

Disease: Osteoarthritis

Student Name: Eberhard

Pertinent Common Signs and Symptoms

- Joint pain
- lower back, hands, neck, knees, hips
- Can occur related to weather

Pertinent Physical Exam Findings/Risk Factors

- joint deformity
- bumping
- swelling
- stiffness

Pertinent Nursing Interventions

- Weight loss
- assistive devices
- PT
- analgesic

Disease and Brief pathophysiology

- Cartilage that cushions the ends of your bones wearing down over time

Client Education/Health Promotion

- Educate on surgical procedures
- Self care
- weight loss
- ice packs
- physical exercise

Labs

- CRP
- CMP
- ESR
- uric acid

Diagnostic Procedures

- Xray
- MRI
- CT
- aspiration

Pertinent Medications

- NSAID'S
- Narcotics

Potential Problems

- post surgical complications
- Change in daily living due to pain

