

Journal 3

What have I learned this week about myself as a learner? I feel as though I am getting faster on response time in emergency situations. The past two codes were a refresher of how it can happen anywhere at anytime. I think it has made me more aware of knowing where the crash cart is upon going to floor and knowing how to call a code at that particular floor can be essential is something were to happen.

What were my highest emotional moments in my learning activities this week? The business meeting was interesting learning about geo fencing and other aspects of OSF such as fundraising and marketing. I think it helped me better understand all the key components and aspects the healthcare system. Also the code in the hallway of nuclear medicine was very well thought out and organized. I was impressed with all aspects of the OSF response team. It was nice of the ER doctor to hold a moment of silence for the patient.

What were my lowest emotional moments in my learning activities this week? My lowest emotional moment was when the patient passed away. Clearly unexpected death can be tragic but I think it was different for me because it was actually in a different department for me. I feel that there needs to be more education for ultrasound techs on critically ill patients that require testing. I don't think they have to be nurses but maybe a refresher course on patient care and proper procedures and maybe a clearer way of knowing a patient is a DNR when they go to different departments.

A cultural aspect of the week? The business meeting brought up good points about kitchen food that is provided for patients of a different culture making sure appropriate foods were available. I think it was an interesting point our professor brought up after about how with the U of I in Champaign that is was something to consider when working in certain areas. Some places have more diverse cultures than other areas and it is important to consider those in a cultural population as patients may have different diet regimens than others.

A review of this weeks sigma nurse management certification--This week was a good example of evidence based decision making with the codes that happened. It really showed how management skills are very essential when dealing with a high stress environment. Management skills in clinical practice help nurses and doctors become more organized and successful in their decision making abilities. Managing the team --this was very essential especially during the codes I had participated in because the situation called for an effective leader that took charge of the situation which was the emergency physician. The ability to take control of the team was essential for the patient. A code can be pretty intense but when someone takes control to manage the team effectively it can make the situation far more productive. The ability to remain calm helps the situation not escalate out of hand. It was good to see the nurses and the doctor working in a high stress situation completely calm.