

A)

What I learned about myself as a learner this week:

This week after taking the Leadership exam, I learned that I need to take more time to read the question before quickly selecting an answer and moving on. There were a few questions that when I reviewed them, I became frustrated with myself because it was a concept that I understood but misread the question and selected the wrong response when I knew the right one.

My lowest emotional response to learning activities this week:

This week I was challenged with having three exams in one week, and feeling overwhelmed about each test. I felt I did not have as much time as I wanted to have when studying the materials. The first exam of the semester is always nerve-racking and to have three in one week was a big challenge.

My highest emotional response to learning activities this week:

This week my highlight was scoring well on my adult health exam. This exam I felt very prepared for and got an A. I was happy with this result and to have this out of the way so I could go into my last exam with a little bit more confidence.

B)

A cultural aspect of the week:

During my ER rotation this week, I had to administer two units of RBCs to a patient whose hemoglobin was 6. While delivering this blood, I was thinking to myself about some cultures that refuse blood products such as Jehovah's Witness. I took some time to reflect on this cultural practice and consider the implication it has, especially in times of desperate need. It can be challenging to understand other cultures at times, especially when they are refusing something that may save their life. Still, it is crucial to keep in mind that their customs need to be respected regardless of your personal feelings on their choices.

C)

Sigma Nurse Manager Review

- Nursing Liability
 - Nurses use the nursing process in a variety of settings, including home, hospital, business, nursing homes, outpatient clinics, and surgery centers.
 - Vicarious liability indicates that the wrongdoer is not the only one on the hook for an incident that causes harm.
 - Nurses must act as patient advocates to secure help for their patients.
- Ethical Principles for Nurse Managers
 - Florence Nightengale cultivated the nurses she trained to be virtuous, honest, sober, trustworthy, and truthful.
 - Nonmaleficence came about after the Tuskegee Syphilis Experiment and acts as a protection of patient safety.
 - Nurses collaborate with other health professionals and the public to protect human rights, promote health diplomacy, and reduce health disparities.

