Lindsey Davis

N433 – Active Learning for School Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the School Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar and spelling as well as APA format for references. Your score will be based on this rubric. You must receive 77% to pass this clinical assignment.

1. How does this clinical site relate to the course?

The high school site related to the course as I was about to witness the teenage population. The school nurse acts in the way of a type of triage center, screening for illnesses, and deciding if the child can stay at school.

2. How were you an engaged nursing professional today?

I was engaged by asking questions. I wondered how students with diabetes managed their care at school if it was best for them to come to her or do it on their own. She stated that the students do go to her. They each have a file drawer but do blood sugar checks on their own. She oversees them and documents sugars. She also stated lots of students have pumps, and she is less proficient with them, so it's a lot of learning for her.

3. How did you contribute to the service provided by the school nurse today?

I was able to help get student water and trash can when a student felt ill and took their temperature. I also helped wipe down the office after a few kids had come into the office.

4. Name three ways this clinical site impacts Pediatric health?

The school nurse makes an impact in many ways, such as being a triage center for underlying illnesses, providing screening like vision and hearing, providing education about puberty. Most importantly, the school nurse can see kids daily and see if there are issues at home and if these issues need further attention for facilities such as DCFS.

5. What are the health risks of the population served during today's clinical based on your observations today?

Today I observed a few health risks such as pink eye, known diabetic with Hypoglycemia, stomach flu-like symptoms, and dehydration.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

Known Type 2 diabetic with Hypoglycemia:

Nursing diagnosis:

-Ineffective health maintenance related to child insufficient knowledge regarding dietary management, medication administration, physical activity, and interaction between the three: daily changes in diet, medications, illness, stress, exercise associated with child's growth spurt, and needs.

Measurable goal:

Thirty minutes of physical activity a day.

3 Nursing interventions:

Assess the child's understanding of Hypoglycemia.

Teach how to recognize early and late signs and symptoms of Hypoglycemia.

Teach the action that different foods (carbohydrates, fats, proteins) have on the blood glucose level.

7. How will your experience during the School Nurse job shadowing impact your Nursing practice?

It helps me to realize that the patient population expands beyond the hospital and clinic setting.

Reference:

Swearingen, P. L. (2019). *All-in-one nursing care planning resource*. Elsevier.