

1. Only insulin use for DKA - regular
2. Meds for DI? - vasopressin
3. How to know vasopressin is working? - decreased urine output
4. What is the normal HbA1C for diabetics?
 - HbA1C goal for diabetics - < 6.5%
5. When someone is a little hypoglycemic, what do you do?
 - 4 - 6 oz of apple juice
 - 3 - 4 graham crackers
6. Urine specific gravity for someone who has DI?
 - < 1.010
7. Sx of Cushing syndrome
 - Moon face
 - Buffalo hump
 - Striae
8. Cushing's disease diet - low sodium (to reduce fluid retention)
9. Oliguria (low urine output), what condition can we see this with? - SIADH
10. What kind of diet would you want for somebody with SIADH
 - Low sodium
 - Restrict fluid intake
11. Addison's disease - hyperpigmentation
12. What is Addison's disease - a deficit of cortisol (underproduction of cortisol)
13. Breath of someone with DKA - fruity, acetone
14. Which electrolyte have to watch for DKA - potassium, b/c it affects the heart
15. Pheochromocytoma VS?
 - High BP
 - Low HR
16. Creatinine - norm 0.6 - 1.2
17. Kidney electrolyte to watch - potassium
18. Dietary restriction of kidney failure
 - Low sodium
 - Limited protein
 - Low phosphorus
19. BUN (5 - 20), creatine (0.6 - 1.2) - high with kidney disease
20. RN for Dialysis - weigh them
21. CI for kidney transplants - alcohol use
22. Pancreatitis lab?
 - Amylase
 - Lipase; lipase is the best
23. Labs: WBC 18000, lipase 215, glucose 462, what's the Dx - pancreatitis
24. Prior to kidney biopsy
 - Obtain consent
 - Collect urine specimen
 - NPO
 - Labs for coagulation studies
25. Pt just had EGD and wants to drink, what do you do - check gag reflex
26. Pt in ED, you suspect GI bleed, first priority RN? - check VS
27. DKA pt when trying to BG down, what do you Mx for?
 - Hypokalemia

- Hypoglycemia
28. What is the only fluid is given with an insulin
- 0.9% NS (no piggyback never)
 - Dual check
29. Use a sliding scale if BS is too high
30. Coma/unresponsive Pt - position them to prevent aspiration - NO lateral
31. Too much insulin given accidentally - Mx for hypoglycemia
32. Hypoglycemia Sx
- Moist clammy skin
 - Tachycardia
 - Blurred vision
33. HHS
- BG > 600
 - NOT acidic (difference from DKA)
 - Fix fluid & electrolyte; replacement
34. Hypothyroidism - not enough of thyroid hormones
- thyroid toxicosis (hypothyroidism in crisis; too less of thyroid hormones) happens when abruptly stop taking medicines
 - thyroid storm - hyperthyroidism in crisis
35. Hypovolemic shock pt can get renal failure b/c of decreased perfusion to the kidneys
36. End-stage renal disease expected Sx
- Dry itchy skin
 - Bone pain
 - Slurred speech
37. Foods high in potassium - citrus fruits, bananas, tomatoes, raisins
38. Pt just had kidney biopsy, what to Mx? (SATA)
- Hematuria (bleeding in the urine)
 - Flank pain (for internal bleeding)
39. Somebody is getting EGD (SATA)
- NPO (6 - 12 hrs prior to the examination)
 - Need a driver (b/c of sedation)
40. What meds for thyroid storm?
- Propylthiouracil (PTU)
 - Tylenol (for the fever)
 - Iodine (thyroid protectant)
41. Other thyroid storm meds
- Beta-blockers
42. SIADH what to Mx?
- Urine and blood chemistry
 - Strict I&O
 - Neurologic status
43. Med math question
44. Clinical manifestation of myxedema coma (too much cortisol)
- Hypotension
 - Hypoventilation
 - Hypothermia
45. DKA Pt
- High BG

- Low pH
- Low bicarb (< 22) with uncompensated

46. DI

- Dehydration
- Hypotension
- Tachycardia

47. Med math

48. A picture with type of dialysis

- Hemodialysis (fistula)
- Peritoneal dialysis (abdomen)

49. Acute kidney injury

- Elevated BUN
- Hyperkalemia
- Hypocalcemia

50.