

Student Name: Kimberly Bachman

Date: 11/11/19

Client Name: Sydney Foreman

DOB: 5/14/91

**Chief Complaint:** Dizziness

**Demographic Data:**

Gender: Female

Age: 28

Race: African American

Code Status: Full Code

**Allergies:** None

**Past Medical History:** None

**Past Surgical History:** None

**Social History:**

Assistive Devices: None

Smoking: None

Alcohol: None

Drugs: None

**History of Present Illness:** Client presents to clinic with complaints of acute dizziness that's been happening since yesterday morning. Dizziness happens when she gets up from lying down in bed. No pain noted but lasts for 1 minute in length. Sitting down relieves dizziness but she states it is not severe when it happens. She is taking no medications at this time. She denies no respiratory issues or passing out associated to complaint.

**Review of Systems:** (positives highlighted)

<b>General</b>	Fatigue, weight changes, fevers, chills, night sweats, fatigue
<b>Skin</b>	Dryness, rashes, lesions, non-healing sores, hair changes, puritis
<b>HEENT</b>	Headache, head injury, blurry vision, double vision, earache, drainage, change in hearing, nasal congestion, nose bleeds, nasal drainage, dry mouth, sore throat, swallowing difficulty,
<b>Cardiac</b>	Chest pain, palpitations, diaphoresis, dyspnea, PND, Orthopnea, claudication
<b>Respiratory</b>	Wheezing, cough, difficulty breathing, increase in sputum production
<b>GI</b>	Nausea, vomiting, diarrhea, constipation, abdominal pain, heartburn, jaundice, Hematochezia, Melena
<b>GU</b>	Hesitancy, frequency, urgency, burning, hematuria, incontinence, flank pain, flow changes
<b>MSK</b>	Swelling, stiffness or soreness in joints, back or neck pain
<b>Neuro</b>	Weakness, numbness, LOC, syncope, dizziness, headache, coordination changes, recent falls

**Vital Signs:**

Temp: 98.2 F

Pulse: 75

Resp: 18

BP: 115/70

Pain: 0/10

Weight: 150 lbs.

Height: 5'5"

**Examination:**

General: Appears A/O x 4, well groomed, no acute distress, appears stated age.

Skin: PWD, skin turgor normal, cap refill less than 3 seconds. Scar located on right wrist but no lesions or rashes noted.

Head and Neck: Head and neck symmetrical, trachea midline without deviation, thyroid is not palpable, no nodules noted. Carotid pulses are palpable and strong. No lymphadenopathy in head or neck noted.

Eyes: Sclera is white, cornea is clear, conjunctiva is pink, no visible drainage. Lids are moist and pink without lesions or discharge noted. EOM's normal, PERRLA, red light reflex present, Rosemburg 20/20.

Ears: Auricle is moist and pink without lesions noted, canal is clear with pearly grey TM bilaterally.

Nose: Septum is midline, turbinate's are moist and pink, no visible bleeding or polyps. Sinuses are nontender.

Throat: Posterior pharynx and tonsils are moist and pink without exudate noted. Uvula midline, soft palate rises and falls symmetrical. Dentition is good, oral mucosa overall is moist and pink without lesions noted. Permanent full retainer on bottom teeth.

Cardiac: Clear S1 and S2 without murmurs, gallops, or rubs. PMI at 5<sup>th</sup> intercostal space at MCL.

Respiratory: Respirations are regular even and nonlabored, symmetrical, no wheezes or crackles noted bilaterally. Diaphragmatic excursion normal.

Abdominal: Soft, nontender, no organomegaly or masses. Bowel sounds are normoactive in all four quadrants. No CVA tenderness. Psoas performed and no pain noted.

Extremities: Pink, warm, dry and symmetrical with full strength and ROM. Pulses are 2+ throughout, no edema, Homan's sign is negative.

MSK: No noted deformities. ROM intact in upper and lower extremities. 5/5 strength in upper and lower extremities, gait normal.

Neuro: No focal deficits. DTR's intact. No sensory loss noted. CNII through XII grossly intact.