

**N312 Lab Test Out 3 Danville**

**Student Name: Hannah Glanzer Exam Room Number: \_\_\_\_\_**

**Chief Complaints (CC): Headache**

**Demographical Data (5 points)**

<b>Gender: Female</b>	<b>Age: 22</b>	<b>Race: caucasian</b>	<b>Code Status: FULL</b>
<b>Allergies: None</b>			
<b>PMH: None</b>			
<b>PSH: appendectomy and tonsillectomy</b>			
<b>Social history</b>			
<b>Assistive devices:</b> <b>none</b>	<b>Smoke:</b> <b>none</b>	<b>Alcohol:</b> <b>3 drinks/week</b>	<b>Drugs:</b> <b>none</b>

**Vital Signs (5 points)**

<b>B/P:127/22</b>	<b>Temp: 98.7</b>	<b>Pulse: 62</b>	<b>O2 sat:99</b>	
<b>Pain: 10</b>	<b>Wt: 120</b>	<b>Ht: 6'2"</b>	<b>Visual Acuity: 20/20</b>	<b>RR: 18</b>

**History of present Illness (10 points)**

O-today
L-head and neck
D-happened an hour ago and has been consistent ever since
C-throbbing and shooting
A- standing or walking, coughing
R- none attempted
T- none attempted

## Review of Systems (5 points total) Subjective

*May circle the positives that the patient complains of*

Review of Systems (10 points total)

Total points:

<b>General</b>	<b>Fatigue</b> , weight changes, fevers, chills, night sweats, fatigue
<b>Skin</b>	Dryness, rashes, lesions, non-healing sores, hair changes, puritis
<b>HEENT</b>	<b>Headache, head injury, blurry vision, double vision</b> , earache, drainage, change in hearing, nasal congestion, nose bleeds, nasal drainage, dry mouth, sore throat, swallowing difficulty,
<b>Cardiac</b>	Chest pain, palpitations, diaphoresis, dyspnea, PND, Orthopnea, claudication
<b>Respiratory</b>	Wheezing, cough, difficulty breathing, increase in sputum production
<b>GI</b>	Nausea, vomiting, diarrhea, constipation, abdominal pain, heartburn, jaundice, Hematochezia, Melena
<b>GU</b>	Hesitancy, frequency, urgency, burning, hematuria, incontinence, flank pain, flow changes
<b>MSK</b>	Swelling, stiffness or soreness in joints, back or neck pain
<b>Neuro</b>	<b>Weakness</b> , numbness, <b>LOC</b> , syncope, <b>dizziness, headache, coordination changes, recent falls</b>

## Physical Exam (5 points per section)

**Total of 60 points**

<b>General:</b> Alert and orient, distress, overall appearance	<b>Skin:</b> rashes, lesions, color, hair, nails, temperature, turgor, capillary refill
<b>Documentation:</b>	<b>Documentation:</b>
<b>Head and Neck:</b> symmetry, tracheal deviation, palpate thyroid, check carotids, assess lymph nodes	<b>Eyes:</b> appearance of lids, sclera and conjunctiva, PERRLA, EOM's, Roseburg, red light reflex

