N433 – Active Learning for School Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the School Nurse. Submit your completed assignment to the dropbox within 1 week of this clinical rotation. **Be sure you look at the attached rubric as you write up this assignment because <mark>it must be written with accurate grammar and spelling as well as APA format for references.</mark> Your score will be based on this rubric. You must receive 77% in order to pass this clinical assignment.**

1. How does this clinical site relate to the course?
Sometimes people are under the impression that nurses are found only in clinics or hospitals. However, they are incorrect as nurses can be found everywhere. Our course includes working with children and learning about the different disease processes and illnesses among them. This clinical site relates to the class as it taught us information about common diseases and illnesses in association with school-aged children in a school setting.

2.How were you an engaged nursing professional today?
I was engaged by learning and following along with the role the school nurse plays and all the daily tasks she must accomplish. It was also fascinating seeing the paperwork that must be filled out throughout the day.

3.How did you contribute to the service provided by the school nurse today?
My classmates and I were taught the many different roles a school nurse has. We were able to contribute throughout the day by answering questions about some of the disease processes we have learned about.

4.Name 3 ways this clinical site impacts Pediatric health?
1. Play a huge role in promoting the optimal health and well-being of school-aged children in a school setting (Cheever & Hinkle, 2018).
2. Provide individual and population health through their daily nursing tasks, coordinating their health care needs (Cheever & Hinkle, 2018).
3. Improve attendance by reducing illness rates through education about preventative health care and early recognition of disease processes (Cheever & Hinkle, 2018).

5.What are the health risks of the population served during today's clinical based on your observations today?
Diabetes, headlice, and meningitis are three of the most common health risks associated with the clinical site.

6.Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.
- **Diagnosis:** At risk for irritation related to the presence of head lice as evidence by nits being found in the hair of the patient.
- **Goal:** The patient will be free of active life infestation.
- **Intervention:**
1. Assess the scalp for nits or active lice, being sure to wear the appropriate PPE (Cheever & Hinkle, 2018).
2. Comb hair with a nit comb (Cheever & Hinkle, 2018).
3. Assure the patient's nails are trimmed and cleaned. As this will prevent the nits from getting under their fingernails, continuing the spread of lice (Cheever & Hinkle, 2018).

7.How will your experience during the School Nurse job shadowing impact your Nursing practice?
I had a good experience. I never knew what a school nurse's job consisted of, so it was very interesting to learn about. It just shows me that there are many different environments for nurses to affiliate with and be able to help others along the way.

Reference

Cheever, K. & Hinkle, J., (2018) *Brunner and Suddarth's Textbook of Medical-Surgical Nursing.*
(Fourteenth Edition.) Philadelphia, PA: Wolters Kluwer.