N433 – Active Learning for School Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the School Nurse. Submit your completed assignment to the drop box within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because <mark>it must be written with accurate grammar and spelling as well as APA format for references.</mark> Your score will be based on this rubric. You must receive 77% in order to pass this clinical assignment.**

1. How does this clinical site relate to the course?

   The clinical site is an upper elementary school; I had the opportunity to observe how they administer medications to kids ages 5th to 6th grade and what their health issues are at this age.

2. How were you an engaged nursing professional today?

   I was an engaged nursing professional showing interest, asking questions and engaging in pediatric nursing procedures in this facility

3. How did you contribute to the service provided by the school nurse today?

   I assisted in watching kids in classrooms while the nurse spoke to some teachers; I also assisted in assessments and observing medication administration

4. Name **3** ways this clinical site impacts Pediatric health?

   First, they make sure that every kid meets their medication needs in a timely matter.
   Second, they are available during school hours in case some of the students get sick or hurt.

Third, they keep track of medical history and immunization records

5. What are the health risks of the population served during today's clinical based on your observations today?

    The students at higher risk based on my observations are those who are diabetics since they are always at risk of being hypoglycemic or having complications.

    Other common problems among this population are ADHD, anxiety, asthma, sport injuries, upper respiratory infections and GI upsets.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

Nursing Diagnosis: Risk for Unstable Blood Glucose related to Lack of adherence to diabetes management as evidenced by fluctuating blood sugar values

Measurable goal: Kids with diabetes would maintain a target blood glucose below 140 during school hours

Nursing Interventions (3):

    1.-Control carbohydrate intake with each meal at school

2.-Scheduled insulin and sliding scale will be administered during school hours

3.-Educate kids about healthy snacks and meal options

Goal: Kids with a diagnosis of diabetes will be able to keep their blood sugar readings on their target goals by controlling carbs, healthy eating choices and timely insulin administration during their school day.

7. How will your experience during the School Nurse job shadowing impact your Nursing practice?

Now I have a clear idea of what a school nurse job does. I am aware of how medications are administered at a school environment and how to do focus health assessments if needed for any health concerns that may arise. This increased my previous knowledge in pediatric nursing and will help in my future practice.

N433 Grading Rubric Nurse Shadowing Clinical Paper
50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
-Concise and Complete *Total Weight- 5 points*	- Content is incomplete. - Major points are not clear and /or persuasive **Weight-1 point**	- Content is not comprehensive and /or persuasive. - Major points are addressed, but not well supported. - Research is inadequate or does not address course concepts. **Weight- 3 points**	- Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. **Weight- 5 points**
Critique of experience-Evaluation and Rationale for your comments *Total Weight- 10 points*	- Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. -Lack of evaluation and rationale for comments **Weight- 1 point**	- Structure of the paragraphs are not easy to follow. - Paragraph transitions need improvement. -Lack of adequate evaluation and rationale for comments **Weight- 5 points**	- Structure of the paragraphs are clear and easy to follow. -Good evaluation and rationale for comments **Weight- 10 points**
Thoughtful Reflection- How will this affect your practice or will it? *Total Points- 10 points*	- Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. -Unspecific as to how this experience will impact your nursing practice or not. **Weight- 1 point**	- Paper follows most guidelines. - Paper is over/ under word length. -Lacks some specifics as to how this experience will impact your nursing practice or not. **Weight-5 points**	- Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. -States clearly as to how this experience will impact nursing practice or not and why. **Weight-10 points**
APA Format Correct spelling/Grammar. **If references are used, they are in APA Format** *Total Weight- 10 points*	-Lack of APA format. -Paper contains numerous grammatical, punctuation, and spelling errors. - Language **uses jargon or conversational tone** -Lack of APA citation use and Reference page if references used. **Weight- 1 point**	- Inappropriate APA format. - Paper contains few grammatical, punctuation and spelling errors. - Language lacks clarity or includes **the use of some jargon or conversational tone**. -Inappropriate APA citation use and Reference page if references used. **Weight- 5 points**	-Correct APA format. -Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure -Correct APA citation and reference page if references used. **Weight- 10 points**
Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough. *Total Weight- 10 points*	-ND inaccurate for setting; goal/outcome not measurable; or Nursing interventions are inappropriate or inadequate. **Weight- 1 point**	-ND accurate for setting; goal/outcome is measurable; but Nursing interventions are inappropriate or inadequate. **Weight- 5 points**	-ND accurate for setting; goal/outcome are measurable; Nursing interventions appropriate and adequate for this setting. **Weight- 10 points**

Paper submitted to dropbox within 1 week of the School Nurse shadow experience.	. -Paper submitted to dropbox or discussion board late. **Weight- 1 point**		-Paper submitted to dropbox or discussion board on time.
Total Weight- 5 points			**Weight- 5 points**

Total Points _____

*NOTE: Must achieve 38.5 points to pass. This is a clinical assignment, so it must be passed in order to pass clinical.

Nurse Shadowing documentation Form

You have observed, _____, the Lakeview Nursing Student today. The student arrived on time and did not leave early. The student was dressed in Lakeview scrubs and wore the Lakeview name badge at all times. The student was respectful and professional during this observation experience.

Printed name: _____

Signature of LPN/RN/NP: _____ Date: _____