

Student Name: Shaunla Mitchell

Nursing Diagnosis: Impaired Spontaneous Ventilation R/T asthma exacerbation AEB dyspnea upon exertion

Subject: Proper Inhaler Use

Relevant Assessment Data (see instructions)	Patient Outcomes (see instructions re: 3 domains of learning)	Teaching Outline (be specific and use a logical sequence)	Teaching Tools (see instructions)	Evaluation (see instructions)
<p>• Pt has a PEN inhaler prescribed to use @ home. • Pt is 10y.o. boy who is eager and curious to know about his health condition. • Pt is in 4th grade and is able to perform verbal commands. • Pt is fully capable to participate in education learning.</p>	<p><u>Cognitive</u> How long should you hold your breath? <u>Affective</u> Do you feel comfortable to do this on your own? <u>Psychomotor</u> - Demonstrate proper use of inhaler</p>	<ol style="list-style-type: none"> ① Remove the cap ② Shake well ③ Breathe out gently ④ Place mouthpiece between lips ⑤ Activate the inhaler and breathe in slowly and deeply ⑥ Hold breath for 5-10 sec. then breathe out ⑦ Wait a few seconds then repeat the above steps ⑧ Replace inhaler cup 	<p>Demonstration/ Return demonstration - I will perform then pt will Question/Answer - Questions from mom and pt Flyer - Send them home with proper steps</p>	<p>Putting the patient at ease and getting to his level of understanding. Maintaining eye contact with patient & mother to keep them engaged. Turn tv down while talking so it's easier for patient & mom to hear me.</p>

Reference(s): How to Use a Metered Dose Inhaler. (2019, July 22). Retrieved from <https://familydoctor.org/how-to-use-a-metered-dose-inhaler/>