

**What do I feel proudest about regarding my learning activities this week?**

I find myself being able to relate concepts to clinical practice. I was doing some practice questions and I find myself imagining the scenario in my head before answering the questions. While the questions over the past few years have gotten exhausting I am starting to see how it all is for a reason.

**What do I feel most dissatisfied with regarding my learning activities this week?**

I had to call off since I wasn't feeling very good. I realize illness can happen but for me it makes me sad to miss a day because I love healthcare so much and wonder what I miss if I am not there. I have been in healthcare for over twenty years and through it all you learn so much and touch so many lives. As a future nurse I am excited to see what the future brings in the next twenty years.

**Something that happened that had cultural significance**

During my med surg ed clinical there was an American Indian that had issues with hypertension which was mentioned in one of our first classes at Lakeview. This particular case also had liver cirrhosis. For me it was interesting to see the correlation between our classroom and clinical.. There are numerous cultures I have seen in the clinicals we have done and it helps me understand as a nurse we need to be culturally aware when doing our job.

**A review of the week's Sigma Nurse Manager Certification section(s)**

There is a great deal of planning that goes into managing and the operations. Cost drivers, performance measures, separate cost measures all play an intricate part in providing care to patients. Strategic planning requires thinking outside of the box and understanding the differences between tasks and strategies. Core values related to the vision and performance of the activities that can include hiring methods, decision making, care delivery processes, and criteria for promotions and rewards. This section explains the importance of planning and managing to make the best of situations in the workplace.