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School Nurse Shadowing Experience

Professor King

N433: Infant, Child and Adolescent Health

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This clinical site relates to Infant, Child and Adolescent Health because we learn about the development of children throughout their life, including their elementary years. This clinical rotation allowed me to incorporate what I have learned in class to what occurs in the real world.

Today I was able to learn what it would be like to be a school nurse. I was able to engage with the children and decipher what type of issues they were having. I was also able to watch the nurse chart and create new student documents for the incoming students. The nurse then taught me how to deal with abuse concerns and cases.

Aside from learning about the different roles of a school nurse I also learned how blessed and lucky many children are to have parents that love and care for them. My rotation at the elementary school really opened my eyes to the number of children who do not have a home, clothes, support, or love. This experience helped me see the important role that the school nurse plays in the development of children both mentally and physically.

Attending elementary school and shadowing the school nurse showed me a completely different side of nursing. Today I learned that being a school nurse is much more than passing daily medications and placing a Band-Aid over a little one's injury. Being a school nurse is like being a mom to 600 children. The school nurse watches over the health, well-being, and safety of each child. For many children, a school nurse is a safe person that they can come to when they need clothes, a listening ear, or have a tummy ache.

The first major way that school nurses' impact Pediatric health is by ensuring the safety of the children. During this rotation the school nurse ensures that her students were clean,

dressed, and free of unexplained bruising or scratches. Another way this clinical site impacts Pediatric health is by helping children who do not fully understand their condition. The school nurse was playing the role of an educator when the students asked questions about why they are taking the medication and how it could hurt them if they aren't compliant. This clinical site also impacts Pediatric health by providing a stress-free environment where children are able to come and express their mental and physical health needs without fear of judgment or punishment. This is an important role of the nurse because when children feel safe and secure it improves their ability to learn and develop at a normal rate.

While completing my clinical rotation at the elementary school a few health risks caught my attention. These health risks include obesity, inactivity, child abuse and neglect, the risk for infection, and diabetes mellitus. In order to address the health risk, obesity, a plan of care needs to be implemented. The nursing diagnosis is obesity related to lack of interest, motivation, resources as evidenced by daily routine lacking in physical exercise (Doenges, Moorhouse, Murr, 2010). In order to successfully complete the plan of care, the measurable goals need to be met. A measurable goal for this plan of care could include, walking around the track once a day to increase physical activity. A few interventions that may help reduce the percent of obese children include, "reviewing necessity for and benefits of regular exercise" (Doenges, et al., 2010, pg.392), "determine current activity level and plan progressive exercise program tailored to the individual's physical condition, goals, and choice" (Doenges, et al., 2010, pg.392), and it may be helpful to "identify an exercise buddy" (Doenges, et al., 2010, pg.392). After putting the previous plan of care to action certain outcomes should follow. These outcomes could consist of students "verbalizing an understanding of the importance of regular exercise to weight loss and general well-being" (Doenges, et al., 2010, pg.392), and "formulate realistic exercise program

with an increase in activity” (Doenges, et al., 2010, pg.392).

This clinical rotation affected my practice by teaching me to be more open to different fields of nursing. Although I would like to work and use my nursing skills in a hospital setting, this rotation taught me that my skills can aid in changing children’s lives from the school setting as well.

Reference:

Doenges, M. E., Moorhouse, M. F., & Geissler-Murr, A. (2010). Nursing care plans: guidelines for individualizing client care across the lifespan (Eight). Philadelphia: F.A. Davis Co.

N433 Grading Rubric Nurse Shadowing Clinical Paper

50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
<p>-Concise and Complete</p> <p><i>Total Weight- 5 points</i></p>	<p>- Content is incomplete.</p> <p>- Major points are not clear and /or persuasive</p> <p>Weight-1 point</p>	<p>- Content is not comprehensive and /or persuasive.</p> <p>- Major points are addressed, but not well supported.</p> <p>- Research is inadequate or does not address course concepts.</p> <p>Weight- 3 points</p>	<p>- Content is comprehensive, accurate, and persuasive.</p> <p>- Major points are stated clearly and are well supported.</p> <p>- Content and purpose of the writing are clear.</p> <p>Weight- 5 points</p>
<p>Critique of Experience-Evaluation and Rationale for your comments</p>	<p>- Organization and structure detract from the message of the writer.</p>	<p>- Structure of the paragraphs are not easy to follow.</p> <p>- Paragraph transitions</p>	<p>- Structure of the paragraphs are clear and easy to follow.</p> <p>-Good evaluation and</p>

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<p>Total Weight- 10 points</p>	<ul style="list-style-type: none"> - Paragraphs are disjointed and lack transition of thoughts. -Lack of evaluation and rationale for comments <p>Weight- 1 point</p>	<p>need improvement.</p> <ul style="list-style-type: none"> -Lack of adequate evaluation and rationale for comments <p>Weight- 5 points</p>	<p>rationale for comments</p> <p>Weight- 10 points</p>
<p>Thoughtful Reflection- How will this affect your practice or will it?</p> <p>Total Points- 10 points</p>	<ul style="list-style-type: none"> - Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. -Unspecific as to how this experience will impact your nursing practice or not. 	<ul style="list-style-type: none"> - Paper follows most guidelines. - Paper is over/ under word length. -Lacks some specifics as to how this experience will impact your nursing practice or not. 	<ul style="list-style-type: none"> - Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. -States clearly as to how this experience will impact nursing practice or not and why. <p>Weight-10 points</p>

	Weight- 1 point	Weight-5 points	
<p>APA Format</p> <p>Correct spelling/ Grammar.</p> <p>If references are used, they are in APA Format</p> <p>Total Weight- 10 points</p>	<p>-Lack of APA format.</p> <p>-Paper contains numerous grammatical, punctuation, and spelling errors.</p> <p>- Language uses jargon or conversational tone</p> <p>-Lack of APA citation use and Reference page if references used.</p> <p>Weight- 1 point</p>	<p>- Inappropriate APA format.</p> <p>- Paper contains few grammatical, punctuation and spelling errors.</p> <p>- Language lacks clarity or includes the use of some jargon or conversational tone.</p> <p>-Inappropriate APA citation use and Reference page if references used.</p> <p>Weight- 5 points</p>	<p>-Correct APA format.</p> <p>-Rules of grammar, usage, and punctuation are followed; spelling is correct.</p> <p>- Language is clear and precise; sentences display consistently strong, varied structure</p> <p>-Correct APA citation and reference page if references used.</p> <p>Weight- 10 points</p>
<p>Nursing diagnosis is</p>	<p>-ND inaccurate for setting;</p>	<p>-ND accurate for setting; goal/outcome</p>	<p>-ND accurate for setting; goal/outcome are</p>

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<p>appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</p> <p><i>Total Weight- 10 points</i></p>	<p>goal/outcome not measurable; or Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 1 point</p>	<p>is measurable; but Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 5 points</p>	<p>measurable; Nursing interventions appropriate and adequate for this setting.</p> <p>Weight- 10 points</p>
<p>Paper submitted to dropbox within 1 week of the School Nurse shadow experience.</p> <p><i>Total Weight- 5 points</i></p>	<p>.</p> <p>-Paper submitted to dropbox or discussion board late.</p> <p>Weight- 1 point</p>		<p>-Paper submitted to dropbox or discussion board on time.</p> <p>Weight- 5 points</p>

Total Points _____

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*NOTE: Must achieve 38.5 points to pass. This is a clinical assignment, so it must be passed in order to pass clinical.