

Lindsey Loewenstein

Journal 1

- a.) I have realized that I tend to get overwhelmed as my emotional response to learning from this week's work. The assignments in Concept Synthesis gave me the greatest difficulties this week. I was not expecting that class to be as time consuming as it is. I think that because I was prepared and had all my assignments written down, I was able to respond to my assignments more easily, even if they did overwhelm me. This semester will be very busy and I think that having good time management skills are a huge part of being successful this term.
- b.) I saw a headline in the news this week about a little boy dying from influenza, even though he had gotten his flu shot this fall. This contributes to our cultural as people were discussing how the flu shot isn't beneficial and useless. This gives the flu shot a negative connotation and then people believe false information. Much of our cultural and society is uneducated, and it shows through social media and news headlines.
- c.) I thought that the first nurse manager module for this week was more difficult than the second one. I was unfamiliar with a lot of the terms and had to use my resources to find the answers. The modules discussed leadership actions and characteristics. I felt more confident with the act of leading module, but not with the first module as I struggled with it.