<p><i>May be asked to identify lymph nodes: Preauricular, posterior auricular, occipital, tonsillar, posterior cervical, submaxillary, submental, anterior or deep cervical, supraclavicular</i></p>	
<b>Documentation:</b>	<b>Documentation:</b>
<b>Ears:</b> External ear appearing, inspect TM bilaterally (note color and how to use otoscope)	<b>Nose:</b> deviated septum, turbinates, polyps, palpate sinuses
<b>Documentation:</b>	<b>Documentation:</b>
<b>Throat:</b> Appearance of tonsils, any erythema, exudate, uvula midline, moisture of mouth, teeth	<b>Cardiac:</b> Presence of S1 and S2, aortic, pulmonic, Erb's point, tricuspid, mitral, apical impulse (PMI)
<b>Documentation:</b>	<b>Documentation:</b>
<p><b>Thorax:</b> symmetry, respiratory effort, auscultation of 6 posterior, 4 anterior, how to assess the RML, identify lung sounds (wheezes and crackles)</p> <p><i>May be asked to perform: Egophony, bronchophony, Tactile fremitus, Whispered Piquiloquey, diaphragmatic excursion</i></p>	<p><b>Abdominal:</b> auscultation for bowel sounds, light palpation, deep palpation, presence of masses or enlarged organs, CVA tenderness (appropriate order)</p> <p><i>May be asked to perform: McBurney's point, psoas, Rovsing sign, Obturator sign, Murphy's</i></p>
<b>Documentation:</b>	<b>Documentation:</b>
<p><b>Extremities:</b> pulses (brachial, radial, ulnar, femoral, popliteal, posterior tibial, dorsalis pedis), capillary refill, edema, symmetry, epitrochlear lymph nodes, homan's sign</p> <p><i>May be asked to show pulse location: carotid, brachial, radial, femoral, popliteal, posterior tibia, dorsalis pedis</i></p>	<p><b>Musculoskeletal:</b> range of motion, passive or active, gait, strength</p> <p><b>Neurological:</b> deep tendon reflexes (ulnar, patellar, Achilles, Babinski) Rhombergs</p> <p><i>Cranial nerves: I, II, III, IV, V, VI, VII, VIII, IX, X, XI, XII</i></p>
<b>Documentation:</b>	<b>Documentation:</b>

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Name: \_\_\_\_\_ Date: \_\_\_\_\_

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**Auscultation Assessment (5 points)**

<b>1<sup>st</sup> System</b>	<b>Cardiac auscultation</b>	Identify S1 and S2	Murmur	Gallops (S3 and S4)
<b>2<sup>nd</sup> System</b>	<b>Respiratory auscultation</b>	Identify Regular lung sounds	Wheezes	Crackles

**Organization and Flow (10 points)**

<b>Head to Toe Organized flow</b>	<b>Patient Privacy and ID</b>	<b>Appropriate Uniform Name badge visible</b>	<b>Hand Hygiene</b>	<b>Therapeutic Communication</b>
5 pts	1 pt	1 pt	1 pt	2 pt

**Instructor Comments:**

**Lab Test Out #3 Documentation**

HPI: patient is a 22 year old caucasian female who presents to the clinic with complaints of a headache and some neck pain due to falling off of the sidewalk when leaving a bar earlier today. She has had "at least 8" alcoholic drinks while at the bar and complains of dizziness. She says her friends told her she lost consciousness while leaving the bar as well. She has no past medical history but has a past surgical history of an appendectomy and tonsillectomy. She has no allergies. Her vital signs were within normal limits.

General: patient is alert and oriented x 4. patient is in no apparent distress, appears well-groomed, and is dressed for the weather

Skin: no visible rashes or lesions on skin or scalp. Hair appears hydrated and clear of any abnormalities. skin is warm and pink. capillary refill is < 3 seconds and turgor is good.

Head and Neck: head is normocephalic and head and neck are both symmetrical. No tracheal deviation. thyroid is palpable. carotid arteries are bilaterally palpable and strong. no palpable lymph nodes.

Eyes: eyelids are warm, pink, and moist. sclera is white and conjunctiva is pink. pupils are round but not reactive to light or accommodation. EOM are in-tact, but unresponsive to stimuli. red light reflex is visible.

Ears: oracle is warm and pink. tympanic membrane is pearly gray and auditory canal is clear of any abnormalities.

Nose: septum is midline. no visible turbinates or polyps. sinuses palpable.

Throat: no tonsils visible (surgically removed). no erythema noted, uvula is midline, dentition is good, no lesions or abnormalities noted.

Cardiac: clear s1 and s2 found. all heart sounds heart.

Thorax/Lungs: all breath sounds are heard in 4 anterior, 6 posterior, and RML. no crackles or wheezes noted. respirations are even, symmetrical, and without great respiratory effort.

Abdomen: bowel sounds heard in all 4 quadrants. light and deep palpation showed no masses or enlarged organs. CVA tenderness is negative.

Extremities: all pulses palpable. capillary refill is less than 3 seconds. no edema. pulses are bilaterally symmetrical. no lymph nodes palpable.

Musculoskeletal: passive and active ROM is good. gait and strength are good.

Neurological: deep tendon reflexes are present. rhomberg's is negative. Cranial nerves 2-12 are in-tact.