informed me he was a transfer student as a third grader and had zero knowledge of his type 1 diabetes. Now, as a fourth-grader, I would have never known that within just a year, Carrie had taught him so much.

3. How did you contribute to the service provided by the school nurse today?

I helped to get ice packs for a few students that needed it. Otherwise, I observed Carrie take a few temperatures and interact with her diabetic patient.

4. Name **3** ways this clinical site impacts Pediatric health?

Southwest Elementary impacts pediatric health by preparing young individuals how to take charge and control of their health, providing proper nutrition not only on school days but for the weekends when some students may need it most, and lastly, by simply listening to the concerns of the students and addressing them.

5. What are the health risks of the population served during today's clinical based on your observations today?

Some possible health risks include imbalanced nutrition and deficient knowledge.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

Imbalanced Nutrition

Nursing diagnosis- Imbalanced nutrition: less than body requirements related to inability to procure adequate amounts of food as evidenced by the student being underweight (Swearingen).

Measurable goal- Student begins to consume adequate amounts of calories/nutrients at school.

Nursing interventions-

- Take a nutritional history
- Take baseline weight and BMI
- Evaluate the environment in which eating happens

7. How will your experience during the School Nurse job shadowing impact your Nursing practice?

It gave me insight into what a school nurse does. From screening services and immunizations to working with children with chronic and acute health conditions, I now understand that school nurses play a vital role in the development and overall health of children.

Reference

Swearingen, Pamela L. Elsevier. *"All-in-one Nursing Care Planning Resource"* 2016 Mobsy an imprint of Elsevier.

**N433 Grading Rubric Nurse Shadowing Clinical Paper**  
**50 Total Points Possible**

CRITERION	POOR	FAIR	GOOD
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<p><b>-Concise and Complete</b></p> <p><i>Total Weight- 5 points</i></p>	<p>- Content is incomplete. - Major points are not clear and /or persuasive</p> <p><b>Weight-1 point</b></p>	<p>- Content is not comprehensive and /or persuasive. - Major points are addressed, but not well supported. - Research is inadequate or does not address course concepts.</p> <p><b>Weight- 3 points</b></p>	<p>- Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear.</p> <p><b>Weight- 5 points</b></p>
<p><b>Critique of experience-Evaluation and Rationale for your comments</b></p> <p><i>Total Weight- 10 points</i></p>	<p>- Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. -Lack of evaluation and rationale for comments</p> <p><b>Weight- 1 point</b></p>	<p>- Structure of the paragraphs are not easy to follow. - Paragraph transitions need improvement. -Lack of adequate evaluation and rationale for comments</p> <p><b>Weight- 5 points</b></p>	<p>- Structure of the paragraphs are clear and easy to follow. -Good evaluation and rationale for comments</p> <p><b>Weight- 10 points</b></p>
<p><b>Thoughtful Reflection- How will this affect your practice or will it?</b></p> <p><i>Total Points- 10 points</i></p>	<p>- Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. -Unspecific as to how this experience will impact your nursing practice or not.</p> <p><b>Weight- 1 point</b></p>	<p>- Paper follows most guidelines.  - Paper is over/ under word length.  -Lacks some specifics as to how this experience will impact your nursing practice or not.</p> <p><b>Weight-5 points</b></p>	<p>- Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. -States clearly as to how this experience will impact nursing practice or not and why.</p> <p><b>Weight-10 points</b></p>
<p><b>APA Format Correct spelling/Grammar.</b></p> <p><b>If references are used, they are in APA Format</b></p> <p><i>Total Weight- 10 points</i></p>	<p>-Lack of APA format. -Paper contains numerous grammatical, punctuation, and spelling errors. - Language <b>uses jargon or conversational tone</b> -Lack of APA citation use and Reference page if references used.</p> <p><b>Weight- 1 point</b></p>	<p>- Inappropriate APA format. - Paper contains few grammatical, punctuation and spelling errors. - Language lacks clarity or includes <b>the use of some jargon or conversational tone.</b> -Inappropriate APA citation use and Reference page if references used.</p> <p><b>Weight- 5 points</b></p>	<p>-Correct APA format. -Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure -Correct APA citation and reference page if references used.</p> <p><b>Weight- 10 points</b></p>
<p><b>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</b></p> <p><i>Total Weight- 10 points</i></p>	<p>-ND inaccurate for setting; goal/outcome not measurable; or Nursing interventions are inappropriate or inadequate.</p> <p><b>Weight- 1 point</b></p>	<p>-ND accurate for setting; goal/outcome is measurable; but Nursing interventions are inappropriate or inadequate.</p> <p><b>Weight- 5 points</b></p>	<p>-ND accurate for setting; goal/outcome are measurable; Nursing interventions appropriate and adequate for this setting.</p> <p><b>Weight- 10 points</b></p>
<p><b>Paper submitted to dropbox within 1 week of the School Nurse shadow experience.</b></p> <p><i>Total Weight- 5 points</i></p>	<p>-Paper submitted to dropbox or discussion board late.</p> <p><b>Weight- 1 point</b></p>		<p>-Paper submitted to dropbox or discussion board on time.</p> <p><b>Weight- 5 points</b></p>

Total Points \_\_\_\_\_

\*NOTE: Must achieve 38.5 points to pass. This is a clinical assignment, so it must be passed in order to pass clinical.

## Nurse Shadowing documentation Form

You have observed, \_\_\_\_\_, the Lakeview Nursing Student today. The student arrived on time and did not leave early. The student was dressed in Lakeview scrubs and wore the Lakeview name badge at all times. The student was respectful and professional during this observation experience.

Printed name: \_\_\_\_\_

Signature of LPN/RN/NP: \_\_\_\_\_ Date: \_\_\_\_\_