

Student Name: Savannah Woods

Date: 11/18/19

**Chief Complaint: Back Pain**

**Demographic Data:**

Gender: Male

Age: 22

Race: African American

Code Status: DNR

**Allergies: None**

**Past Medical History: None**

**Past Surgical History: None**

**Social History:**

Assistive Devices: Walker

Smoking: 2 packs a day for the last 2 years

Alcohol: a pint a day

Drugs: meth once a month

**History of Present Illness: Client says that pain in back started yesterday, it is a consistent sharp pain all over back, anything client does will aggravate it, nothing helps with the pain, has not taken any medications to help with pain**

**Review of Systems: (positives highlighted)**

|                    |  |
|--------------------|--|
| <b>General</b>     | Fatigue, weight changes, fevers, chills, night sweats, fatigue   |
| <b>Skin</b>        | Dryness, rashes, lesions, non-healing sores, hair changes, puritis   |
| <b>HEENT</b>       | Headache, head injury, blurry vision, double vision, earache, drainage, change in hearing, nasal congestion, nose bleeds, nasal drainage, dry mouth, sore throat, swallowing difficulty, |
| <b>Cardiac</b>     | Chest pain, palpitations, diaphoresis, dyspnea, PND, Orthopnea, claudication   |
| <b>Respiratory</b> | Wheezing, cough, difficulty breathing, increase in sputum production   |
| <b>GI</b>          | Nausea, vomiting, diarrhea, constipation, abdominal pain, heartburn, jaundice, Hematochezia, Melena  |
| <b>GU</b>          | Hesitancy, frequency, urgency, burning, hematuria, incontinence, flank pain, flow changes  |
| <b>MSK</b>         | Swelling, stiffness or soreness in joints, <b>back or neck pain</b>  |
| <b>Neuro</b>       | Weakness, numbness, LOC, syncope, dizziness, headache, coordination changes, recent falls  |

**Vital Signs:**

Temp: 97.8 F/oral

Pulse: 80

Resp: 14

BP: 122/66

Pain: 9

Weight: 120

Height: 5'3

**Examination:**

General: appears alert and orients x3, well groomed, no acute distress

Skin: no rashes or lesions present, small scar in LLQ on abdomen, hair skin and nails are well kept, dry and warm temperature, turgor is rapid recoil, capillary refill <3 sec

Head and Neck: head and neck are symmetrical, trachea is midline without deviation, thyroid is not palpable, not noted nodules. Carotid pulses are palpable and strong. No lymphadenopathy in the head or neck is noted. Lymph nodes are nonpalpable except for left tonsillar was slightly palpable

Eyes: sclera is white, cornea is clear, conjunctiva is pink, no visible discharge, Lids are moist and pink without lesions or discharge noted of both eyes. PERRLA, EOM's, red light reflex present, Roseburg 20/20 in left eye, 20/40 in right eye

Ears: auricle is pink and moist without lesions on both sides, TM is pearly grey on both sides, right canal is clear with no redness or lesions, left canal had some redness otherwise no lesions, right had some ear wax, left had more

Nose: septum is slightly deviated, turbinates are slightly swollen more so in the left nostril, both turbinates were moist and pink, no visible bleeding or polyps, sinuses are nontender

Throat: posterior pharynx is moist and pink, tonsils were slightly swollen with some exudates noted slight erythema, uvula is midline, soft palate rises and falls symmetrical. Dentition is good, oral mucosa overall is moist and pink without lesions noted.

Cardiac: clear S1 and S2 sounds without murmurs gallops or rubs, PMI at 5<sup>th</sup> intercostal space at MCL

Respiratory: Respirations are regular even and nonlabored, symmetrical, no wheezes or crackles noted

Abdominal: soft, nontender, no organomegaly or masses, bowel sounds are normoactive, no CVA tenderness

Extremities: pink, warm, dry and symmetrical with full strength and ROM symmetrically, Pulses are 2+ throughout. No edema, Homan's sign is negative, epitrochlear lymph node is nonpalpable, capillary refill is <3,

MSK: full ROM active, good gait, strength 5/5

Neuro: deep tendon reflexes present throughout, Rhomberts, cranial nerves 1-12 grossly intact

