

N323 19-2
Movie Critique

Don't Call Me Crazy: Episode 2- Crystal and Beth

Objective: The goal of the activity is to observe the clients/peers and clients/staff interactions and relationships while on the Psychiatric Unit and how mental illness impacts their lives.

Write a two-three (2-3) page analysis discussing the following questions about this documentary.

1. Describe the Crystal: _____ (5 points)

a. Ex. Background, why they were hospitalized, physical appearance, beliefs about mental illness, relationship with peers/family/staff

Crystal is a 14 year old female who sees people and animals that others cannot since she was a young girl. She was hospitalized for having thoughts about suicide. Crystal had a hard childhood and was a victim of abuse. However, she was adopted and has a good relationship with her adoptive parents, she has no relationship with her birth parents.

2. Identify two (2) priority client problems for Crystal. **Inadequate nutrition, behavioral problems (2 points)**

a. Name two (2) short term goals for Crystal. Identify two (2) nursing interventions for each goal. How would you evaluate the effectiveness of the nursing interventions? _____ (2 points)

Goal 1: Complete meals

Nursing Intervention: Supervision / support from staff to encourage meal completion

Evaluation: Is patient able to complete a meal without having the stressors stop her from eating. If she is having a stressor, is the staff able to help resolve?

Nursing Intervention: Discuss stressors that lead to inability to finish a meal when they are presented and fight through them

Evaluation: Is she able to get past the hallucinations that are telling her not to eat and she is able to finish eating

Goal 2: Develop coping methods to cope with stressors (the animals / people she sees)

Nursing Intervention: Encourage patient to talk with staff when she is seeing the animal and humans and talk through the stressors

Evaluation: Evaluate whether she is able to talk through the hallucinations and if they are able to go away

Nursing Intervention: Teach the patient ways to cope with the hallucinations so it isn't able to change the decisions she makes

Evaluation: Is the patient able to find ways to make the hallucinations disappear

b. What support groups are available for Crystal? **Abuse support groups, (1 points)**

3. How has Beth changed from the first episode to the second episode? **Beth has improved by beginning to eat, but in the second episode, she has begun to self harm. (2 points)**

3. Identify two (2) priority client problems for Beth at this point in her treatment.

_____ (2 points)

Self-harm and depression

- a. Name two (2) **different** short-term goals for Beth. Identify two (2) nursing interventions for each goal. How would you evaluate the effectiveness of the nursing interventions?

_____ (2 points)

Goal 1: Improve patient's thoughts about herself

Nursing Intervention: Have the patient set goals for her own health and self

Evaluation: Will patient involvement encourage her to have a healthier outlook and view herself more positively

Nursing Intervention: Have patient write a list of positive qualities about herself.

Evaluation: Having a list of positive qualities she can see daily to remind her of good things of herself. Does this help with patient's outlook on herself?

Goal 2: No self harm

Nursing Intervention: Remove all things that could potentially harm her

Evaluation: Patient isn't able to harm herself if potentially dangerous objects are removed

Nursing Intervention: Educate on alternative coping skills to use when feeling like she would want to self harm

Evaluate: Is the patient able to distract herself with a coping skill so she doesn't self harm.

5. Discuss the self-harm seen in this documentary. Beth begins to self harm to punish herself when she begins to eat more. This is a common thing in mental health which is mentioned in the documentary that several of the patients have self harmed at one point.

(2 points)

Grammar, Punctuation, and APA _____ (2 points)

Total ____/20

points

Honor Code: "I have neither given nor receive, nor will I tolerate others' use of unauthorized aid".

Signature _____ Taylor Hamilton _____ Date: ____1/26/2020_____

Instructor Comments: