

Student Name: Abbie Horatschki

Date: 11/18/19

**Chief Complaint:** body aches, dizziness

**Demographic Data:**

Gender: Female

Age: 22

Race: Caucasian

Code Status: FULL

**Allergies:** NKA

**Past Medical History:** asthma

**Past Surgical History:** rhinoplasty, appendectomy

**Social History:**

Assistive Devices: None

Smoking: None

Alcohol: None

Drugs: Cocaine – Client states she does an 8 ball a day

**History of Present Illness:** Client states that she had a rapid onset of a fever, body aches, and dizziness four days ago on Thursday. She claims that her pain is all over, she has pain in her chest and head. It is a constant achy pain. When she does any moving around her pain worsens. The client has tried to take advil for the pain but it did not help.

**Review of Systems:** (positives highlighted)

General	Fatigue, weight changes, fevers, chills, night sweats, fatigue
Skin	Dryness, rashes, lesions, non-healing sores, hair changes, puritis
HEENT	Headache, head injury, blurry vision, double vision, earache, drainage, change in hearing, nasal congestion, nose bleeds, nasal drainage, dry mouth, sore throat, swallowing difficulty
Cardiac	Chest pain, palpitations, diaphoresis, dyspnea, PND, Orthopnea, claudication
Respiratory	Wheezing, cough, difficulty breathing, increase in sputum production
GI	Nausea, vomiting, diarrhea, constipation, abdominal pain, heartburn, jaundice, Hematochezia, Melena
GU	Hesitancy, frequency, urgency, burning, hematuria, incontinence, flank pain, flow changes
MSK	Swelling, stiffness or soreness in joints, back or neck pain
Neuro	Weakness, numbness, LOC, syncope, dizziness, headache, coordination changes, recent falls

**Vital Signs:**

Temp: 98.5 F Orally

Pulse: 76

Resp: 14

BP: 130/70

Pain: 0/10

Weight: 125 lbs

Height: 5'3"

O2 Sat: 97%

Visual Acuity: L 20/20 R 20/25

### **Examination:**

General: Appears alert and orientated, well groomed, no acute distress

Skin: Skin color is normal for race, skin is pink and warm. No lesions and rashes noted. Turgor has rapid recoil, capillary refill is less than 3 seconds. Nails are without polish and taken care of.

Head and Neck: Head and neck are symmetrical, trachea is midline without deviation, thyroid is not palpable, no noted nodules. Carotid pulses are strong and palpable. Tonsillar lymphadenopathy noted on the left side.

Eyes: Sclera is white, cornea is clear, conjunctiva is pink, no visible drainage. Eye lids are pink and moist, no lesions are noted. PERRLA, red light reflex is present, Roseburg is 20/20 L and 20/25 R.

Ears: Auricle is moist and pink, no lesions noted. Canal is clear with pearly grey TM.

Nose: Septum is midline, turbinates are pink and moist, no visible bleeding or polyps. Sinuses are non tender.

Throat: Posterior pharynx and tonsils are pink and moist, no exudate noted. Uvula is midline, soft palate falls and rises symmetrically. Dentition is good, oral mucosa over is moist and pink without lesions.

Cardiac: Clear S1 and S2. No gallops, murmurs, or rubs noted. PMI is at 5<sup>th</sup> intercostal space at MCL.

Respiratory: Respirations are regular, symmetrical and nonlabored. No wheezes or crackles noted.

Abdominal: Soft, nontender, no masses or organomegaly. Bowel sounds are normoactive and heard in all four quadrants. No CVA tenderness.

Extremities: Pink, warm, dry. Pulses are 2+ throughout. No edema, Homan's sign is negative.

MSK: Lower and upper extremities 5/5 strength. Steady gait. Symmetrical with full strength and ROM

Neruro: Reflexes are 2+ throughout, Cranial nerves 1-12 are grossly intact.

