

Lakeview College of Nursing  
N433 School Nurse Assignment

Shannon O'Malley

01/27/2020

1. How does this clinical site relate to the course?

The clinical site I was assigned was Charleston High School. I was able to shadow their school nurse for the day. This clinical site is related to pediatric nursing because all of the patients are 14 to 18 years of age. Although most people do not think of teenagers in pediatrics, anyone under 18 is considered apart of the pediatric population.

2. How were you engaged in the nursing profession today?

I was engaged in the nursing profession in several ways. I was able to observe the nurse take oral temperatures, interact with students and their parents, apply ice to jammed fingers, monitor a sprained wrist, and assist a patient with the management of her diabetes. The school nurse also showed us how to perform a hearing test; something she was just certified to do. Being a school nurse is a slower pace, but it is just as rewarding.

3. How did you contribute to the service provided by the school nurse today?

I was able to voice my questions and concerns about each patient to the nurse. She answered my questions without judgment. I was able to think critically for each patient's complaints and help her decided what the solution was.

4. Name 3 ways this clinical site impacts Pediatric health?

- This clinical site impacts pediatric health because it provides an outlet for high school-aged students to come and voice any health concerns they might not want to discuss with family.
- This clinical site impacts pediatric health because the school nurse is able to form a one on one relationship with the nurse and trust her judgment.

- This clinical site impacts pediatric health because the nurse is able to provide simple services to children who need assistance during school.
5. What are the health risks of the population served during today's clinical based on your observations today?

Health risks that affect the high school population are car accidents, suicide, violence, teen pregnancy, STI's, cigarette, alcohol, and drug abuse, and eating disorders and obesity (Morin, 2019).

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a nursing diagnosis, measurable goal, and at least 3 nursing interventions to achieve this goal.
- Suicide:
  - Nursing diagnosis- Risk for suicide
  - Patients are vulnerable to a self-inflicted, life-threatening injury.
  - Measurable goal- The patient will attend therapy and check in regularly with the provider about their progress.
  - Nursing interventions-
  - The nurse will help the patient open up and express concerns about their life.
  - The nurse will monitor the patient and examine the patient to make sure there are no signs of self-mutilation.
  - The nurse will report to the provider after observing and find out if the patient is having suicidal ideations.

7. How will your experience during the school nurse job shadowing impact your nursing practice?

I believe this experience will help me a lot in my future nursing practice. People do not think of high school-aged children when talking about pediatric care. They operate differently than younger aged children. This opportunity taught me how to approach teenagers differently when it comes to their health. They want to be included and feel seen and I was able to see how this school nurse made each student feel important and cared for. Teenagers can be harder to educate because they already have their own perception of things but if you outwardly show interest in their situation they respond well. This experience will help me alter my approach when working with teenagers.

## References

Morin, A. (2019, December 2). The Top 7 Health Risks Teenagers Face. Retrieved from <https://www.verywellhealth.com/the-7-biggest-health-risks-teens-face-2611248>