

What is my proudest about regarding my learning activities this week? I feel like I am getting better at IV sticks. Being in the ED has made me become better at picking veins and choosing where to go and why. It is interesting why certain sites and gauges of needles are picked on certain people. **The importance of sepsis protocols and acting quickly to respond with antibiotics to ensure patients have quick treatment.**

What tasks did I respond to most easily this week? I think I followed directions better this week. The nurse would ask me to do an EKG and I found myself having an easier time finding supplies and going with the flow of the ED more. I have seen a lot of children in the ED the past few weeks. I think I am getting better at understanding protocols with children sepsis and sepsis patients.

What have I learned this week about myself as a learner? I feel like I have really learned to pay attention and use my critical thinking. I find myself looking ahead to prevent problems and predict orders. It has been nice to learn off of other Lakeview grads because you see how learning in the environment helps you understand the nursing process and how to apply it into practice.

A cultural aspect of the week? A patient I had in the ED had to use the interpreter phone. That device is very nice to use in a pinch when you need to understand a patient and his or her needs. There are less language barriers because the nurse can listen to the interpreter while the patient understands the care. Medical technology has come a long way over the years. These kinds of advancements help us understand the needs of cultural patients better.

The Sigma this week was using evidence to guide strategic planning. This section has some very helpful information. I liked learning about the ten best practices. Examples were attack critical issues, manage implementation, achieve real benefits, and organize pre planning activities just to name a few. There were also helpful hints such as taking the time to recognize the need for change and understanding limitations that can happen with the change process. The strategic planning would be useful in the ED because a manager needs to be able to plan for the unexpected. It is nice to be able to incorporate the things that happen in the ED and in daily clinical practice.